

Scafell Pike Fell Race ***Saturday 25th Sept 2010***

- Entry Fees: £6.00 pre-entry by 11th September. Send details and a cheque payable to 'CFRA', fee includes race results. Entry limited to 250 runners. (Please use the [pre-entry form](#) from our website.)
- Entries to: Mr R J Eastman, 2 Maud Syke, Station Road, Drigg, Cumbria
CA19 1XQ Tel:(019467) 24263
Mobile 07736045847 e-mail: richard@cfra.co.uk
- Age Limit: 16 and over ***on the day of the race.***
- Start Time: 13.00hrs
- Registration / Start & Finish: East end of Wasdale Head Campsite GR 184 075
- Course: Course has reverted to the pre-FMD route so old records still stand.
- Checkpoints: 1st Summit
2nd Finish
- Race Records:

Men	Lloyd Taggart	2007	49:50
Ladies	Nicky Davies	1999	63:24
- Prizes: Both Gents & Ladies :-
O16, Senior (018-39), V40, V45, V50, V55, V60 (etc depends on entries) .
Teams: Gents (4 to count), Ladies (3 to count)
Jack & Jill prize for fastest couple
King & Queen of the Mountains, lowest ***overall*** points score from
Snowdon 24 July snowdonrace.com
Ben Nevis 4 Sept. bennevisrace.co.uk
Scafell Pike 25 Sept. cfra.co.uk
- Parking: Use the National Trust car park and remember to pay the parking fee.
DO NOT PARK IN THE CAMPSITE IF YOU ARE NOT CAMPING!
- Changing: None - use cars. Toilets and showers on the camp site, but there is a NT charge for their use which **MUST** be paid by individuals who choose to use the facilities. **DO NOT USE THE SURROUNDS AS A TOILET!**
- Refreshments: Cold food & orange squash free of charge at the finish.
- General: Please car share if at all able. We are able to race on the fell by the kind permission of the NT and local farmers. Your good conduct is the only guarantee of future races.

EMERGENCY TEL NO: WASDALE (019467) 26220 - (Camp site Booking Office)