

## CUMBERLAND FELL RUNNERS ASSOCIATION

## WASDALE FELL RACE 1993

## Race results

Pos'n	Name	Club	Seatallan	Pillar	Esk Hause	Scafell Pike	Finish
	1 J.Bland	Borrowdale	1:32	2:11	3:17	3:40	3:57:31
	2 M.Fanning	Borrowdale	1:32	2:11	3:18	3:41	3:58:58
V40	3 W.Bland	Borrowdale	1:32	2:11	3:20	3:43	4:01:38
	4 A.Schofield	Borrowdale	1:32	2:13	3:28	3:54	4:11:11
	5 D.Crowe	Shettleston	1:32	2:12	3:23	3:54	4:11:22
V45	6 P.Clark	Kendal	1:34	2:15	3:29	3:54	4:13:15
	7 S.Jackson	Horwich	1:40	2:20	3:21	4:05	4:23:05
V40	8 M.Walford	Kendal	1:38	2:18	3:37	4:05	4:23:07
	9 R.Stuart	Kendal	1:35	2:18	3:37	4:05	4:23:31
V40	10 M.Parker	Keyham Plods.	1:37	2:18	3:37	4:05	4:24:10
	11 J.Arnold	C.F.R.	1:40	2:20	3:42	4:07	4:25:35
	12 A.Hauser	Fellandale	1:38	2:19	3:41	4:09	4:31:38
	13 S.Young	C.F.R.	1:43	2:20	3:47	4:15	4:31:54
	14 I.Block	C.F.R.	1:40	2:20	3:47	4:15	4:31:59
	15 M.Hewitt	Lancs & Morc.	1:37	2:20	3:48	4:13	4:33:09
	16 P.Irwin	Rosendale	1:37	2:19	3:41	4:09	4:33:34
L	17 S.Rowell	Pudsey & Bram.	1:37	2:20	3:45	4:12	4:33:51
V45	18 J.Blair-Fish	Carnethy	1:50	2:20	3:50	4:16	4:33:53
V40	19 Y.Tridimas	Northern Vet	1:41	2:20	3:46	4:11	4:35:41
V40	20 K.Carr	Clayton	1:40	2:20	3:49	4:19	4:39:22
	21 A.Dickenson	U/A	1:38	2:20	3:50	4:19	4:39:23
	22 P.Browning	Clayton	1:50	2:36	3:57	4:28	4:45:16
	23 S.Woods	Ambieside	1:50	2:20	3:57	4:28	4:45:21
V50	24 D.Ashton	Blackburn H.	1:41	2:20	3:54	4:28	4:45:23
	25 R.Unwin	C.F.R.	1:50	2:36	3:59	4:28	4:46:39
	26 I.Speight	Springfields	1:45	2:20	3:56	4:28	4:46:44
	27 R.Berzins	D.P.F.R.	1:42	2:20	3:58	4:28	4:48:37
	28 J.R.Barker	U/A	1:40	2:20	3:56	4:28	4:48:51
	29 G.Eccles	Clayton	1:49	2:36	3:59	4:28	4:50:00
	30 S.Paling	Keswick	1:48	2:20	3:56	4:28	4:51:10
	31 T.Dibben	Horwich	1:42	2:40	4:04	4:32	4:53:43
	32 P.Martain	Bolton	1:50	2:36	4:01	4:30	4:54:01
	33 C.Knox	Keswick	1:43	2:20	3:52	4:21	4:54:11
	34 G.Crook	Blackburn	1:43	2:20	4:01	4:30	4:54:56
L	35 R.Pickvance	Kendal	1:45	2:36	4:02	4:32	4:56:10
	36 R.Ansell	D.P.F.R.	1:45	2:20	4:03	4:32	4:59:20
	37 S.Wilson	C.F.R.	1:54	2:40	4:12	4:43	5:00:44
V45	38 B.Linsley	C.F.R.	1:42	2:20	4:05	4:37	5:00:50
	39 S.Pilkington	Rosendale	1:50	2:36	4:06	4:37	5:03:52
	40 J.Hepburn	Dundee H.H.	1:37	2:18	3:43	4:28	5:05:26
	41 J.Bowers	U/A	1:42	2:20	4:01	4:37	5:06:38
V45	42 G.Houghton	Calder V.	1:43	2:20	4:05	4:28	5:07:13
	43 N.Wrigley	U/A	1:50	2:36	4:11	4:43	5:08:13
V45	44 M.Hirst	Denby Dale	1:55	2:40	4:22	4:48	5:10:08
V45	45 J.Lawrenson	D.P.F.R.	1:50	2:40	4:21	4:48	5:10:47
V45	46 R.Poole	Glossopdale	1:55	2:40	4:21	4:50	5:11:41
V50	47 B.Buckley	Glossopdale	1:55	2:40	4:21	4:50	5:11:41
V45	48 S.Robinson	Denby Dale	1:50	2:40	4:11	4:48	5:13:03
V40	49 L.Pratt	Sunderland H.	1:56	2:40	4:24	4:54	5:15:51
	50 G.Griffiths	Lancs & Mor	1:56	2:40	4:24	4:54	5:17:32

Pos'n	Name	Club	Seatallan	Pillar	Esk Hause	Scafell Pike	Finish
	51 I.Hodgson	Mandale HSAC	1:46	2:40	4:22	4:54	5:18:11
V45	52 M.Hird	Borrowdale	1:55	2:40	4:25	4:54	5:19:17
	53 J.Rodgers	Lancs & Mor	1:52	2:40	4:28	4:58	5:19:43
	54 S.Kruger	Keswick A.A.C.	1:54	2:40	4:22	4:54	5:19:48
	55 I.Pomeroy	Wessex Mntng	1:50	2:40	4:23	4:54	5:19:51
	56 A.Griffiths	Preston H.	1:50	2:40	4:23	4:54	5:19:56
	57 N.Robinson	Witney R.R.	1:59	2:40	4:23	4:54	5:20:32
V45	58 P.Bettney	Ambleside	1:58	2:40	4:29	5:00	5:21:03
V45	59 C.Smethurst	Chorley H.	1:52	2:40	4:28	4:58	5:21:20
L	60 A.Crabb	Ambleside	2:02	2:57	4:30	5:00	5:22:13
	61 M.Fox	D.P.F.R.	1:58	2:40	4:29	4:58	5:23:50
	62 A.R.Meteiko	K.M.C.	1:58	2:40	4:29	5:00	5:27:26
V45	63 M.Milmoe	Forres H.	1:58	2:40	4:33	5:05	5:30:53
V50	64 B.Fielding	Fellandale	1:56	2:40	4:29	5:05	5:34:15
V45	65 J.Myers	D.P.F.R.	2:07	2:57	4:40	5:10	5:35:02
V40	66 R.Anderson	Lochaber	1:58	2:40	4:34	5:10	5:35:15
V40	67 C.Brad	D.P.F.R.	1:58	2:40	4:40	5:12	5:36:06
V50	68 J.Taylor	Ambleside	1:59	2:40	4:40	5:12	5:37:41
V40	69 M.Littlewood	U/A	1:52	2:40	4:42	5:14	5:37:48
	70 L.Warburton	U/A	2:03	2:57	4:50	5:21	5:43:08
V40	71 C.Grime	Rowntrees A.C.	1:59	2:40	4:42	5:14	5:46:24
V50	72 P.Green	Denby Dale T.	2:02	2:57	4:41	5:16	5:48:01
L	73 A.Priestley	Fellandale	2:00	2:40	4:45	5:19	5:50:15
L	74 J.Shotter	Fellandale	2:00	2:40	4:45	5:19	5:50:15
	75 I.Wilson	Fellandale	2:00	2:40	4:46	5:19	5:50:59
V50	76 B.Leathley	Clayton L.M.	2:02	2:57	4:50	5:24	5:52:53
V40	77 S.Harwood	Keswick A.C.	1:54	2:40	4:52	5:30	5:59:13
V40	78 P.Newton	Keswick A.C.	2:07	3:07	5:00	5:32	6:02:18
V40	79 E.Swift	Horwich R.M.I.	2:00	2:57	4:56	5:30	6:02:26
V45	80 C.Knott	Stockport H.	1:56	2:40	4:47	5:28	6:02:32
	81 F.Reilly	Stockport H.	1:56	2:40	4:47	5:28	6:02:47
	82 P.Sturgess	U/A.	2:00	2:57	5:00	5:35	6:04:46
V50	83 J.Smith	Todmorden H.	2:09	3:07	5:02	5:39	6:12:36
V40	84 R.Canavan	Horwich R.M.I.	2:07	3:07	5:00	5:35	6:13:45
	85 M.Black	U/A.	1:52	2:40	5:00	5:41	6:22:54
V40	86 W.Slatcher	Rochdale	2:03	3:07	5:14	5:55	6:25:28
	87 D.L.Barton	Mercia F.R.	1:58	2:57	5:05	5:45	6:29:28
V50	88 J.Swift	Chorley H.	2:07	3:07	5:10	5:41	6:31:13
	89 S.N.Brown	Amazing Feet	1:58	2:40	5:05	5:45	6:34:39

## Retirements:

	Start	WR	(Gr)	Sea	P11	GG	EH	SP	Fin.
	102	101	98	98	91	89	89	89	89
77 M.Garratt	Mandale A.C.	?							
100 P.Garsow		0:40	R						
101 H.Sawyer	Horwich RMI	1:10	?	?					4:00
102 R.Shaw	Horwich RMI	1:10	?	?					4:00
79 A.Trigg	Glossopdale	0:38	£	1:32	R				
70 D.Ramsay	Keswick A.C.	0:39	£	1:35	R				
83 J.Archbold	U/A	0:40	£	1:35	R				
95 D.Swalwell	U/A	£	£	2:07	?				
63 J.Firth	Horwich RMI	£	£	2:10	R				
72 R.Fletcher	Tynedale H.	£	£	2:10	R				
74 C.Scorer	Tynedale H.	£	£	2:10	R				
32 D.Ratcliffe	Rosendale	0:40	£	1:35	2:19	R			
90 C.Urmston	Rochdale H.	£	£	1:49	2:36	R			

Teams :	1 Borrowdale	6	points
	2 Kendal	23	"
	3 CFR	38	"

Who said the weather couldn't be awful 3 years running? It really excelled itself this time with the forecast giving 3 degC on the summits with hail and sleet - confirmed by John Peel from the 'Pike checkpoint. What a change from the Ennerdale. Race times were affected accordingly with only 2 first class and 9 second class awards.

Not being a championship race reduced the size of the field. 102 hardy souls started of whom 89 finished, very good considering the conditions. Borrowdale packed well to win the team prize with veteran Billy demonstrating yet another masterful run. John and Billy swapped the lead until Esk Hause from where the order remained unchanged. For the ladies, Sarah Rowell ran an excellent race only 5 minutes outside the record to come 17th overall.

Mention should be made of the over 60's runners Brian Leathley and Bill Fielding who at 65 was third in the over 50 category. Second in the over 50's race was Bill Buckley who has run all but one of the Wasdales since 1975. 45% of the male field was over 40.

Thanks to the start and finish team Norma, Miriam, Leslie, Helen, Bob, Chris, and to the checkpoint marshalling by Peter on Whinn Rigg (on his own), Ingrid Ellen for checking the runners through Greendale, John Robson and Dave Livesey covering Seatallan, John Burrows and Neil Eccles on Pillar, Geoff Clucas at Great Gable, Marie and Mr and Mrs Todd at Esk Hause and John Peel on his own on the Pike (rumours of 12 layers of clothes required for that stakeout!). Lastly to Scott Kinnear for dashing to the head from the end of morning shift to help man the Lingmell checkpoint. Thanks also to Danny Hughes for presenting the prizes and to my and Chris' children Christopher and Gordon for the orange. Lastly to the Gosforth ladies for the food and drink tent.

As a race organiser, getting adequate support for the checkpoints never is easy and three points were singly manned this year. Our 20 helpers gave 102 runners cover so please give up one race in five and go and help support every fifth one. It'll make all the difference in the world to the organisers.

Next CFRA race is the Scafell Pike Saturday 25 September at 1.00 pm

See you then perhaps and next year at the Wasdale

R. J. Eastman  
Chairman CFRA  
23/7/93