

THE FOURTH ANNUAL ENNERDALE HORSESHOE FELL RACE

SATURDAY JUNE 12th, 1971

GENERAL RESULTS

	ST GB	GB RP	RP BB	BB GG	GG K1	K1 Pr	Pr Hk	Hk IC	IC CF	CF FI	H.	M.	S.
1. J. NAYLOR KENDAL A.C.	34	21	31	23	17	24	23	15	16	11	3.	35.	40
2. D.G. WEIR RUCKSACK C	34	21	34	22	20	29	25	15	21	16	3.	57.	00
3. M. NICHOLSON KENDAL A.C.	35	23	34	23	21	28	26	16	20	11	3.	57.	50
4. P. WALKINGTON BOLTON UNITED	35	24	36	25	20	28	27	15	20	12	4.	02.	00
5. D. HUGHES W. CUMB, O.C.	36	24	35	25	20	28	28	17	21	13	4.	07.	20
6. R. JACKSON SALFORD H.	36	24	38	25	24	31	27	18	19	11	4.	12.	12
7. W.A. WALKER KENDAL A.C.	38	27	36	25	26	26	27	17	19	12	4.	13.	10
8. H. BLENKINSOP SALE H.	35	23	40	24	24	32	28	22	22	13	4.	23.	10
9. J. CRAVEN SALE H.	35	24	38	24	20	28	31	23	24	17	4.	24.	50
10. M.A.F. MEATH CLAYTON LE M.	36	25	40	26	25	35	29	19	21	12	4.	28.	45
11. E.J. ROBERTS BORDELINE O.C.	36	25	46	26	26	35	29	18	20	13	4.	34.	55
12. C. FIRSTBROOK MANCHESTER YMCA	39	28	40	30	25	32	28	18	20	14	4.	34.	57
13. J. SMITH BURY & RADCLIFFE	37	27	42	30	26	32	29	18	23	14	4.	38.	05
14. A.R. CHURCHILL Unattached	40	29	40	27	23	33	28	22	25	16	4.	43.	57
15. J. STRICKLAND KENDAL A.C.	37	24	40	29	28	36	32	20	24	14	4.	44.	54
16. M. WALFORD KENDAL A.C.	38	28	41	31	25	37	31	21	23	11	4.	46.	10
17. N. CARRINGTON SALE HARRIERS	37	43	42	26	27	35	29	21	26	14	4.	59.	22
18. K. HEATON CLAYTON LE M.	41	29	47	32	28	39	30	20	24	12	5.	02.	15
19. D.R. CALVERT RUCKSACK C.	44	29	42	28	26	39	34	24	24	14	5.	04.	15
20. D. SNELL SALE HARRIERS	37	43	42	26	27	37	32	21	26	13	5.	04.	35
21. E. HILL CLAYTON LE M.	42	29	44	28	26	39	34	24	25	14	5.	05.	30
22. S. BRADSHAW CLAYTON LE M.	44	31	47	31	27	38	30	20	26	14	5.	08.	38
23. P. DAWES Unattached	42	28	44	31	28	41	33	20	28	14	5.	09.	55
24. J.H. RICHARDSON RUCKSACK C.	41	30	51	27	28	40	—	—	26	14	5.	14.	25
(25) D. TOWNSEND (INVICTA A.C.	38	27	48	31	31	41	34	24	27	15	5.	16.	20
(25) I. MacMILLAN (INVICTA A.C.	38	27	48	31	31	41	34	24	27	15	5.	16.	20
27. R.B. NELSON WARRINGTON A.C.	39	28	44	32	27	43	37	24	31	23	5.	28.	18
28. F. CARRADUS KENDAL A.C.	38	29	47	31	31	42	36	28	29	19	5.	30.	45

GENERAL RESULTS

	ST	GB	RP	BB	GG	KI	PT	Hk	IC	CF			
	GB	RP	BB	GG	KI	PT	Hk	I.	CF	FI	H.	M.	S.
29 R.ASTLES RUCKSACK C.	44	29	46	32	30	44	39	25	32	15	5.	37.	27
30 A.LIDDELL KENDAL A.C.	43	31	48	35	31	46	37	29	25	13	5.	38.	15
31 J.G.JARDINE OCTAVIANS A.C.	39	28	40	37	31	47	49	29	27	16	6.	43.	40
32 L.POLLARD HORWICH R.M.I.	41	29	47	34	30	45	45	29	28	20	5.	48.	52
33 B.MILLEN Unattached	42	30	51	34	32	45	37	29	35	25	6.	00.	08
(34 J.STEPHENSON Unattached	44	30	—	—	33	50	45	37	37	19	6.	16.	45
(34 A.J.STEEL SALTWELL HARRIERS	43	31	50	33	32	51	42	38	37	19	6.	16.	45
36 A.R.LAMB NORTH SHIELDS POLY.	43	30	62	36	39	47	49	29	28	26	6.	29.	30
37 A.V.ROBERTS LAKELAND O.C.	47	33	46	43	43	56	51	36	42	18	6.	55.	05
38 J.HALL SALTWELL HARRIERS	41	31	51	36	31	47	100	37	37	23	7.	14.	18
39 V.R.HUBBOLD Unattached	57	38	59	38	37	61	49	37	45	32	7.	33.	50
40 K.T.LEDWARD Unattached	48	37	70	45	49	54	49	47	44	27	7.	50.	18
41 D.E.RILEY CUMBRIA POLICE A.C.	53	41	71	48	52	59	54	32	43	28	8.	01.	10

RETIREMENTS DURING THE EVENT

P.BLAND LAKELAND O.C.	35	23	39	29	27
T.ATKINS Unattached	48	35	78	40	60
W.BRYSON NELSON THOMLINSON SCHOOL	70	54	95		
A.RILEY Unattached	41	30			
S.HARWOOD GRUNTFUTTOCK FERKLERS	39	31			

THE ENNERDALE JUNIOR FELL RACE 1971

GENERAL RESULTS

	START	G.B.	R.P.	GILL.	BOW.			
	G.B.	R.P.	GILL.	BOW.	FINISH	H.	M.	S.
1. D.CANNON KENDAL A.C.	30	21	15	10	9	1.	25.	25
2. D.RLAND KENDAL LADS CLUB	36	26	20	13	10	1.	45.	10
3. D.H.WILKES	39	31	22	18	7	1.	57.	14

G.B. --- GREAT BOURNE	R.P. --- RED PIKE
P.B. --- BLACK BECK TARN	G.G. --- GREEN GABLE
KJ. --- KIRKPELL	PT. --- PILLAR
Hk. --- HAY COCK	IC. --- IRON CRAG
C.F. --- CRAG FELL	FI. --- FINISH
GILL. --- GILLERTHWAITE	BOW. --- BOWNESS

THE FOURTH ANNUAL ENNERDALE HORSESHOE FELL RACE

	<u>TEAM</u>	<u>RESULTS</u>	
FIRST.	KENDAL A.C. (A).	J.NAYLOR	3. 35. 40
		M.NICHOLSON	3. 57. 50
		W.A.WALKER	4. 13. 10
			<u>11. 46. 40</u>
SECOND.	SALE HARRIERS	H.BLENKINSOP	4. 23. 10
		J.CRAVEN	4. 24. 50
		N.CARRINGTON	4. 59. 22
			<u>13. 47. 22</u>
THIRD.	RUCKSACK CLUB	D.G.WEIR	3. 57. 00
		D.R.TALBOT	5. 04. 14
		J.H.RICHARDSON	5. 14. 25
			<u>14. 15. 40</u>
FOURTH	CLAYTON-LE-MOOR	M.A.F.MEATH	4. 26. 45
		K.HEATON	5. 02. 15
		E.HILL	5. 05. 30
			<u>14. 34. 30</u>
FIFTH	KENDAL A.C. (B)	J.STRICKLAND	4. 44. 54
		M.WALFORD	4. 46. 10
		F.CARRADUS	5. 30. 45
			<u>15. 01. 49</u>

VETERAN RESULTS (over 40)

FIRST	X.HEATON	CLAYTON-LE-MOOR	5. 02. 15
SECOND	E.HILL	CLAYTON-LE-MOOR	5. 05. 30
THIRD	S.BRADSHAW	CLAYTON-LE-MOOR	5. 08. 38
FOURTH	F.CARRADUS	KENDAL A.C.	5. 30. 45.

NON - STARTERS

ENNERDALE HORSESHOE EVENT

M.ARMSTRONG.	KENDAL A.C.	K.BROOKS	SOUTH RIBBLE O.C.
M.REYNOLDS.	" "	T.SYKES	" " "
P.STEWART	" "	A.NUTTER	PENDLE FOREST O.C.
R.W.MEADOWCROFT	BOLTON UNITED H.	A.BRIGGS	" " "
P.MURRAY	" " "	A.HEATON	CLAYTON-LE-MOOR H.
C.WRIGHT	LAKELAND O.C.	J.TEESDALE	SALTWELL HARRIERS
R.MITCHELL	" "	M.GLOVER	INVICTA A.C.
J.E.ECKERSLEY	WATERLOO H.&A.C.	Sgt.J.D.KEMP	ROCHDALE H.&A.C.
H.F.WEATHERLEY	FURNESS T & FC.	M.P.DAVIES.	READING A.C
E.DANCE	RUCKSACK CLUB	J.EDWARDS	AIREDALE and SPEN.

ENNERDALE JUNIOR FELL RACE

J.HOGG. FARROW A.C.

TOTAL ENTRIES:- 66. TOTAL STARTERS :- 46 RETIREMENTS:- 5

 On the final run - in from Crag Fell to the Finish several competitors used a gully descent instead of the flagged route. The organisers accept some responsibility for this and were reluctant to invoke the disqualification clause at the very end of what they think was a very satisfactory event. It was therefore decided that a two minute penalty be imposed on proven cases without publicity. We hope that all competitors will agree that this was the best procedure.

A record entry of 66 , a near perfect running day, a very good representative field and the course record broken by 18 minutes The Committee and members of the Cumberland Fell Running Association the organisers of the event, thank all the competitors who came along and feel sure that they will want to join us in congratulating Josh Naylor on his superb performance.

Another performance which should not go unremarked was that of Stanley Bradshaw, 59 years old (give or take a day or two) and finishing 22nd with a time of 5 hours 8 mins. Good show, stan.

D.G.Weir repeated his last years performance by coming in second again and collecting the Monkhouse Trophy for another year. Our Police friend Mr Riley made it this year (just) and now tells me he intends cropping a bit off each year!! We were sorry not to see Allan Heaton with us but I understand he is still recovering from his attempt to set up a Penine Way Record. He managed 186 of the 246 miles .

We must thank all the Mountain Rescue teams who made themselves available These included Penrith, Weddake, Millom, Bolton and R.A.F. Leeming. also the St John Ambulance Brigade, Egremont Division and the Venture Scout Group from Seascale. The Time recorder was Mr A.Beck and refreshments were under the control of Mesdames Long, Travis, Orr, Naylor and others.

Check Point Officials included N.Currie, W.Stainton, E.Jackson T.Orr and many others. The C.F.R.A.'s Chairman was a tower of strength and our thanks are due to Mr Long not only as Chairman but in connector with the use of the Scout Facilities. Mr R.Nelson looked after the Information board.

KENDAL MINT CAKE provided by generosity of Messrs Atkinson, Windermere
P R I Z E S HORSESHOE RACE

- FIRST. J.NAYLOR. ENNERDALE TROPHY (for one year) and Replica (Should we give it him?)
- SECOND D.G.WEIR MONKHOUSE SHIELD. (for one year) and Replica
- THIRD M.NICHOLSON WOOL PULLOVER Presented by Messrs Fisher.
- FOURTH P.WALKINGTON SKETCH BY A.WAINWRIGHT. Presented by A.Wainwright
- FIFTH. D.HUGHES. £2 Voucher Presented by Messrs DAMARK

FIRST VETERAN K.HEATON 8 Day CLOCK Presented by J.Long

SECOND VETERAN E.HILL Wool Shirt. Presented by S.Bradshaw (You nearly won it yourself Stan)

FIRST TEAM PRIZES. Messrs Naylor ,Nicholson and Walker Waterproof overtrousers. Presented by A.Beck

SECOND TEAM PRIZES Messrs. Blenkinsop, Craven, and Carrington Copy of A.Wainwright's guide Book. Presented by Mrs F.Travis

Novelty Prize:- To the competitor whose time was nearest up to 5 hours.

N.Carrington, Sale Harriers, 4. 59. 22
Tankard and six bottles Presented by Mrs H.Long.

FIRST ANNUAL PRIZES JUNIOR ENNERDALE FELL RACE

- FIRST:- D.CANNON. JUNIOR TROPHY (for one year) and Replica
- Second:- D.BLAND Cup. Presented by Mr R.Nelson
- Third:- D.H.WILKES Oak Plaque Presented by Mr G.Ireland

Hon. Secretary:- F.Travis. 13 Hallsenna Road, Seascale, Cumb.

START:- 10.00 a.m.

ENNERDALE SCOUT ACTIVITY CENTRE

Number	NAME	CLUB	TIME	POSITION
1.	J.G.JARDINE	OCTAVIANS A.C.		
2.	M.P.DAVIES	READING A.C.		
3.	J.TEEFDEALE	SALTWELL HARRIERS		
4.	R.H.ATKINS	Unattached		
5.	J.STRICKLAND	KENDAL A.C.		
6.	A.R.LAMB	NORTH SHIELDS POLYTECH		
7.	H.F.WEATHERLEY	FURNESS TRACK & FIELD C.		
8.	D.G.WEIR	RUCKSACK CLUB		
9.	J.SMITH	BURY & RADCLIFFE A.C.		
10.	T.NUTTER (V)	PENDLE FOREST O.C.		
11.	A.BRIGGS (V)	PENDLE FOREST O.C.		
12.	St.J.D.KEMP	ROCHDALE HARRIERS & A.C.		
13.	J.E.ECKERSLEY	WATERLOO HARRIERS & A.C.		
14.	A.LIDDELL	ULLSWATER O.B.M.S.		
15.	A.RILEY	Unattached		
16.	S.JENKINSON (V)	CLAYTON-LE-MOOR H.		
17.	D.E.RILEY	CUMBRIA POLICE SPORTS C		
18.	S.HARWOOD	GRUNTFUTTOCK FERKLEERS		
19.	C.WRIGHT	LAKELAND O.C.		
20.	N.CARRINGTON	SALE HARRIERS		
21.	J.H.RICHARDSON	RUCKSACK CLUB		
22.	A.R.CHURCHILL	Unattached		
23.	R.W.MEADOWCROFT	BOLTON UNITED HARRIERS		
24.	K.HEATON (V)	CLAYTON-LE-MOOR H.		
25.	E.HILL (V)	CLAYTON-LE-MOOR H.		
26.	K.BROOKS	SOUTH RIBBLE O.C.		
27.	J.HALL	SALTWELL HARRIERS		
28.	W.F.BRYSON (V)	NELSONTHOMLINSON SCHOOL		
29.	D.HUGHES	Unattached		
30.	A.V.ROBERTS	LAKELAND O.C.		
31.	J.STEPHENSON	Unattached		
32.	T.SYKES	SOUTH RIBBLE O.C.		
33.	W.A.WALKER	KENDAL A.C.		
34.	P.MURRAY	BOLTON UNITED HARRIERS		
35.	M.A.F.MEATH	CLAYTON-LE-MOOR H.		
36.	A.J.STEEL	SALE HARRIERS		
37.	J.CRAVEN	SALE HARRIERS		
38.	M.GLOVER	INVICTA A.C.		
39.	D.TOWNSEND	INVICTA A.C.		
40.	I.MacMILYAN	INVICTA A.C.		
41.	E.J.ROBERTS	BORDERLINERS C.C.		
42.	V.R.HUBBOLD	Unattached		
43.	L.POLLARD	HOLWICH R.M.I.		
44.	C.FIRSTEROCK	MANCHESTER Y.M.C.A. H.		
45.	R.JACKSON	SALFORD HARRIERS		
46.	R.AGILES	RUCKSACK CLUB		
47.	P.WALEINGTON	BOLTON UNITED HARRIERS		
48.	A.HEATON (V)	CLAYTON-LE-MOOR H		
49.	M.NICHOLSON	KENDAL A.C.		
50.	P.STEWART	KENDAL A.C.		

Number	NAME	CLUB	TIME	POSITION
51	M. ARMSTRONG	KENDAL ATHLETIC CLUB		
52	F. CARRADUS (V)	KENDAL ATHLETIC CLUB		
53	M. WALFORD	KENDAL ATHLETIC CLUB		
54	J. NAYLOR	KENDAL ATHLETIC CLUB		
55	R. MITCHELL	LAKELAND ORIENTEERING C		
56	D. R. TALBOT	RUCKSACK CLUB		
57	H. BLENKINSOP	SALE HARRIERS		
58	B. MILLEN	Unattached		
59	P. DAWES	Unattached		
60	D. SNELL	SALE HARRIERS		
61	J. EDWARDS	AIREDALE & SPEN VALLEY		
62	P. BLAND	LAKELAND ORIENTEERING C		
63	K. F. LEDWARD	Unattached		
64	M. REYNOLDS	KENDAL ATHLETIC CLUB		
65	R. B. NELSON	WARRINGTON A.C.		
66	E. DANCE (V)	RUCKSACK CLUB		
67				
68				
69				
70				

ENNERDALE JUNIOR FELL RACE

SATURDAY, JUNE 12th 1971.

START.

10.15. a.m.

The entry for this event has not been up to expectations but the organisers have decided to run it notwithstanding. It is hoped to make it an annual race and this year will at least establish it. Any help or suggestions with regard to future publicity will be welcomed by the organisers.

Number	NAME	CLUB	TIME	POSITION
101	J. HOGG	BARROW ATHLETIC CLUB		
102	D. CANNON	KENDAL ATHLETIC CLUB		
103	D. H. WILKES	CAMBRIDGE UNIVERSITY		
104	D. BLAND	KENDAL LADS CLUB		
105				
106				
107				
108				
109				
110				

The organisers wish to thank the various organisations who are helping to make the event a success and in particular would mention The Wasdale Mountain Rescue Team, The Penrith Mountain Rescue Team The Millom Fell Search Team, The Egremont division of the St. John Ambulance Brigade, The R.A.F. Mountain Rescue Team, The Seascale Venture Scout Unit and many others. We are also indebted to the Scout Association for the facilities at the Scout Activity Centre and to the Warden, Mr J. Long.

Prizes have been donated by Messrs Fishers of Keswick, Mr and Mrs Long, Mr R. Nelson, Mr G. Ireland, Mr A. Beck, Mr A. Wainwright and others and Messrs Atkinsons, of Windermere have supplied Kendal Mint Cake.

Hon. Secretary. Cumberland Fell Runners Assoc.
F. Travis. 13 Hallsenna Road, Seascale. Cumb.

-: THE CUMBERLAND FELL RUNNERS ASSOCIATION :-

This Association is concerned with the organisation and well-being of the sport of Fell Running within the Cumberland area. Membership is open to anyone interested in Fell Running either as a competitor, a helper or a well-wisher.

THE ENNERDALE HORSESHOE FELL RACE. 1971

The Fourth Annual Ennerdale Horseshoe Fell Race will be run on SATURDAY, JUNE 12th, 1971 with a mass start from the Ennerdale Scout Activity Centre (Map Ref. O.S. 82 (Keswick) 088 154 Start. 10.00. The course comprises some 23 miles of severe fell country and takes in Great Bourne, Red Pike, Black Beck Tarn, Green Gable, Kirkfell, Pillar, Haycock, Iron Crag and Crag Fell.

The present record time for the event is held by J.Naylor Kendal A.C. in 3 hours, 53 minutes, 20 seconds. (1970)

The premier prizes are the Ennerdale Horseshoe Trophy and the Monkhouse Shield which are held by the First and Second best times for one year. A personal replica is also awarded.

Other prizes will include the third and fourth finishers, two veteran prizes (over 40 years) and two team prizes. There will also be a speciality prize (Tankard) donated by Mrs H.Long, wife of the Association's Chairman. The conditions for winning this award are kept secret until after the race. Prizes have been donated by Messrs Fisher of Keswick, Messrs Damart Thermawear, Mr.S.Bradshaw, Mr J.Long, Mr F.Monkhouse and Mrs J.Travis. A particularly fine donation has been made by Mr A.Wainwright of Lakeland Guide Book Fame in the form of a Black and White sketch. Light refreshments are provided for competitors and marshals.

This year the route of the 'run-out' and the 'run-in' has been made compulsory and will be flagged. Entry will be by individual (Over 21, males only) and there will be no requirement for a separate team entry. All check points will be manned and assistance will be provided by local Mountain Rescue Teams and the St.John Ambulance Brigade

The Start and Finish will be at the Ennerdale Scout Activity Centre by kind permission of the Warden, Mr J.Long. Camping facilities can be arranged on prior notice. Intending competitors are advised to do a 'recce' of the course before the event and, if so doing should respect private property.

ENNERDALE JUNIOR FELL RACE 1971

In conjunction with the Ennerdale Horseshoe Fell Race and on the same day a Junior Fell Race will be run catering for the age group 18 to 21 years. (Males only) The course will be about 10 miles and will include Great Bourne, Red Pike, Gillerthwaite, and Bowness There will be prizes for the first three best times and two team prizes (Teams of three) This is the first occasion this race has been run and it is hoped to make it an annual event.

There will be a mass start about 15 minutes after the start of the Ennerdale Horseshoe event. Offers of prizes have been received from Mr G.Ireland of Gosforth and Mr A.Beck of St.Bees

The usual facilities will be available.

Certificates will be presented to all finishers in both events.

Information concerning the Cumberland Fell Runners Association or either of the two events above may be obtained from the Secretary, Cumberland Fell Runners Association, 13 Hallsenna Road, Seascale, Cumberland.

ENNERDALE HORSESHOE FELL RACE. 1971

PRIZE LIST

- FIRST. ENNERDALE HORSESHOE TROPHY. Held for one year
and Replica. Presented by the C.F.R.A. Secretary
- SECOND. MONKHOUSE SHIELD. Held for one year,
and Replica shield. Both presented by Prof. Monkhouse
- THIRD. NORWEGIAN SWEATER. Presented by Messrs Fisher Keswick.
- FOURTH. MOUNTED, FRAMED ORIGINAL BLACK AND WHITE SKETCH
by and presented by Alan Wainwright.
- FIFTH £2 VOUCHER. Presented by Messrs DAMART THERMAWEAR.
- FIRST VETERAN (Over 40) ? Presented by Mr J. Long
- SECOND VETERAN WOOL SPORTS SHIRT. Presented by Mr S. Bradshaw
- FIRST TEAM (Fastest 3 from one club) Prize to each team
member Presented by Mr A. Beck
- SECOND TEAM Wainwright Fell Book to each team member.
Presented by Mrs F. Travis.
- SPECIAL PRIZE. TANKARD. Presented by Mrs J. Long.
Conditions for award remain secret until after the
start.
Messrs Atkinsons of Windermere have provided the Kendal Mint Cake
for each competitor.

ENNERDALE JUNIOR FELL RACE

- FIRST. ENNERDALE JUNIOR FELL RACE TROPHY. Presented by
Mr T. Orr, Mr A. Beck and others To be held for one year
Replica presented by the L.D.M.T.A. Secretary.
- SECOND. CUP. Presented by Mr R. Nelson
- THIRD £2 VOUCHER presented by Messrs DAMART THERMAWEAR Ltd
- BEST U.K.A.E.A. ENTRANT DESK CALENDAR. Presented by
Mr G. Ireland.
- First Team
Fastest three from one club. Prize to each team
member Presented by Mr G. Ireland.
- Kendal Mint Cake by Messrs Atkinson of Windermere.

There may be additional prizes if the entries warrant it
RACE CERTIFICATES WILL BE ISSUED TO ALL FINISHERS AND RESULT SHEETS
WILL BE SENT TO ALL ENTRANTS.

THE CUMBERLAND FELL RUNNERS ASSOCIATION

CHAIRMAN. Mr. J. Long
Mountain View,
St. Bees. Cumb.

HON. SECRETARY. Mr. F. Travis
13 Hallsenna Road,
Seascale, Cumb.

THE ENNERDALE HORSESHOE FELL RACE

This increasingly popular fell race had its origin as a very strenuous walk which embraced the surrounds of Ennerdale Water and which was undertaken by very determined groups of people each endeavouring to improve on their own time on a previous occasion or on the time of a rival group. Even before the 1914 war the course had become fairly established and the walkers themselves had emerged from a bowler-hatted variety bearing walking sticks and on some occasions, alpen stocks, to a more individualistic type who hare-ed round clad in what appeared to be one-piece woollen garments.

Holiday visitors to the area and in particular University students and Scouting and Climbing groups were amongst those who regularly 'did' the circuit but no records were kept and there was no organisation in being which could ensure continuity.

By the efforts of several local sportsmen the most likely route has been obtained from 'old gaffers' tales and folklore and has led to the formation of the above association one of whose objects is to promote an annual Ennerdale Fell Race.

The present circuit starts and finishes at the Scout Activity Centre in Ennerdale. The terrain is severe fell country and the course is about 21 miles (as the crow flies). There are nine check points and a total ascent of 4,500 feet is involved. The race which is normally held in June attracts competitors from all over the country and help both in providing prizes and in running the event is freely given by local people and Mountain Rescue groups. The major prize is the ~~Ennerdale Horseshoe Trophy~~ donated by well-wishers and held by the winner for 12 months. The second man home receives the ~~Monkhouse Shield~~. The record for the event is 3 hours 53 mins put up by J. Naylor of Wasdale in 1970 when running for the Kendal Athletic Club.

S T A T I S T I C S

TIME IN MINS	1968			1969			1970		
	WINNER	FAST	SLOW	WINNER	FAST	SLOW	WINNER	FAST	SLOW
START									
GREAT BOURNE	35	35	52	32	32	43	32	32	59
G.B.-RED PIKE	24	22	39	24	24	36	26	26	41
D.P.-BLACK BECK	33	33	79	32	32	61	27	25	64
B.B.-GREEN GABLE	24	22	51	27	27	47	25	25	75
G.G.-KIRKFELL	21	21	55	21	21	39	23	23	48
K.-PILLAR	30	30	73	31	31	69	29	29	66
H.-HAYCOCK	21	21	62	25	25	55	23	22	46
H.-IRON CRAG	21	20	48	23	20	45	15	15	42
I.C.-CRAG FELL	19	19	50	20	20	41	22	16	35
C.F.-FINISH	12	11	22	13	13	19	11	11	24
WINNER TIME	J. NAYLOR 4 hrs			J. NAYLOR 4 hrs 8min			J. NAYLOR 3 hrs 53 min		
VETERAN TIME	---			J. MARSTRAND 4 hrs 55 min			A. HEATON 4 hrs 16 min		
TEAM	PENDLE FOREST C.C. 16 hrs 11 min			KENDAL A.C. 16 hrs 41 min			KENDAL A.C. 13 hrs 19 min		