

Ennerdale Fell Race 2010 Results

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
			Bingley		
1	178	Rob Jebb	Harriers	M	03:34:06
2	324	Lloyd Taggart	Dark Peak	MV40	03:35:58
			Bingley		
3	153	Ian Holmes	Harriers	MV40	03:41:08
4	18	Ben Bardsley	Borrowdale FR	M	03:41:51
5	32	Simon Booth	Borrowdale FR	MV40	03:44:51
6	1	Ben Abdelnoor	Ambleside AC	M	03:45:28
7	251	Mark Palmer	Myndd Du	MV45	03:46:22
8	346	Pete Vale	Mercia FR	M	03:49:59
9	168	John Hunt	Dark Peak	MV40	03:58:29
			Macclesfield		
10	136	Simon Harding	Harriers	M	03:59:52
		Steve			
11	142	Hebblethwaite	Keswick AC	M	03:59:59
			Clayton Le		
12	335	Paul Thompson	Moors Harriers	M	04:01:29
13	10	Dave Aucott	Dark Peak	MV40	04:02:31
		Jonathan	Todmorden		
14	383	Wright	Harriers	MV40	04:03:02
		Callum			
15	119	Gilhooley	Dark Peak	M	04:04:22
16	363	Chris Waters	Ambleside AC	M	04:05:41
17	236	Jon Morgan	Dark Peak	MV40	04:05:43
		Jonathan			
18	83	Deegan	Ambleside AC	MV40	04:05:50
		Michael			
19	289	Robinson	Dark Peak	MV40	04:06:40
20	279	Matt Reedy	Ambleside AC	M	04:07:24
21	182	Mike Johnson	Bowland FR	MV50	04:07:59

		Rhys Findlay-			
22	104	Robinson	Dark Peak	M	04:10:08
23	320	Rick Stuart		MV45	04:10:35
24	372	Dave Wilby	Ilkley Harriers	M	04:10:40
25	284	Mark Roberts	Borrowdale FR	MV45	04:11:06
26	99	Mike Fanning	Borrowdale FR	MV40	04:11:37
27	68	Paul Cornforth	Borrowdale FR	MV45	04:12:06
			Clayton Le		
28	90	Tim Edward	Moors Harriers	MV40	04:14:27
		Richard	Ellenborough		
29	219	McGrath	AC	M	04:15:26
30	3	Martin Amor	CFR	MV40	04:16:02
31	203	James Logue	Calder Valley	MV40	04:16:41
32	316	Jason Stevens	Calder Valley	MV40	04:17:19
33	344	Steve Turland	Ilkley Harriers	MV40	04:19:11
34	36	John Boyle	Dark Peak	MV40	04:19:19
35	19	Ian Barnes	Ambleside AC	M	04:19:33
			Ellenborough		
36	256	Gavin Pattison	AC	M	04:19:37
37	276	Chris Reade	Bowland FR	MV45	04:20:17
			Clayton Le		
38	247	Dave Nuttall	Moors Harriers	MV40	04:20:46
39	214	Craig Matlocks	Dark Peak	M	04:21:24
		Martin			
		Mikklesen-			
40	227	Barron	Borrowdale FR	M	04:21:52
41	128	Michael Green	Horwich RMI	MV45	04:21:58
		Jamie			
42	207	Luxmoore	Keswick AC	M	04:22:25
			Clayton Le		
43	42	Andy Brown	Moors Harriers	M	04:22:28
			Clayton Le		
44	352	Mike Wallis	Moors Harriers	MV50	04:22:42
45	204	Iain Kelly	Eden Runners	M	04:22:59

	46	359	Dave Ward	Borrowdale FR	M	04:23:10
	47	197	Jackie Lee	Eryri Harriers	L	04:23:43
	48	76	Toby Cushion	Keswick AC	M	04:27:50
				Ellenborough		
48=		380	Jackie Winn	AC	MV55	04:27:50
	50	97	David Evans	Ambleside AC	M	04:28:00
			Hugh			
	51	248	O'Donnell	Ambleside AC	M	04:29:04
	52	292	Mark Russell	Bolton Tri Club	MV40	04:29:06
	53	387	Jim Mann	DFR	M	04:29:10
	54	44	Mark Bryant	Leeds City AC	M	04:29:14
			Mark	Glossopdale		
	55	250	Ollerenshaw	Harriers	M	04:29:47
	56	170	Simon Hunter	CFR	MV40	04:29:58
	57	278	Jane Reedy	Ambleside AC	L	04:33:00
				Clayton Le		
	58	239	Dave Motley	Moors Harriers	M	04:33:48
			Chris	Clayton Le		
	59	14	Balderson	Moors Harriers	MV45	04:34:00
			Leigh			
	60	358	Warburton	Bowland FR	MV50	04:35:41
			Alastair			
			Rhodes-	Todmorden		
	61	281	Dawson	Harriers	MV40	04:36:38
	62	46	James Byrne	Ambleside AC	M	04:37:13
	63	307	Craig Smith	Keswick AC	MV40	04:37:32
	64	103	Helen Fines	Calder Valley	L	04:38:39
			Jonathan			
	65	367	Whitaker	Ilkley Harriers	MV45	04:39:22
			Mark Mon-			
	66	234	Williams	Ilkley Harriers	MV45	04:40:02
				Todmorden		
	67	16	Nick Barber	Harriers	M	04:40:16
	68	265	Martyn Pollitt	Burnden RR	MV45	04:40:56

69	230	Julien Minshull	Glossopdale Harriers	MV45	04:41:44
70	215	Ken Maynard	Durham Fell Runners	MV50	04:42:18
71	311	Nicky Spinks	Dark Peak	LV40	04:42:58
72	322	Dave Sykes	Dark Peak	M	04:43:23
73	262	Stefan Phillips	Todmorden	M	04:43:46
74	180	Lauren Jeska	Harriers	L	04:44:25
75	91	Mark Ellithorn	Chorley Harriers	MV45	04:44:44
76	245	Mike Nelson	Macclesfield Harriers	MV40	04:46:46
77	218	Tom McGaff	Cheshire Hill Races	MV55	04:46:54
78	257	Nick Pearce	Ilkley Harriers	MV55	04:46:58
79	73	Peter Crompton	CFR	MV50	04:47:20
80	94	Jonathan Emberton	Calder Valley Saltwell	MV45	04:48:30
81	259	Phillip Pearson	Harriers	MV50	04:48:35
82	61	Jules Coleman	Lonsdale FR	MV40	04:49:05
83	171	Jamie Hutchinson	Ilkley Harriers Rossendale	M	04:49:22
84	334	Kenneth Taylor	Harriers	MV60	04:50:09
85	113	Derek Fuller	Ilkley Harriers	M	04:51:37
86	25	Steve Bell	Dark Peak	MV45	04:52:03
87	364	Tim Werrett	Mercia FR Clayton Le	M	04:52:55
88	301	Jon Sharples	Moors Harriers Black Combe	MV55	04:53:04
89	326	Peter Taylor	Runners	MV45	04:53:39
90	371	Philip Whiting		MV50	04:54:16

			Harrogate		
91	125	Ben Grant	Harriers	MV60	04:54:21
92	169	Andrew Hunt	Otley AC	MV40	04:54:54
			Congleton		
93	286	Andy Roberts	harriers	MV40	04:55:15
94	20	Paul Barnes	Borrowdale FR	M	04:55:33
		Dicky			
95	373	Wilkinson	Dark Peak	MV50	04:56:07
			Clayton Le		
96	160	Brian Horrocks	Moors Harriers	MV50	04:57:00
97	154	Martin Holroyd	Borrowdale FR	MV40	04:58:27
98	152	Keith Holmes	Dark Peak	MV55	04:58:28
			Clayton Le		
99	134	S Halliday	Moors Harriers	M	04:58:44
		Garry	Clayton Le		
100	375	Wilkinson	Moors Harriers	MV45	04:58:47
101	268	Huw Price	Bowland FR	MV45	04:59:17
			Clayton Le		
102	33	Pete Booth	Moors Harriers	MV55	04:59:29
		Tracey			
103	130	Greenway	Ilkley Harriers	LV45	04:59:35
104	347	Mike Vogler	Ambleside AC	M	04:59:36
			Hunters Bog		
105	179	Kate Jenkins	Trotters	L	05:00:21
			Northumberlan		
106	9	David Atkinson	d F R	MV45	05:00:56
			Hunters Bog		
107	21	Stawart Barrie	Trotters	MV40	05:01:54
			Todmorden		
108	190	Oz Kershaw	Harriers	MV50	05:02:04
109	252	Gary Parker	Calder Valley	MV40	05:02:31
110	144	Nick Hewitt	Bowland FR	MV55	05:02:36
		Andrew			
111	392	Graham	CFR	MV40	05:02:54

112	26	Richard Bellaries	Clayton Le Moors Harriers	MV55	05:04:37
113	116	Andy Gibbons	Warrington RR	M	05:04:42
114	117	Roy Gibson	Dark Peak	MV50	05:05:09
115	293	Jim Ryder	Ilkley Harriers Glossopdale	MV40	05:05:34
116	143	John Hewitt	Harriers	MV45	05:06:01
117	290	Hazel Robinson	Ambleside AC Southport	L	05:06:23
118	185	Robert Johnson	Waterloo AC	MV50	05:06:55
119	332	Robert Taylor	Pennine FR Wharfedale	MV60	05:07:36
120	145	Tamara Hird	Harriers	L	05:07:47
121	240	Gerard Mulgrew	Ellenborough AC Newburgh	MV40	05:07:49
122	274	David Ralphs	Nomads	MV45	05:08:08
123	339	Gary Thorpe	Ambleside AC Holly	MV45	05:09:09
124	378	Williamson	Keswick AC	L	05:09:33
125	226	Brian Metia	Ilkley Harriers	MV45	05:09:34
126	48	Kieran Carr	Clayton Le Moors Harriers	MV65	05:09:53
127	158	Kieran Horrigan	FRA	MV50	05:10:12
128	23	Liz Batt	Dark Peak	LV45	05:10:24
129	282	Greg Rimmer	Dark Peak	MV45	05:11:11
130	348	Bryan Wakeley	Ambleside AC Glossopdale	M	05:12:16
131	111	Andrew Fox	Harriers	MV50	05:12:22
132	280	Alan Renfree		MV50	05:12:29
133	69	Mick Cottam	Garstang Clayton Le	MV45	05:12:39
134	85	Wendy Dodds	Moors Harriers	LV55	05:12:49

	135	67	Duncan Cooper	Ilkley Harriers Todmorden	MV40	05:12:56
	136	147	Philip Hodgson	Harriers Todmorden	MV50	05:13:00
	137	62	Dave Collins	Harriers Bingley	MV50	05:14:04
138=	138	275	Alison Raw	Harriers	LV45	05:14:15
		102	Olly Fielden Catherine Evans	CFR	M	05:14:15
	140	98	Chris Evans	Keswick AC	L	05:15:00
	141	95	Peter Dawson	Keswick AC	M	05:15:01
	142	81		CFR Clayton Le	MV45	05:16:08
	143	159	David Horrocks	Moors Harriers	MV45	05:16:15
	144	249	Declan O'Duffy	Bowland FR	MV50	05:16:55
	145	213	Sarah Massey	Bowland FR	L	05:17:02
	146	54	Richard Clark	Esk Valley FC	MV40	05:17:47
	147	388	Nigel Tate	DFR	M	05:17:56
	148	260	Martin Perry	York Acorn RC	M	05:18:07
	149	337	David Thornley		M	05:18:37
	150	4	Rick Ansell	Tring RC Todmorden	MV50	05:19:04
	151	127	Clive Greatorex	Harriers	MV45	05:19:11
	152	74	Michael Crook	Horwich RMI	MV60	05:19:38
	153	196	Roger Laycock	Settle Harriers	MV50	05:20:14
	154	202	Simon Lloyds		MV45	05:20:27
	155	222	Sean McKeag	Ripon Runners Cheshire Hill	M	05:20:38
	156	31	Vincent Booth	Races Todmorden	MV45	05:22:04
	157	199	Jane Leonard	Harriers	LV50	05:22:42
	158	333	Ian Taylor		MV45	05:22:45
	159	309	Paul Smithson	Keighley & Craven	MV45	05:23:15

	160	321	Phil Swan	Glossopdale Harriers	M	05:23:17
	161	217	Andrew McFarlane	Clayton Le Moors Harriers	MV40	05:23:54
	162	146	Andrew Hirst	Wharfedale Harriers	MV50	05:24:38
	163	263	Gary Platt	Chorley Harriers	MV50	05:24:53
	164	141	Andrew Hearle	Mercia FR	MV55	05:24:55
	165	87	Mathew Driscoll	York Acorn RC	M	05:26:19
	166	193	Helen Lambert	Calder Valley Holmfirth	LV40	05:27:13
	167	211	Nathan Martin	Harriers	M	05:27:55
	168	137	Nicholas Harper	Totley AC	MV40	05:27:59
	169	135	Richard Hampson	Calder Valley	M	05:28:29
	170	64	Phillip Conner	Esk Valley FC	M	05:28:44
170=		82	David Dedman	Esk Valley FC	MV45	05:28:44
	172	30	Gavin Bland	Borrowdale FR	M	05:29:30
	173	49	Jo Gillyon	Keswick AC	L	05:29:33
	174	246	John Nixon	Borrowdale FR	MV60	05:29:58
	175	223	Michael McLoughlin	Preston Harriers	MV55	05:30:01
	176	63	Ian Connell	Clayton Le Moors Harriers	MV45	05:30:05
	177	120	Robin Gillespie	Eden Runners	MV40	05:30:35
	178	271	Derek Queenan		L	05:31:43
	179	330	Jo Taylor	Bowland FR	LV45	05:32:03
	180	329	John Taylor	Newport & District	MV40	05:32:04
	181	150	Noel Hogan	Newport & District	MV45	05:32:09

			Cheshire Hill		
182	11	Mike Cooper	Races	MV45	05:32:26
183	166	Isaline Hughes	Burnden RR	LV40	05:32:29
			Ellenborough		
184	148	Barry Hodgson	AC	MV55	05:33:10
185	331	John Taylor	Bowland FR	MV60	05:33:22
		Geraldene			
186	350	Walkington	Horwich RMI	LV50	05:33:32
187	138	Lucy Harris	Pennine FR	L	05:34:17
			Wharfedale		
188	164	Judy Howells	Harriers	L	05:34:39
189	100	Martin Farrar	Skyrac	MV45	05:35:17
		Andrew	Clayton Le		
190	287	Robinson	Moors Harriers	MV55	05:36:07
		Martin			
191	165	Huddleston	Calder Valley	MV40	05:36:25
		Richard			
192	92	Ellwood		MV45	05:37:15
			Black Combe		
193	50	Jackie Casey	Runners	LV50	05:37:20
			Clayton Le		
194	382	Neil Worswick	Moors Harriers	MV40	05:37:28
		Sarah	Todmorden		
195	357	Warburton	Harriers	L	05:38:16
196	77	Richard Davies	Bowland FR	MV50	05:38:22
		Dave	Bingley		
197	315	Stephenson	Harriers	MV45	05:38:24
		Ruth	Bingley		
198	370	Whitehead	Harriers	L	05:38:25
199	65	S. Paul Coope		MV45	05:38:44
200	365	Alison Weston	Ilkley Harriers	LV40	05:39:06
201	201	Richard Lloyd	Mercia FR	MV40	05:39:09
			Ellenborough		
202	345	Andrew Turner	AC	M	05:39:19

		Graeme			
203	209	Mactavish	FRA	MV40	05:39:21
204	114	Julie Gardner	Dark Peak	LV50	05:40:09
		Jacquelin	Chorley		
205	277	Redmayne	Harriers	LV40	05:40:21
206	343	Mike Troup	Ambleside AC	MV55	05:40:44
207	51	Ian Charters	Horwich RMI	MV55	05:41:07
208	132	Ian Haigh	Southwell RC	MV40	05:41:17
209	242	Paul Murray	Horwich RMI	MV65	05:41:37
			Glossopdale		
210	151	Dave Hogg	Harriers	MV50	05:42:28
			Evesham Vale		
211	17	Sheila Barbour	RC	L	05:42:29
212	194	Ned Lammas	Mercia FR	MV45	05:42:33
213	191	Jan Klouzal		M	05:42:59
214	229	Celia Mills	Calder Valley	LV45	05:43:25
215	258	Mark Pearson		M	05:43:30
216	140	John Hazell	FRA	MV50	05:45:20
217	386	Mike Boyd		MV45	05:45:36
218	157	Ian Horne	Eden Runners	MV45	05:46:00
		Sandy	Newport &		
219	208	Mackenzie	District	MV40	05:46:21
		Britta			
220	299	Sendlhofer	Ambleside AC	L	05:46:40
			Todmorden		
221	39	Kath Brierley	Harriers	LV45	05:48:05
		Jennie			
222	52	Chatterley	CFR	LV40	05:48:15
223	12	Samatha Ayers	CFR	L	05:48:17
		Philip Lincoln	Bingley		
224	200	Jones	Harriers	MV50	05:48:18
225	384	Ron Wynne	Keswick AC	MV45	05:48:28
			Clayton Le		
226	305	Geoff Smith	Moors Harriers	M	05:48:32

			Black Combe		
227	221	Pat McIver	Runners	MV45	05:48:39
228	115	Roy Gardner	Saddleworth Wharfedale	MV40	05:48:59
229	244	Gill Myers	Harriers	LV50	05:49:05
230	310	Geoff Somers	Keswick AC	MV60	05:50:12
		Catherine	Wharfedale		
231	37	Bradley	Harriers	L	05:50:18
			Bingley		
232	121	Dan Gooddey	Harriers	M	05:50:29
			Wharfedale		
233	133	Kirsty Hall	Harriers	L	05:50:43
			Chorley		
234	175	Paul Jackson	Harriers	MV40	05:51:12
235	163	Max Howard	Retford AC	MV50	05:51:28
		Robert			
236	270	Pritchard	Skyrac	MV50	05:52:29
		Graham	Northumberlan		
237	27	Bingham	d F R	MV45	05:54:43
		Trevor			
238	323	Symonds	FRA	MV50	05:55:52
		Richard	Todmorden		
239	198	Leonard	Harriers	MV50	05:55:56
			Todmorden		
239=	75	Ben Crowther	Harriers	M	05:55:56
241	183	Paul Johnson		M	05:56:05
			Helm Hill		
242	341	Dave Till	Runners	MV50	05:57:03
243	93	Neil Elsender	Keswick AC	MV45	05:57:35
244	101	Peter Ferris	CFR	MV45	05:58:06
245	338	Clive Thornton	Esk Valley FC	MV45	05:58:32
246	174	Steve Jackson	Horwich RMI	MV55	05:59:11
			Todmorden		
247	34	Kevin Booth	Harriers	MV45	05:59:36

248	72	Chris Cripps	Macclesfield Harriers	M	06:00:35
		Ian	Holmfirth		
249	303	Shuttleworth	Harriers	MV45	06:03:40
250	173	Clare Kenny	Calder Valley	LV50	06:03:58
			Rossendale		
251	186	Nick Harris	Harriers	MV60	06:06:00
			Rossendale		
252	273	Davina Raidy	Harriers	LV40	06:06:02
253	38	Graham Breeze	Ilkley Harriers	MV65	06:06:09
		Edwin	Southport		
254	302	Sherstone	Waterloo AC	MV45	06:12:11
			Cheshire Hill		
255	188	David Keeling	Races	MV45	06:23:20
256	253	Darren Parker	FRA	MV40	06:24:59
		Linda			
257	241	Murgatroyd	Calder Valley	LV40	06:26:44
258	390	David Harvey	Pennine FR	MV45	06:26:49
259	172	Jennifer Hutton	Bowland FR	L	06:27:09
		Andrew			
260	243	Murray	Keswick AC	MV40	06:28:36
261	131	Alex Greenwell	FRA	MV40	06:29:54
262	366	Roger Whitaker	CFR	MV65	06:32:03
			Keighley &		
263	210	Becca Marshall	Craven	LV40	06:34:27
			Keighley &		
264	369	Tim Whitehead	Craven	M	06:34:45
265	232	Ben Mitchinson	CFR	M	06:38:33
266	84	Stephen Dixon	Valley Striders	MV55	06:46:07
			Todmorden		
267	2	Louise Abdy	Harriers	LV45	06:47:45
		Katy	Clayton Le		
267=	336	Thompson	Moors Harriers	LV55	06:47:45
269	106	Andy Fletcher	CFR	MV50	06:51:05

			Lytham St			
	270	353	Martin Walsh	Annes	MV60	06:55:15
	271	355	Wayne Walsh	Bowland FR	MV50	06:58:19
			Wharfedale			
	272	112	Simon Franklin	Harriers	MV40	06:59:02
272=		7	Paul Atkinson	FRA	MV45	06:59:02
	274	22	Stephen Batley	Skyrac	MV60	07:02:52
	275	58	Nigel Coe	Ambleside AC	MV55	07:12:36
			Raymond			
	276	40	Brown	Penistone FR	MV65	07:23:28
			Staffordshire			
	277	24	Brian Belfield	Morelands AC	MV60	07:25:08
			Todmorden			
	278	379	David Wilson	Harriers	MV50	07:28:23
dnf		261	Adam Perry	Pennine FR	L	
dnf		126	Hodge Grayson	Ambleside AC	M	
dnf		288	Mick Robinson	Nottingham AC	MV50	
			Andrew			
dnf		296	Schofield	Borrowdale FR	MV40	
dnf		377	Bill Williamson	CFR	MV45	
dnf		88	Dan Duxbury	Ambleside AC	M	
			Black Combe			
dnf		149	Sue Hodgkinson	Runners	L	
dnf		362	Ian Warhurst	Pennine FR	MV50	
dnf		294	David Sargent	Eden Runners	MV45	
dnf		354	Mike Walsh	Kendal AC	MV60	
dnf		5	Roger Ashby	FRA	MV65	
			Alistair			
dnf		391	Hornsby	WCOC	MV45	
dnf		314	Mark Steel	CFR	MV45	
			Holmfirth			
dnf		192	David Knight	Harriers	MV40	
dnf		238	Fleecy Moss	Team St Bees	MV40	
dnf		385	Trevor	Northumberlan	MV40	

dnf 107 Wakenshaw d FR
Anna Forrest Ambleside AC LV40

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Updated 16-Jun-2010 23:58:55

Race - L including LV40, LV45, LV50, LV55

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	197	Jackie Lee	Eryri Harriers	L	04:23:43
2	278	Jane Reedy	Ambleside AC	L	04:33:00
3	103	Helen Fines	Calder Valley	L	04:38:39
4	311	Nicky Spinks	Dark Peak	LV40	04:42:58
5	180	Lauren Jeska	Todmorden Harriers	L	04:44:25
6	130	Tracey Greenway	Ilkley Harriers	LV45	04:59:35
7	179	Kate Jenkins	Hunters Bog Trotters	L	05:00:21
8	290	Hazel Robinson	Ambleside AC	L	05:06:23
9	145	Tamara Hird	Wharfedale Harriers	L	05:07:47
10	378	Holly Williamson	Keswick AC	L	05:09:33
11	23	Liz Batt	Dark Peak	LV45	05:10:24
12	85	Wendy Dodds	Clayton Le Moors Harriers	LV55	05:12:49
13	275	Alison Raw	Bingley Harriers	LV45	05:14:15
14	98	Catherine Evans	Keswick AC	L	05:15:00
15	213	Sarah Massey	Bowland FR	L	05:17:02
16	199	Jane Leonard	Todmorden Harriers	LV50	05:22:42
17	193	Helen Lambert	Calder Valley	LV40	05:27:13
18	49	Jo Gillyon	Keswick AC	L	05:29:33
19	271	Derek Queenan		L	05:31:43
20	330	Jo Taylor	Bowland FR	LV45	05:32:03
21	166	Isaline Hughes	Burnden RR	LV40	05:32:29
22	350	Geraldene Walkington	Horwich RMI	LV50	05:33:32

23	138	Lucy Harris	Pennine FR	L	05:34:17
24	164	Judy Howells	Wharfedale Harriers	L	05:34:39
25	50	Jackie Casey	Black Combe Runners	LV50	05:37:20
26	357	Sarah Warburton	Todmorden Harriers	L	05:38:16
27	370	Ruth Whitehead	Bingley Harriers	L	05:38:25
28	365	Alison Weston	Ilkley Harriers	LV40	05:39:06
29	114	Julie Gardner	Dark Peak	LV50	05:40:09
30	277	Jacquelin Redmayne	Chorley Harriers	LV40	05:40:21
31	17	Sheila Barbour	Evesham Vale RC	L	05:42:29
32	229	Celia Mills	Calder Valley	LV45	05:43:25
33	299	Britta Sendlhofer	Ambleside AC	L	05:46:40
34	39	Kath Brierley	Todmorden Harriers	LV45	05:48:05
35	52	Jennie Chatterley	CFR	LV40	05:48:15
36	12	Samatha Ayers	CFR	L	05:48:17
37	244	Gill Myers	Wharfedale Harriers	LV50	05:49:05
38	37	Catherine Bradley	Wharfedale Harriers	L	05:50:18
39	133	Kirsty Hall	Wharfedale Harriers	L	05:50:43
40	173	Clare Kenny	Calder Valley	LV50	06:03:58
41	273	Davina Raidy	Rossendale Harriers	LV40	06:06:02
42	241	Linda Murgatroyd	Calder Valley	LV40	06:26:44
43	172	Jennifer Hutton	Bowland FR	L	06:27:09
44	210	Becca Marshall	Keighley & Craven	LV40	06:34:27
45	2	Louise Abdy	Todmorden Harriers	LV45	06:47:45
45=	336	Katy Thompson	Clayton Le Moors Harriers	LV55	06:47:45
dnf	261	Adam Perry	Pennine FR	L	
dnf	149	Sue Hodkinson	Black Combe Runners	L	
dnf	107	Anna Forrest	Ambleside AC	LV40	

Race - LV40

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	311	Nicky Spinks	Dark Peak	LV40	04:42:58
2	193	Helen Lambert	Calder Valley	LV40	05:27:13
3	166	Isaline Hughes	Burnden RR	LV40	05:32:29
4	365	Alison Weston	Ilkley Harriers	LV40	05:39:06

5	277	Jacquelin Redmayne	Chorley Harriers	LV40	05:40:21
6	52	Jennie Chatterley	CFR	LV40	05:48:15
7	273	Davina Raidy	Rossendale Harriers	LV40	06:06:02
8	241	Linda Murgatroyd	Calder Valley	LV40	06:26:44
9	210	Becca Marshall	Keighley & Craven	LV40	06:34:27
dnf	107	Anna Forrest	Ambleside AC	LV40	

Race - LV45

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	130	Tracey Greenway	Ilkley Harriers	LV45	04:59:35
2	23	Liz Batt	Dark Peak	LV45	05:10:24
3	275	Alison Raw	Bingley Harriers	LV45	05:14:15
4	330	Jo Taylor	Bowland FR	LV45	05:32:03
5	229	Celia Mills	Calder Valley	LV45	05:43:25
6	39	Kath Brierley	Todmorden Harriers	LV45	05:48:05
7	2	Louise Abdy	Todmorden Harriers	LV45	06:47:45

Race - LV50

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	199	Jane Leonard	Todmorden Harriers	LV50	05:22:42
2	350	Geraldene Walkington	Horwich RMI	LV50	05:33:32
3	50	Jackie Casey	Black Combe Runners	LV50	05:37:20
4	114	Julie Gardner	Dark Peak	LV50	05:40:09
5	244	Gill Myers	Wharfedale Harriers	LV50	05:49:05
6	173	Clare Kenny	Calder Valley	LV50	06:03:58

Race - LV55

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	85	Wendy Dodds	Clayton Le Moors Harriers	LV55	05:12:49
2	336	Katy Thompson	Clayton Le Moors Harriers	LV55	06:47:45

Race - M including MV40, MV45, MV50, MV55, MV60, MV65

23.000 miles 7500ft

Pos	No.	Name	Club	Categor	Time
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1	178 Rob Jebb	Bingley Harriers	y M	03:34:06
2	324 Lloyd Taggart	Dark Peak	MV40	03:35:58
3	153 Ian Holmes	Bingley Harriers	MV40	03:41:08
4	18 Ben Bardsley	Borrowdale FR	M	03:41:51
5	32 Simon Booth	Borrowdale FR	MV40	03:44:51
6	1 Ben Abdelnoor	Ambleside AC	M	03:45:28
7	251 Mark Palmer	Myndd Du	MV45	03:46:22
8	346 Pete Vale	Mercia FR	M	03:49:59
9	168 John Hunt	Dark Peak	MV40	03:58:29
10	136 Simon Harding	Macclesfield Harriers	M	03:59:52
11	142 Steve Hebblethwaite	Keswick AC	M	03:59:59
12	335 Paul Thompson	Clayton Le Moors Harriers	M	04:01:29
13	10 Dave Aucott	Dark Peak	MV40	04:02:31
14	383 Jonathan Wright	Todmorden Harriers	MV40	04:03:02
15	119 Callum Gilhooley	Dark Peak	M	04:04:22
16	363 Chris Waters	Ambleside AC	M	04:05:41
17	236 Jon Morgan	Dark Peak	MV40	04:05:43
18	83 Jonathan Deegan	Ambleside AC	MV40	04:05:50
19	289 Michael Robinson	Dark Peak	MV40	04:06:40
20	279 Matt Reedy	Ambleside AC	M	04:07:24
21	182 Mike Johnson	Bowland FR	MV50	04:07:59
22	104 Rhys Findlay-Robinson	Dark Peak	M	04:10:08
23	320 Rick Stuart		MV45	04:10:35
24	372 Dave Wilby	Ilkley Harriers	M	04:10:40
25	284 Mark Roberts	Borrowdale FR	MV45	04:11:06
26	99 Mike Fanning	Borrowdale FR	MV40	04:11:37
27	68 Paul Cornforth	Borrowdale FR	MV45	04:12:06
28	90 Tim Edward	Clayton Le Moors Harriers	MV40	04:14:27
29	219 Richard McGrath	Ellenborough AC	M	04:15:26
30	3 Martin Amor	CFR	MV40	04:16:02
31	203 James Logue	Calder Valley	MV40	04:16:41
32	316 Jason Stevens	Calder Valley	MV40	04:17:19
33	344 Steve Turland	Ilkley Harriers	MV40	04:19:11

34	36	John Boyle	Dark Peak	MV40	04:19:19
35	19	Ian Barnes	Ambleside AC	M	04:19:33
36	256	Gavin Pattison	Ellenborough AC	M	04:19:37
37	276	Chris Reade	Bowland FR	MV45	04:20:17
38	247	Dave Nuttall	Clayton Le Moors Harriers	MV40	04:20:46
39	214	Craig Matlocks	Dark Peak	M	04:21:24
40	227	Martin Mikklesen-Barron	Borrowdale FR	M	04:21:52
41	128	Michael Green	Horwich RMI	MV45	04:21:58
42	207	Jamie Luxmoore	Keswick AC	M	04:22:25
43	42	Andy Brown	Clayton Le Moors Harriers	M	04:22:28
44	352	Mike Wallis	Clayton Le Moors Harriers	MV50	04:22:42
45	204	Iain Kelly	Eden Runners	M	04:22:59
46	359	Dave Ward	Borrowdale FR	M	04:23:10
47	76	Toby Cushion	Keswick AC	M	04:27:50
47=	380	Jackie Winn	Ellenborough AC	MV55	04:27:50
49	97	David Evans	Ambleside AC	M	04:28:00
50	248	Hugh O'Donnell	Ambleside AC	M	04:29:04
51	292	Mark Russell	Bolton Tri Club	MV40	04:29:06
52	387	Jim Mann	DFR	M	04:29:10
53	44	Mark Bryant	Leeds City AC	M	04:29:14
54	250	Mark Ollerenshaw	Glossopdale Harriers	M	04:29:47
55	170	Simon Hunter	CFR	MV40	04:29:58
56	239	Dave Motley	Clayton Le Moors Harriers	M	04:33:48
57	14	Chris Balderson	Clayton Le Moors Harriers	MV45	04:34:00
58	358	Leigh Warburton	Bowland FR	MV50	04:35:41
59	281	Alastair Rhodes-Dawson	Todmorden Harriers	MV40	04:36:38
60	46	James Byrne	Ambleside AC	M	04:37:13
61	307	Craig Smith	Keswick AC	MV40	04:37:32
62	367	Jonathan Whitaker	Ilkley Harriers	MV45	04:39:22
63	234	Mark Mon-Williams	Ilkley Harriers	MV45	04:40:02
64	16	Nick Barber	Todmorden Harriers	M	04:40:16
65	265	Martyn Pollitt	Burnden RR	MV45	04:40:56
66	230	Julien Minshull	Glossopdale Harriers	MV45	04:41:44
67	215	Ken Maynard	Durham Fell Runners	MV50	04:42:18

68	322	Dave Sykes	Dark Peak	M	04:43:23
69	262	Stefan Phillips		M	04:43:46
70	91	Mark Ellithorn	Chorley Harriers	MV45	04:44:44
71	245	Mike Nelson	Macclesfield Harriers	MV40	04:46:46
72	218	Tom McGaff	Cheshire Hill Races	MV55	04:46:54
73	257	Nick Pearce	Ilkley Harriers	MV55	04:46:58
74	73	Peter Crompton	CFR	MV50	04:47:20
75	94	Jonathan Emberton	Calder Valley	MV45	04:48:30
76	259	Phillip Pearson	Saltwell Harriers	MV50	04:48:35
77	61	Jules Coleman	Lonsdale FR	MV40	04:49:05
78	171	Jamie Hutchinsion	Ilkley Harriers	M	04:49:22
79	334	Kenneth Taylor	Rossendale Harriers	MV60	04:50:09
80	113	Derek Fuller	Ilkley Harriers	M	04:51:37
81	25	Steve Bell	Dark Peak	MV45	04:52:03
82	364	Tim Werrett	Mercia FR	M	04:52:55
83	301	Jon Sharples	Clayton Le Moors Harriers	MV55	04:53:04
84	326	Peter Tayler	Black Combe Runners	MV45	04:53:39
85	371	Philip Whiting		MV50	04:54:16
86	125	Ben Grant	Harrogate Harriers	MV60	04:54:21
87	169	Andrew Hunt	Otley AC	MV40	04:54:54
88	286	Andy Roberts	Congleton harriers	MV40	04:55:15
89	20	Paul Barnes	Borrowdale FR	M	04:55:33
90	373	Dicky Wilkinson	Dark Peak	MV50	04:56:07
91	160	Brian Horrocks	Clayton Le Moors Harriers	MV50	04:57:00
92	154	Martin Holroyd	Borrowdale FR	MV40	04:58:27
93	152	Keith Holmes	Dark Peak	MV55	04:58:28
94	134	S Halliday	Clayton Le Moors Harriers	M	04:58:44
95	375	Garry Wilkinson	Clayton Le Moors Harriers	MV45	04:58:47
96	268	Huw Price	Bowland FR	MV45	04:59:17
97	33	Pete Booth	Clayton Le Moors Harriers	MV55	04:59:29
98	347	Mike Vogler	Ambleside AC	M	04:59:36
99	9	David Atkinson	Northumberland F R	MV45	05:00:56
100	21	Stawart Barrie	Hunters Bog Trotters	MV40	05:01:54
101	190	Oz Kershaw	Todmorden Harriers	MV50	05:02:04

102 252 Gary Parker	Calder Valley	MV40	05:02:31
103 144 Nick Hewitt	Bowland FR	MV55	05:02:36
104 392 Andrew Graham	CFR	MV40	05:02:54
105 26 Richard Bellaries	Clayton Le Moors Harriers	MV55	05:04:37
106 116 Andy Gibbons	Warrington RR	M	05:04:42
107 117 Roy Gibson	Dark Peak	MV50	05:05:09
108 293 Jim Ryder	Ilkley Harriers	MV40	05:05:34
109 143 John Hewitt	Glossopdale Harriers	MV45	05:06:01
110 185 Robert Johnson	Southport Waterloo AC	MV50	05:06:55
111 332 Robert Taylor	Pennine FR	MV60	05:07:36
112 240 Gerard Mulgrew	Ellenborough AC	MV40	05:07:49
113 274 David Ralphs	Newbugh Nomads	MV45	05:08:08
114 339 Gary Thorpe	Ambleside AC	MV45	05:09:09
115 226 Brian Metia	Ilkley Harriers	MV45	05:09:34
116 48 Kieran Carr	Clayton Le Moors Harriers	MV65	05:09:53
117 158 Kieran Horrigan	FRA	MV50	05:10:12
118 282 Greg Rimmer	Dark Peak	MV45	05:11:11
119 348 Bryan Wakeley	Ambleside AC	M	05:12:16
120 111 Andrew Fox	Glossopdale Harriers	MV50	05:12:22
121 280 Alan Renfree		MV50	05:12:29
122 69 Mick Cottam	Garstang	MV45	05:12:39
123 67 Duncan Cooper	Ilkley Harriers	MV40	05:12:56
124 147 Philip Hodgson	Todmorden Harriers	MV50	05:13:00
125 62 Dave Collins	Todmorden Harriers	MV50	05:14:04
126 102 Olly Fielden	CFR	M	05:14:15
127 95 Chris Evans	Keswick AC	M	05:15:01
128 81 Peter Dawson	CFR	MV45	05:16:08
129 159 David Horrocks	Clayton Le Moors Harriers	MV45	05:16:15
130 249 Declan O'Duffy	Bowland FR	MV50	05:16:55
131 54 Richard Clark	Esk Valley FC	MV40	05:17:47
132 388 Nigel Tate	DFR	M	05:17:56
133 260 Martin Perry	York Acorn RC	M	05:18:07
134 337 David Thornley		M	05:18:37
135 4 Rick Ansell	Tring RC	MV50	05:19:04

136	127	Clive Greatorex	Todmorden Harriers	MV45	05:19:11
137	74	Michael Crook	Horwich RMI	MV60	05:19:38
138	196	Roger Laycock	Settle Harriers	MV50	05:20:14
139	202	Simon Lloyds		MV45	05:20:27
140	222	Sean McKeag	Ripon Runners	M	05:20:38
141	31	Vincent Booth	Cheshire Hill Races	MV45	05:22:04
142	333	Ian Taylor		MV45	05:22:45
143	309	Paul Smithson	Keighley & Craven	MV45	05:23:15
144	321	Phil Swan	Glossopdale Harriers	M	05:23:17
145	217	Andrew McFarlane	Clayton Le Moors Harriers	MV40	05:23:54
146	146	Andrew Hirst	Wharfedale Harriers	MV50	05:24:38
147	263	Gary Platt	Chorley Harriers	MV50	05:24:53
148	141	Andrew Hearle	Mercia FR	MV55	05:24:55
149	87	Mathew Driscoll	York Acorn RC	M	05:26:19
150	211	Nathan Martin	Holmfirth Harriers	M	05:27:55
151	137	Nicholas Harper	Totley AC	MV40	05:27:59
152	135	Richard Hampson	Calder Valley	M	05:28:29
153	64	Phillip Conner	Esk Valley FC	M	05:28:44
153					
=	82	David Dedman	Esk Valley FC	MV45	05:28:44
155	30	Gavin Bland	Borrowdale FR	M	05:29:30
156	246	John Nixon	Borrowdale FR	MV60	05:29:58
157	223	Michael McLoughlin	Preston Harriers	MV55	05:30:01
158	63	Ian Connell	Clayton Le Moors Harriers	MV45	05:30:05
159	120	Robin Gillespie	Eden Runners	MV40	05:30:35
160	329	John Taylor	Newport & District	MV40	05:32:04
161	150	Noel Hogan	Newport & District	MV45	05:32:09
162	11	Mike Cooper	Cheshire Hill Races	MV45	05:32:26
163	148	Barry Hodgson	Ellenborough AC	MV55	05:33:10
164	331	John Taylor	Bowland FR	MV60	05:33:22
165	100	Martin Farrar	Skyrac	MV45	05:35:17
166	287	Andrew Robinson	Clayton Le Moors Harriers	MV55	05:36:07
167	165	Martin Huddleston	Calder Valley	MV40	05:36:25
168	92	Richard Ellwood		MV45	05:37:15

169 382 Neil Worswick	Clayton Le Moors Harriers	MV40	05:37:28
170 77 Richard Davies	Bowland FR	MV50	05:38:22
171 315 Dave Stephenson	Bingley Harriers	MV45	05:38:24
172 65 S. Paul Coope		MV45	05:38:44
173 201 Richard Lloyd	Mercia FR	MV40	05:39:09
174 345 Andrew Turner	Ellenborough AC	M	05:39:19
175 209 Graeme Mactavish	FRA	MV40	05:39:21
176 343 Mike Troup	Ambleside AC	MV55	05:40:44
177 51 Ian Charters	Horwich RMI	MV55	05:41:07
178 132 Ian Haigh	Southwell RC	MV40	05:41:17
179 242 Paul Murray	Horwich RMI	MV65	05:41:37
180 151 Dave Hogg	Glossopdale Harriers	MV50	05:42:28
181 194 Ned Lammas	Mercia FR	MV45	05:42:33
182 191 Jan Klouzal		M	05:42:59
183 258 Mark Pearson		M	05:43:30
184 140 John Hazell	FRA	MV50	05:45:20
185 386 Mike Boyd		MV45	05:45:36
186 157 Ian Horne	Eden Runners	MV45	05:46:00
187 208 Sandy Mackenzie	Newport & District	MV40	05:46:21
188 200 Philip Lincoln Jones	Bingley Harriers	MV50	05:48:18
189 384 Ron Wynne	Keswick AC	MV45	05:48:28
190 305 Geoff Smith	Clayton Le Moors Harriers	M	05:48:32
191 221 Pat McIver	Black Combe Runners	MV45	05:48:39
192 115 Roy Gardner	Saddleworth	MV40	05:48:59
193 310 Geoff Somers	Keswick AC	MV60	05:50:12
194 121 Dan Gooddey	Bingley Harriers	M	05:50:29
195 175 Paul Jackson	Chorley Harriers	MV40	05:51:12
196 163 Max Howard	Retford AC	MV50	05:51:28
197 270 Robert Pritchard	Skyrac	MV50	05:52:29
198 27 Graham Bingham	Northumberland F R	MV45	05:54:43
199 323 Trevor Symonds	FRA	MV50	05:55:52
200 198 Richard Leonard	Todmorden Harriers	MV50	05:55:56
200			
= 75 Ben Crowther	Todmorden Harriers	M	05:55:56

202	183	Paul Johnson		M	05:56:05
203	341	Dave Till	Helm Hill Runners	MV50	05:57:03
204	93	Neil Elsander	Keswick AC	MV45	05:57:35
205	101	Peter Ferris	CFR	MV45	05:58:06
206	338	Clive Thornton	Esk Valley FC	MV45	05:58:32
207	174	Steve Jackson	Horwich RMI	MV55	05:59:11
208	34	Kevin Booth	Todmorden Harriers	MV45	05:59:36
209	72	Chris Cripps	Macclesfield Harriers	M	06:00:35
210	303	Ian Shuttleworth	Holmfirth Harriers	MV45	06:03:40
211	186	Nick Harris	Rossendale Harriers	MV60	06:06:00
212	38	Graham Breeze	Ilkley Harriers	MV65	06:06:09
213	302	Edwin Sherstone	Southport Waterloo AC	MV45	06:12:11
214	188	David Keeling	Cheshire Hill Races	MV45	06:23:20
215	253	Darren Parker	FRA	MV40	06:24:59
216	390	David Harvey	Pennine FR	MV45	06:26:49
217	243	Andrew Murray	Keswick AC	MV40	06:28:36
218	131	Alex Greenwell	FRA	MV40	06:29:54
219	366	Roger Whitaker	CFR	MV65	06:32:03
220	369	Tim Whitehead	Keighley & Craven	M	06:34:45
221	232	Ben Mitchinson	CFR	M	06:38:33
222	84	Stephen Dixon	Valley Striders	MV55	06:46:07
223	106	Andy Fletcher	CFR	MV50	06:51:05
224	353	Martin Walsh	Lytham St Annes	MV60	06:55:15
225	355	Wayne Walsh	Bowland FR	MV50	06:58:19
226	112	Simon Franklin	Wharfedale Harriers	MV40	06:59:02
226					
=	7	Paul Atkinson	FRA	MV45	06:59:02
228	22	Stephen Batley	Skyrac	MV60	07:02:52
229	58	Nigel Coe	Ambleside AC	MV55	07:12:36
230	40	Raymond Brown	Penistone FR	MV65	07:23:28
231	24	Brian Belfield	Staffordshire Morelands AC	MV60	07:25:08
232	379	David Wilson	Todmorden Harriers	MV50	07:28:23
dnf	296	Andrew Schofield	Borrowdale FR	MV40	
dnf	126	Hodge Grayson	Ambleside AC	M	

dnf	88	Dan Duxbury	Ambleside AC	M
dnf	385	Trevor Wakenshaw	Northumberland FR	MV40
dnf	391	Alistair Hornsby	WCOC	MV45
dnf	362	Ian Warhurst	Pennine FR	MV50
dnf	294	David Sargent	Eden Runners	MV45
dnf	354	Mike Walsh	Kendal AC	MV60
dnf	314	Mark Steel	CFR	MV45
dnf	288	Mick Robinson	Nottingham AC	MV50
dnf	5	Roger Ashby	FRA	MV65
dnf	377	Bill Williamson	CFR	MV45
dnf	192	David Knight	Holmfirth Harriers	MV40
dnf	238	Fleecy Moss	Team St Bees	MV40

Race - MV40

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	324	Lloyd Taggart	Dark Peak	MV40	03:35:58
2	153	Ian Holmes	Bingley Harriers	MV40	03:41:08
3	32	Simon Booth	Borrowdale FR	MV40	03:44:51
4	168	John Hunt	Dark Peak	MV40	03:58:29
5	10	Dave Aucott	Dark Peak	MV40	04:02:31
6	383	Jonathan Wright	Todmorden Harriers	MV40	04:03:02
7	236	Jon Morgan	Dark Peak	MV40	04:05:43
8	83	Jonathan Deegan	Ambleside AC	MV40	04:05:50
9	289	Michael Robinson	Dark Peak	MV40	04:06:40
10	99	Mike Fanning	Borrowdale FR	MV40	04:11:37
11	90	Tim Edward	Clayton Le Moors Harriers	MV40	04:14:27
12	3	Martin Amor	CFR	MV40	04:16:02
13	203	James Logue	Calder Valley	MV40	04:16:41
14	316	Jason Stevens	Calder Valley	MV40	04:17:19
15	344	Steve Turland	Ilkley Harriers	MV40	04:19:11
16	36	John Boyle	Dark Peak	MV40	04:19:19
17	247	Dave Nuttall	Clayton Le Moors Harriers	MV40	04:20:46
18	292	Mark Russell	Bolton Tri Club	MV40	04:29:06
19	170	Simon Hunter	CFR	MV40	04:29:58

20	281	Alastair Rhodes-Dawson	Todmorden Harriers	MV40	04:36:38
21	307	Craig Smith	Keswick AC	MV40	04:37:32
22	245	Mike Nelson	Macclesfield Harriers	MV40	04:46:46
23	61	Jules Coleman	Lonsdale FR	MV40	04:49:05
24	169	Andrew Hunt	Otley AC	MV40	04:54:54
25	286	Andy Roberts	Congleton harriers	MV40	04:55:15
26	154	Martin Holroyd	Borrowdale FR	MV40	04:58:27
27	21	Stawart Barrie	Hunters Bog Trotters	MV40	05:01:54
28	252	Gary Parker	Calder Valley	MV40	05:02:31
29	392	Andrew Graham	CFR	MV40	05:02:54
30	293	Jim Ryder	Ilkley Harriers	MV40	05:05:34
31	240	Gerard Mulgrew	Ellenborough AC	MV40	05:07:49
32	67	Duncan Cooper	Ilkley Harriers	MV40	05:12:56
33	54	Richard Clark	Esk Valley FC	MV40	05:17:47
34	217	Andrew McFarlane	Clayton Le Moors Harriers	MV40	05:23:54
35	137	Nicholas Harper	Totley AC	MV40	05:27:59
36	120	Robin Gillespie	Eden Runners	MV40	05:30:35
37	329	John Taylor	Newport & District	MV40	05:32:04
38	165	Martin Huddleston	Calder Valley	MV40	05:36:25
39	382	Neil Worswick	Clayton Le Moors Harriers	MV40	05:37:28
40	201	Richard Lloyd	Mercia FR	MV40	05:39:09
41	209	Graeme Mactavish	FRA	MV40	05:39:21
42	132	Ian Haigh	Southwell RC	MV40	05:41:17
43	208	Sandy Mackenzie	Newport & District	MV40	05:46:21
44	115	Roy Gardner	Saddleworth	MV40	05:48:59
45	175	Paul Jackson	Chorley Harriers	MV40	05:51:12
46	253	Darren Parker	FRA	MV40	06:24:59
47	243	Andrew Murray	Keswick AC	MV40	06:28:36
48	131	Alex Greenwell	FRA	MV40	06:29:54
49	112	Simon Franklin	Wharfedale Harriers	MV40	06:59:02
dnf	296	Andrew Schofield	Borrowdale FR	MV40	
dnf	385	Trevor Wakenshaw	Northumberland FR	MV40	
dnf	192	David Knight	Holmfirth Harriers	MV40	
dnf	238	Fleecy Moss	Team St Bees	MV40	

Race - MV45

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	251	Mark Palmer	Myndd Du	MV45	03:46:22
2	320	Rick Stuart		MV45	04:10:35
3	284	Mark Roberts	Borrowdale FR	MV45	04:11:06
4	68	Paul Cornforth	Borrowdale FR	MV45	04:12:06
5	276	Chris Reade	Bowland FR	MV45	04:20:17
6	128	Michael Green	Horwich RMI	MV45	04:21:58
			Clayton Le Moors		
7	14	Chris Balderson	Harriers	MV45	04:34:00
8	367	Jonathan Whitaker	Ilkley Harriers	MV45	04:39:22
		Mark Mon-			
9	234	Williams	Ilkley Harriers	MV45	04:40:02
10	265	Martyn Pollitt	Burnden RR	MV45	04:40:56
11	230	Julien Minshull	Glossopdale Harriers	MV45	04:41:44
12	91	Mark Ellithorn	Chorley Harriers	MV45	04:44:44
13	94	Jonathan Emberton	Calder Valley	MV45	04:48:30
14	25	Steve Bell	Dark Peak	MV45	04:52:03
15	326	Peter Tayler	Black Combe Runners	MV45	04:53:39
			Clayton Le Moors		
16	375	Garry Wilkinson	Harriers	MV45	04:58:47
17	268	Huw Price	Bowland FR	MV45	04:59:17
18	9	David Atkinson	Northumberland F R	MV45	05:00:56
19	143	John Hewitt	Glossopdale Harriers	MV45	05:06:01
20	274	David Ralphs	Newbugh Nomads	MV45	05:08:08
21	339	Gary Thorpe	Ambleside AC	MV45	05:09:09
22	226	Brian Metia	Ilkley Harriers	MV45	05:09:34
23	282	Greg Rimmer	Dark Peak	MV45	05:11:11
24	69	Mick Cottam	Garstang	MV45	05:12:39
25	81	Peter Dawson	CFR	MV45	05:16:08
			Clayton Le Moors		
26	159	David Horrocks	Harriers	MV45	05:16:15
27	127	Clive Greatorex	Todmorden Harriers	MV45	05:19:11

28	202	Simon Lloyds		MV45	05:20:27
29	31	Vincent Booth	Cheshire Hill Races	MV45	05:22:04
30	333	Ian Taylor		MV45	05:22:45
31	309	Paul Smithson	Keighley & Craven	MV45	05:23:15
32	82	David Dedman	Esk Valley FC Clayton Le Moors	MV45	05:28:44
33	63	Ian Connell	Harriers	MV45	05:30:05
34	150	Noel Hogan	Newport & District	MV45	05:32:09
35	11	Mike Cooper	Cheshire Hill Races	MV45	05:32:26
36	100	Martin Farrar	Skyrac	MV45	05:35:17
37	92	Richard Ellwood		MV45	05:37:15
38	315	Dave Stephenson	Bingley Harriers	MV45	05:38:24
39	65	S. Paul Coope		MV45	05:38:44
40	194	Ned Lammas	Mercia FR	MV45	05:42:33
41	386	Mike Boyd		MV45	05:45:36
42	157	Ian Horne	Eden Runners	MV45	05:46:00
43	384	Ron Wynne	Keswick AC	MV45	05:48:28
44	221	Pat McIver	Black Combe Runners	MV45	05:48:39
45	27	Graham Bingham	Northumberland F R	MV45	05:54:43
46	93	Neil Elsander	Keswick AC	MV45	05:57:35
47	101	Peter Ferris	CFR	MV45	05:58:06
48	338	Clive Thornton	Esk Valley FC	MV45	05:58:32
49	34	Kevin Booth	Todmorden Harriers	MV45	05:59:36
50	303	Ian Shuttleworth	Holmfirth Harriers	MV45	06:03:40
51	302	Edwin Sherstone	Southport Waterloo AC	MV45	06:12:11
52	188	David Keeling	Cheshire Hill Races	MV45	06:23:20
53	390	David Harvey	Pennine FR	MV45	06:26:49
54	7	Paul Atkinson	FRA	MV45	06:59:02
dnf	391	Alistair Hornsby	WCOC	MV45	
dnf	294	David Sargent	Eden Runners	MV45	
dnf	314	Mark Steel	CFR	MV45	
dnf	377	Bill Williamson	CFR	MV45	

Race - MV50

23.000 miles 7500ft

Pos No.	Name	Club	Category	Time
1	182 Mike Johnson	Bowland FR	MV50	04:07:59
2	352 Mike Wallis	Clayton Le Moors Harriers	MV50	04:22:42
3	358 Leigh Warburton	Bowland FR	MV50	04:35:41
4	215 Ken Maynard	Durham Fell Runners	MV50	04:42:18
5	73 Peter Crompton	CFR	MV50	04:47:20
6	259 Phillip Pearson	Saltwell Harriers	MV50	04:48:35
7	371 Philip Whiting		MV50	04:54:16
8	373 Dicky Wilkinson	Dark Peak	MV50	04:56:07
9	160 Brian Horrocks	Clayton Le Moors Harriers	MV50	04:57:00
10	190 Oz Kershaw	Todmorden Harriers	MV50	05:02:04
11	117 Roy Gibson	Dark Peak	MV50	05:05:09
12	185 Robert Johnson	Southport Waterloo AC	MV50	05:06:55
13	158 Kieran Horrigan	FRA	MV50	05:10:12
14	111 Andrew Fox	Glossopdale Harriers	MV50	05:12:22
15	280 Alan Renfree		MV50	05:12:29
16	147 Phlip Hodgson	Todmorden Harriers	MV50	05:13:00
17	62 Dave Collins	Todmorden Harriers	MV50	05:14:04
18	249 Declan O'Duffy	Bowland FR	MV50	05:16:55
19	4 Rick Ansell	Tring RC	MV50	05:19:04
20	196 Roger Laycock	Settle Harriers	MV50	05:20:14
21	146 Andrew Hirst	Wharfedale Harriers	MV50	05:24:38
22	263 Gary Platt	Chorley Harriers	MV50	05:24:53
23	77 Richard Davies	Bowland FR	MV50	05:38:22
24	151 Dave Hogg	Glossopdale Harriers	MV50	05:42:28
25	140 John Hazell	FRA	MV50	05:45:20
26	200 Philip Lincoln Jones	Bingley Harriers	MV50	05:48:18
27	163 Max Howard	Retford AC	MV50	05:51:28
28	270 Robert Pritchard	Skyrac	MV50	05:52:29
29	323 Trevor Symonds	FRA	MV50	05:55:52
30	198 Richard Leonard	Todmorden Harriers	MV50	05:55:56
31	341 Dave Till	Helm Hill Runners	MV50	05:57:03
32	106 Andy Fletcher	CFR	MV50	06:51:05
33	355 Wayne Walsh	Bowland FR	MV50	06:58:19

34	379	David Wilson	Todmorden Harriers	MV50	07:28:23
dnf	362	Ian Warhurst	Pennine FR	MV50	
dnf	288	Mick Robinson	Nottingham AC	MV50	

Race - MV55

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	380	Jackie Winn	Ellenborough AC	MV55	04:27:50
2	218	Tom McGaff	Cheshire Hill Races	MV55	04:46:54
3	257	Nick Pearce	Ilkley Harriers	MV55	04:46:58
4	301	Jon Sharples	Clayton Le Moors Harriers	MV55	04:53:04
5	152	Keith Holmes	Dark Peak	MV55	04:58:28
6	33	Pete Booth	Clayton Le Moors Harriers	MV55	04:59:29
7	144	Nick Hewitt	Bowland FR	MV55	05:02:36
8	26	Richard Bellaries	Clayton Le Moors Harriers	MV55	05:04:37
9	141	Andrew Hearle Michael	Mercia FR	MV55	05:24:55
10	223	McLoughlin	Preston Harriers	MV55	05:30:01
11	148	Barry Hodgson	Ellenborough AC	MV55	05:33:10
12	287	Andrew Robinson	Clayton Le Moors Harriers	MV55	05:36:07
13	343	Mike Troup	Ambleside AC	MV55	05:40:44
14	51	Ian Charters	Horwich RMI	MV55	05:41:07
15	174	Steve Jackson	Horwich RMI	MV55	05:59:11
16	84	Stephen Dixon	Valley Striders	MV55	06:46:07
17	58	Nigel Coe	Ambleside AC	MV55	07:12:36

Race - MV60

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	334	Kenneth Taylor	Rossendale Harriers	MV60	04:50:09
2	125	Ben Grant	Harrogate Harriers	MV60	04:54:21
3	332	Robert Taylor	Pennine FR	MV60	05:07:36
4	74	Michael Crook	Horwich RMI	MV60	05:19:38
5	246	John Nixon	Borrowdale FR	MV60	05:29:58
6	331	John Taylor	Bowland FR	MV60	05:33:22

7	310	Geoff Somers	Keswick AC	MV60	05:50:12
8	186	Nick Harris	Rosendale Harriers	MV60	06:06:00
9	353	Martin Walsh	Lytham St Annes	MV60	06:55:15
10	22	Stephen Batley	Skyrac	MV60	07:02:52
11	24	Brian Belfield	Staffordshire Morelands AC	MV60	07:25:08
dnf	354	Mike Walsh	Kendal AC	MV60	

Race - MV65

23.000 miles 7500ft

Pos	No.	Name	Club	Category	Time
1	48	Kieran Carr	Clayton Le Moors Harriers	MV65	05:09:53
2	242	Paul Murray	Horwich RMI	MV65	05:41:37
3	38	Graham Breeze	Ilkley Harriers	MV65	06:06:09
4	366	Roger Whitaker	CFR	MV65	06:32:03
5	40	Raymond Brown	Penistone FR	MV65	07:23:28
dnf	5	Roger Ashby	FRA	MV65	

Pos	No.	Name	Cat.	Time	Great Bourne (1)	Red Pike (2)	Black Beck Tarn (3)	Green Gable (4)	Kirk Fell (5)	Pillar (6)	Haycock (7)	Iron Crag (8)	Crag Fell (9)	Finish
1	178	Rob Jebb Bingley Harriers	M	03:34:06	00:33:03	00:54:09	01:25:14	01:45:44	02:02:51	02:29:01	02:48:12	03:03:52	03:21:02	03:34:06
2	324	Lloyd Taggart Dark Peak	MV40	03:35:58	00:33:49	00:55:21	01:26:55	01:47:36	02:05:09	02:31:37	02:51:20	03:06:20	03:23:02	03:35:58
3	153	Ian Holmes Bingley Harriers	MV40	03:41:08	00:33:07	00:54:11	01:25:16	01:45:58	02:03:26	02:31:33	02:52:19	03:08:10	03:27:02	03:41:08
4	18	Ben Bardsley Borrowdale FR	M	03:41:51	00:33:04	00:54:10	01:25:27	01:45:48	02:03:12	02:30:16	02:51:16	03:08:16	03:27:53	03:41:51
5	32	Simon Booth Borrowdale FR	MV40	03:44:51	00:34:21	00:56:26	01:27:17	01:48:14	02:05:13	02:34:01	02:55:27	03:12:20	03:31:13	03:44:51

6	1	Ben Abdelnoor Ambleside AC	M	03:45:28	00:34:14	00:55:47	01:27:05	01:48:03	02:05:38	02:34:04	02:55:29	03:13:08	03:32:00	03:45:28
7	251	Mark Palmer Myndd Du	MV45	03:46:22	00:34:34	00:56:57	01:29:26	01:51:19	02:09:55	02:38:06	02:59:20	03:16:05	03:33:42	03:46:22
8	346	Pete Vale Mercia FR	M	03:49:59	00:33:11	00:55:18	01:27:00	01:48:26	02:06:44	02:35:47	02:57:20	03:14:51	03:34:58	03:49:59
9	168	John Hunt Dark Peak	MV40	03:58:29	00:34:41	00:57:09	01:31:14	01:55:00	02:14:17	02:44:23	03:07:11	03:24:53	03:45:24	03:58:29
10	136	Simon Harding Macclesfield Harriers	M	03:59:52	00:35:30	00:59:24	01:34:06	01:58:59	02:18:32	02:48:34	03:10:59	03:29:17	03:47:21	03:59:52
11	142	Steve Hebblethwaite Keswick AC	M	03:59:59	00:35:35	00:59:11	01:33:48	01:57:54	02:18:07	02:49:00	03:12:16	03:29:13	03:47:19	03:59:59
12	335	Paul Thompson Clayton Le Moors Harriers	M	04:01:29	00:35:45	00:59:49	01:35:21	01:59:30	02:19:18	02:50:00	03:12:27	03:29:35	03:48:14	04:01:29
13	10	Dave Aucott Dark Peak	MV40	04:02:31	00:34:23	00:56:57	01:31:17	01:56:12	02:16:50	02:48:12	03:11:05	03:29:40	03:48:16	04:02:31
14	383	Jonathan Wright Todmorden Harriers	MV40	04:03:02	00:35:31	00:59:19	01:34:08	01:59:21	02:18:27	02:49:07	03:12:37	03:30:08	03:49:14	04:03:02
15	119	Callum Gilhooley Dark Peak	M	04:04:22	00:35:25	00:57:19	01:30:12	01:56:18	02:16:52	02:48:38	03:10:36	03:30:29	03:50:39	04:04:22
16	363	Chris Waters Ambleside AC	M	04:05:41	00:36:40	01:00:50	01:34:22	02:00:16	02:19:21	02:50:57	03:13:08	03:29:44	03:49:02	04:05:41
17	236	Jon Morgan Dark Peak	MV40	04:05:43	00:34:31	00:56:59	01:30:09	01:56:31	02:16:45	02:48:50	03:11:52	03:30:11	03:50:23	04:05:43

18	Jonathan Deegan 83 Ambleside AC	MV40	04:05:50	00:35:14	00:59:22	01:34:17	01:57:57	02:18:10	02:49:44	03:13:12	03:31:19	03:51:13	04:05:50
				00:35:14	00:24:08	00:34:55	00:23:40	00:20:13	00:31:34	00:23:28	00:18:07	00:19:54	00:14:37
19	Michael Robinson 289 Dark Peak	MV40	04:06:40	00:37:00	01:01:10	01:35:59	02:00:49	02:21:42	02:52:32	03:15:32	03:34:01	03:53:51	04:06:40
				00:37:00	00:24:10	00:34:49	00:24:50	00:20:53	00:30:50	00:23:00	00:18:29	00:19:50	00:12:49
20	Matt Reedy 279 Ambleside AC	M	04:07:24	00:36:59	01:01:08	01:35:57	02:00:43	02:20:54	02:52:29	03:15:29	03:34:00	03:53:50	04:07:24
				00:36:59	00:24:09	00:34:49	00:24:46	00:20:11	00:31:35	00:23:00	00:18:31	00:19:50	00:13:34
21	Mike Johnson 182 Bowland FR	MV50	04:07:59	00:35:23	00:59:16	01:34:20	01:59:37	02:20:14	02:52:41	03:15:52	03:34:14	03:54:07	04:07:59
				00:35:23	00:23:53	00:35:04	00:25:17	00:20:37	00:32:27	00:23:11	00:18:22	00:19:53	00:13:52
22	Rhys Findlay-Robinson 104 Dark Peak	M	04:10:08	00:37:21	01:02:12	01:37:33	02:02:04	02:23:00	02:55:12	03:18:34	03:36:49	03:57:39	04:10:08
				00:37:21	00:24:51	00:35:21	00:24:31	00:20:56	00:32:12	00:23:22	00:18:15	00:20:50	00:12:29
23	Rick Stuart 320	MV45	04:10:35	00:35:44	00:59:45	01:35:18	02:00:51	02:21:52	02:54:05	03:18:37	03:37:00	03:56:52	04:10:35
				00:35:44	00:24:01	00:35:33	00:25:33	00:21:01	00:32:13	00:24:32	00:18:23	00:19:52	00:13:43
24	Dave Wilby 372 Ilkley Harriers	M	04:10:40	00:37:05	01:01:16	01:36:11	02:00:55	02:21:46	02:52:36	03:15:54	03:34:34	03:56:04	04:10:40
				00:37:05	00:24:11	00:34:55	00:24:44	00:20:51	00:30:50	00:23:18	00:18:40	00:21:30	00:14:36
25	Mark Roberts 284 Borrowdale FR	MV45	04:11:06	00:35:32	00:59:22	01:33:40	01:57:52	02:18:04	02:48:57	03:13:17	03:31:55	03:52:59	04:11:06
				00:35:32	00:23:50	00:34:18	00:24:12	00:20:12	00:30:53	00:24:20	00:18:38	00:21:04	00:18:07
26	Mike Fanning 99 Borrowdale FR	MV40	04:11:37	00:33:12	00:55:02	01:27:03	01:49:35	02:08:57	02:41:00	03:07:01	03:27:07	03:52:10	04:11:37
				00:33:12	00:21:50	00:32:01	00:22:32	00:19:22	00:32:03	00:26:01	00:20:06	00:25:03	00:19:27
27	Paul Cornforth 68 Borrowdale FR	MV45	04:12:06	00:36:57	01:01:08	01:36:04	02:00:47	02:22:02	02:54:23	03:18:14	03:37:23	03:57:45	04:12:06
				00:36:57	00:24:11	00:34:56	00:24:43	00:21:15	00:32:21	00:23:51	00:19:09	00:20:22	00:14:21
28	Tim Edward Clayton Le Moors 90 Harriers	MV40	04:14:27	00:38:05	01:04:05	01:40:58	02:07:31	02:28:26	03:01:27	03:24:47	03:42:19	04:02:02	04:14:27
				00:38:05	00:26:00	00:36:53	00:26:33	00:20:55	00:33:01	00:23:20	00:17:32	00:19:43	00:12:25
29	Richard McGrath 219 Ellenborough AC	M	04:15:26	00:38:25	01:03:55	01:40:06	02:06:16	02:26:59	02:59:44	03:24:05	03:43:01	04:02:37	04:15:26
				00:38:25	00:25:30	00:36:11	00:26:10	00:20:43	00:32:45	00:24:21	00:18:56	00:19:36	00:12:49

30	Martin Amor 3 CFR	MV40	04:16:02	00:35:27	00:59:17	01:35:31	01:59:28	02:19:45	02:54:57	03:20:05	03:39:12	04:00:17	04:16:02
				00:23:50	00:36:14		00:23:57	00:20:17	00:35:12	00:25:08	00:19:07	00:21:05	00:15:45
31	James Logue 203 Calder Valley	MV40	04:16:41	00:38:11	01:02:28	01:38:48	02:04:42	02:26:17	03:00:55	03:24:26	03:42:08	04:02:17	04:16:41
				00:24:17	00:36:20		00:25:54	00:21:35	00:34:38	00:23:31	00:17:42	00:20:09	00:14:24
32	Jason Stevens 316 Calder Valley	MV40	04:17:19	00:38:09	01:02:17	01:38:58	02:03:48	02:26:07	03:00:52	03:25:09	03:43:29	04:03:05	04:17:19
				00:24:08	00:36:41		00:24:50	00:22:19	00:34:45	00:24:17	00:18:20	00:19:36	00:14:14
33	Steve Turland 344 Ilkley Harriers	MV40	04:19:11	00:38:32	01:03:38	01:39:31	02:08:09	02:29:25	03:02:11	03:25:53	03:45:34	04:05:25	04:19:11
				00:25:06	00:35:53		00:28:38	00:21:16	00:32:46	00:23:42	00:19:41	00:19:51	00:13:46
34	John Boyle 36 Dark Peak	MV40	04:19:19	00:38:55	01:03:33	01:40:38	02:06:03	02:27:22	02:59:03	03:23:54	03:42:59	04:04:32	04:19:19
				00:24:38	00:37:05		00:25:25	00:21:19	00:31:41	00:24:51	00:19:05	00:21:33	00:14:47
35	Ian Barnes 19 Ambleside AC	M	04:19:33	00:37:35	01:02:53	01:38:27	02:04:48	02:26:12	03:00:36	03:25:30	03:44:38	04:05:04	04:19:33
				00:25:18	00:35:34		00:26:21	00:21:24	00:34:24	00:24:54	00:19:08	00:20:26	00:14:29
36	Gavin Pattison 256 Ellenborough AC	M	04:19:37	00:37:04	01:01:19	01:36:59	02:04:46	02:26:54	03:01:16	03:26:04	03:45:15	04:05:41	04:19:37
				00:24:15	00:35:40		00:27:47	00:22:08	00:34:22	00:24:48	00:19:11	00:20:26	00:13:56
37	Chris Reade 276 Bowland FR	MV45	04:20:17	00:36:33	01:00:59	01:35:43	02:01:25	02:21:49	02:55:05	03:20:28	03:42:58	04:04:46	04:20:17
				00:24:26	00:34:44		00:25:42	00:20:24	00:33:16	00:25:23	00:22:30	00:21:48	00:15:31
38	Dave Nuttall Clayton Le Moors 247 Harriers	MV40	04:20:46	00:39:29	01:04:56	01:44:05	02:09:48	02:30:36	03:03:34	03:27:35	03:46:06	04:06:16	04:20:46
				00:25:27	00:39:09		00:25:43	00:20:48	00:32:58	00:24:01	00:18:31	00:20:10	00:14:30
39	Craig Matlocks 214 Dark Peak	M	04:21:24	00:37:22	01:01:56	01:39:25	02:04:54	02:25:45	02:59:40	03:25:51	03:45:56	04:07:16	04:21:24
				00:24:34	00:37:29		00:25:29	00:20:51	00:33:55	00:26:11	00:20:05	00:21:20	00:14:08
40	Martin Mikklesen-Barron 227 Borrowdale FR	M	04:21:52	00:35:16	00:59:25	01:34:44	02:02:02	02:22:09	02:54:34	03:19:24	03:39:54	04:04:04	04:21:52
				00:24:09	00:35:19		00:27:18	00:20:07	00:32:25	00:24:50	00:20:30	00:24:10	00:17:48
41	Michael Green 128 Horwich RMI	MV45	04:21:58	00:38:29	01:04:34	01:43:18	02:09:46	02:31:24	03:04:38	03:29:32	03:47:26	04:08:06	04:21:58
				00:26:05	00:38:44		00:26:28	00:21:38	00:33:14	00:24:54	00:17:54	00:20:40	00:13:52

42	207	Jamie Luxmoore Keswick AC	M	04:22:25	00:37:40	01:02:20	01:38:47	02:03:33	02:23:48	02:56:35	03:22:18	03:43:16	04:06:27	04:22:25
43	42	Andy Brown Clayton Le Moors Harriers	M	04:22:28	00:41:31	01:09:27	01:49:36	02:15:35	02:36:14	03:07:49	03:31:55	03:50:22	04:09:34	04:22:28
44	352	Mike Wallis Clayton Le Moors Harriers	MV50	04:22:42	00:37:01	01:01:16	01:37:07	02:04:05	02:26:51	03:02:18	03:28:04	03:47:17	04:09:02	04:22:42
45	204	Iain Kelly Eden Runners	M	04:22:59	00:37:24	01:02:43	01:41:45	02:08:29	02:30:31	03:04:43	03:29:30	03:48:14	04:08:49	04:22:59
46	359	Dave Ward Borrowdale FR	M	04:23:10	00:36:57	01:02:09	01:38:45	02:05:18	02:26:24	03:01:40	03:27:33	03:48:09	04:08:51	04:23:10
47	197	Jackie Lee Eryri Harriers	L	04:23:43	00:38:55	01:04:26	01:43:14	02:09:50	02:31:47	03:06:29	03:30:23	03:49:21	04:09:29	04:23:43
48	76	Toby Cushion Keswick AC	M	04:27:50	00:38:51	01:04:47	01:44:45	02:12:06	02:34:57	03:09:55	03:35:30	03:54:35	04:14:45	04:27:50
48=	380	Jackie Winn Ellenborough AC	MV55	04:27:50	00:38:48	01:04:09	01:40:13	02:07:21	02:29:02	03:05:14	03:30:26	03:49:08	04:11:14	04:27:50
50	97	David Evans Ambleside AC	M	04:28:00	00:39:35	01:05:19	01:45:34	02:11:27	02:33:01	03:06:57	03:32:47	03:51:34	04:13:22	04:28:00
51	248	Hugh O'Donnell Ambleside AC	M	04:29:04	00:37:34	01:02:50	01:38:12	02:04:30	02:26:16	03:00:02	03:25:55	03:46:12	04:11:23	04:29:04
52	292	Mark Russell Bolton Tri Club	MV40	04:29:06	00:35:38	00:59:01	01:36:38	02:01:47	02:25:07	03:01:24	03:29:06	03:49:49	04:13:41	04:29:06
53	387	Jim Mann DFR	M	04:29:10	00:42:02	01:07:29	01:45:58	02:11:00	02:32:41	03:07:40	03:32:56	03:52:12	04:13:39	04:29:10

54	44	Mark Bryant Leeds City AC	M	04:29:14	00:36:35	01:00:53	01:38:29	02:04:50	02:26:44	03:01:53	03:28:48	03:49:31	04:12:45	04:29:14
					00:36:35	00:24:18	00:37:36	00:26:21	00:21:54	00:35:09	00:26:55	00:20:43	00:23:14	00:16:29
55	250	Mark Ollerenshaw Glossopdale Harriers	M	04:29:47	00:39:22	01:04:52	01:43:50	02:10:09	02:31:57	03:06:46	03:32:20	03:51:37	04:14:04	04:29:47
					00:39:22	00:25:30	00:38:58	00:26:19	00:21:48	00:34:49	00:25:34	00:19:17	00:22:27	00:15:43
56	170	Simon Hunter CFR	MV40	04:29:58	00:38:49	01:04:24	01:43:27	02:09:53	02:31:50	03:06:35	03:32:38	03:52:01	04:14:34	04:29:58
					00:38:49	00:25:35	00:39:03	00:26:26	00:21:57	00:34:45	00:26:03	00:19:23	00:22:33	00:15:24
57	278	Jane Reedy Ambleside AC	L	04:33:00	00:40:20	01:07:11	01:47:45	02:14:28	02:35:53	03:09:47	03:35:53	03:56:16	04:17:48	04:33:00
					00:40:20	00:26:51	00:40:34	00:26:43	00:21:25	00:33:54	00:26:06	00:20:23	00:21:32	00:15:12
58	239	Dave Motley Clayton Le Moors Harriers	M	04:33:48	00:40:26	01:06:36	01:47:48	02:13:47	02:36:27	03:10:17	03:36:28	03:56:01	04:18:48	04:33:48
					00:40:26	00:26:10	00:41:12	00:25:59	00:22:40	00:33:50	00:26:11	00:19:33	00:22:47	00:15:00
59	14	Chris Balderson Clayton Le Moors Harriers	MV45	04:34:00	00:40:24	01:06:43	01:47:43	02:14:03	02:36:21	03:10:35	03:36:38	03:56:19	04:18:50	04:34:00
					00:40:24	00:26:19	00:41:00	00:26:20	00:22:18	00:34:14	00:26:03	00:19:41	00:22:31	00:15:10
60	358	Leigh Warburton Bowland FR	MV50	04:35:41	00:39:11	01:05:45	01:45:13	02:12:18	02:34:49	03:09:36	03:35:36	03:56:21	04:19:13	04:35:41
					00:39:11	00:26:34	00:39:28	00:27:05	00:22:31	00:34:47	00:26:00	00:20:45	00:22:52	00:16:28
61	281	Alastair Rhodes-Dawson Todmorden Harriers	MV40	04:36:38	00:39:21	01:05:08	01:45:38	02:11:34	02:33:29	03:07:46	03:36:35	03:57:35	04:20:29	04:36:38
					00:39:21	00:25:47	00:40:30	00:25:56	00:21:55	00:34:17	00:28:49	00:21:00	00:22:54	00:16:09
62	46	James Byrne Ambleside AC	M	04:37:13	00:40:36	01:06:46	01:47:40	02:14:30	02:36:53	03:13:04	03:39:00	04:00:30	04:23:03	04:37:13
					00:40:36	00:26:10	00:40:54	00:26:50	00:22:23	00:36:11	00:25:56	00:21:30	00:22:33	00:14:10
63	307	Craig Smith Keswick AC	MV40	04:37:32	00:40:21	01:07:22	01:48:04	02:15:03	02:37:25	03:13:00	03:40:17	04:00:34	04:22:41	04:37:32
					00:40:21	00:27:01	00:40:42	00:26:59	00:22:22	00:35:35	00:27:17	00:20:17	00:22:07	00:14:51
64	103	Helen Fines Calder Valley	L	04:38:39	00:39:22	01:05:35	01:45:48	02:13:14	02:34:52	03:12:09	03:40:15	04:00:38	04:23:11	04:38:39
					00:39:22	00:26:13	00:40:13	00:27:26	00:21:38	00:37:17	00:28:06	00:20:23	00:22:33	00:15:28
65	367	Jonathan Whitaker Ilkley Harriers	MV45	04:39:22	00:39:14	01:05:58	01:45:32	02:13:42	02:36:19	03:13:44	03:40:54	04:01:31	04:24:09	04:39:22
					00:39:14	00:26:44	00:39:34	00:28:10	00:22:37	00:37:25	00:27:10	00:20:37	00:22:38	00:15:13

66	234	Mark Mon-Williams Ilkley Harriers	MV45	04:40:02	00:36:38	01:01:47	01:42:07	02:10:02	02:33:50	03:11:34	03:40:24	04:01:27	04:24:18	04:40:02
					00:36:38	00:25:09	00:40:20	00:27:55	00:23:48	00:37:44	00:28:50	00:21:03	00:22:51	00:15:44
67	16	Nick Barber Todmorden Harriers	M	04:40:16	00:39:20	01:05:07	01:46:06	02:13:58	02:36:38	03:13:35	03:41:38	04:03:34	04:25:17	04:40:16
					00:39:20	00:25:47	00:40:59	00:27:52	00:22:40	00:36:57	00:28:03	00:21:56	00:21:43	00:14:59
68	265	Martyn Pollitt Burnden RR	MV45	04:40:56	00:44:42	01:11:34	01:52:19	02:19:09	02:42:59	03:18:17	03:44:32	04:04:30	04:26:30	04:40:56
					00:44:42	00:26:52	00:40:45	00:26:50	00:23:50	00:35:18	00:26:15	00:19:58	00:22:00	00:14:26
69	230	Julien Minshull Glossopdale Harriers	MV45	04:41:44	00:41:15	01:08:10	01:49:29	02:15:57	02:38:49	03:16:39	03:43:50	04:04:13	04:26:27	04:41:44
					00:41:15	00:26:55	00:41:19	00:26:28	00:22:52	00:37:50	00:27:11	00:20:23	00:22:14	00:15:17
70	215	Ken Maynard Durham Fell Runners	MV50	04:42:18	00:39:41	01:06:05	01:45:57	02:13:38	02:35:45	03:14:06	03:42:48	04:05:07	04:27:59	04:42:18
					00:39:41	00:26:24	00:39:52	00:27:41	00:22:07	00:38:21	00:28:42	00:22:19	00:22:52	00:14:19
71	311	Nicky Spinks Dark Peak	LV40	04:42:58	00:41:30	01:09:54	01:53:36	02:21:58	02:45:12	03:21:02	03:47:07	04:07:05	04:28:25	04:42:58
					00:41:30	00:28:24	00:43:42	00:28:22	00:23:14	00:35:50	00:26:05	00:19:58	00:21:20	00:14:33
72	322	Dave Sykes Dark Peak	M	04:43:23	00:40:33	01:08:22	01:48:11	02:16:48	02:39:59	03:17:17	03:45:12	04:07:31	04:28:27	04:43:23
					00:40:33	00:27:49	00:39:49	00:28:37	00:23:11	00:37:18	00:27:55	00:22:19	00:20:56	00:14:56
73	262	Stefan Phillips	M	04:43:46	00:43:45	01:11:28	01:52:58	02:20:50	02:42:55	03:18:24	03:44:28	04:05:19	04:27:52	04:43:46
					00:43:45	00:27:43	00:41:30	00:27:52	00:22:05	00:35:29	00:26:04	00:20:51	00:22:33	00:15:54
74	180	Lauren Jeska Todmorden Harriers	L	04:44:25	00:38:00	01:03:48	01:43:12	02:12:28	02:36:48	03:15:47	03:44:02	04:05:22	04:28:47	04:44:25
					00:38:00	00:25:48	00:39:24	00:29:16	00:24:20	00:38:59	00:28:15	00:21:20	00:23:25	00:15:38
75	91	Mark Ellithorn Chorley Harriers	MV45	04:44:44	00:41:08	01:09:02	01:51:05	02:19:51	02:42:51	03:20:35	03:48:25	04:08:27	04:30:20	04:44:44
					00:41:08	00:27:54	00:42:03	00:28:46	00:23:00	00:37:44	00:27:50	00:20:02	00:21:53	00:14:24
76	245	Mike Nelson Macclesfield Harriers	MV40	04:46:46	00:42:00	01:09:01	01:52:03	02:19:26	02:42:49	03:21:29	03:48:02	04:08:59	04:31:20	04:46:46
					00:42:00	00:27:01	00:43:02	00:27:23	00:23:23	00:38:40	00:26:33	00:20:57	00:22:21	00:15:26
77	218	Tom McGaff Cheshire Hill Races	MV55	04:46:54	00:38:07	01:03:51	01:43:46	02:12:41	02:36:08	03:15:08	03:45:07	04:07:44	04:31:08	04:46:54
					00:38:07	00:25:44	00:39:55	00:28:55	00:23:27	00:39:00	00:29:59	00:22:37	00:23:24	00:15:46

78	257	Nick Pearce Ilkley Harriers	MV55	04:46:58	00:42:13	01:09:14	01:50:54	02:17:42	02:40:46	03:21:59	03:47:45	04:08:36	04:32:03	04:46:58
					00:27:01	00:41:40		00:26:48	00:23:04	00:41:13	00:25:46	00:20:51	00:23:27	00:14:55
79	73	Peter Crompton CFR	MV50	04:47:20	00:37:30	01:03:25	01:43:30	02:10:29	02:33:42	03:10:27	03:41:20	04:05:41	04:30:39	04:47:20
					00:25:55	00:40:05		00:26:59	00:23:13	00:36:45	00:30:53	00:24:21	00:24:58	00:16:41
80	94	Jonathan Emberton Calder Valley	MV45	04:48:30	00:41:38	01:08:55	01:50:56	02:19:03	02:42:56	03:20:32	03:47:58	04:09:14	04:32:50	04:48:30
					00:27:17	00:42:01		00:28:07	00:23:53	00:37:36	00:27:26	00:21:16	00:23:36	00:15:40
81	259	Phillip Pearson Saltwell Harriers	MV50	04:48:35	00:41:01	01:08:43	01:50:00	02:19:21	02:43:07	03:21:12	03:49:07	04:10:23	04:33:30	04:48:35
					00:27:42	00:41:17		00:29:21	00:23:46	00:38:05	00:27:55	00:21:16	00:23:07	00:15:05
82	61	Jules Coleman Lonsdale FR	MV40	04:49:05	00:41:14	01:09:04	01:51:22	02:21:12	02:45:20	03:22:10	03:48:31	04:09:13	04:32:32	04:49:05
					00:27:50	00:42:18		00:29:50	00:24:08	00:36:50	00:26:21	00:20:42	00:23:19	00:16:33
83	171	Jamie Hutchinsion Ilkley Harriers	M	04:49:22	00:40:29	01:06:25	01:47:28	02:16:02	02:40:49	03:25:46	03:54:30	04:14:48	04:35:39	04:49:22
					00:25:56	00:41:03		00:28:34	00:24:47	00:44:57	00:28:44	00:20:18	00:20:51	00:13:43
84	334	Kenneth Taylor Rossendale Harriers	MV60	04:50:09	00:39:12	01:05:46	01:45:45	02:14:34	02:39:07	03:17:27	03:44:53	04:07:15	04:32:37	04:50:09
					00:26:34	00:39:59		00:28:49	00:24:33	00:38:20	00:27:26	00:22:22	00:25:22	00:17:32
85	113	Derek Fuller Ilkley Harriers	M	04:51:37	00:39:18	01:06:39	01:48:30	02:17:32	02:41:31	03:23:53	03:51:12	04:12:55	04:36:26	04:51:37
					00:27:21	00:41:51		00:29:02	00:23:59	00:42:22	00:27:19	00:21:43	00:23:31	00:15:11
86	25	Steve Bell Dark Peak	MV45	04:52:03	00:39:00	01:04:39	01:48:47	02:15:53	02:38:27	03:16:47	03:43:54	04:07:34	04:33:18	04:52:03
					00:25:39	00:44:08		00:27:06	00:22:34	00:38:20	00:27:07	00:23:40	00:25:44	00:18:45
87	364	Tim Werrett Mercia FR	M	04:52:55	00:39:44	01:05:33	01:47:52	02:13:51	02:36:43	03:15:39	03:45:00	04:09:11	04:34:03	04:52:55
					00:25:49	00:42:19		00:25:59	00:22:52	00:38:56	00:29:21	00:24:11	00:24:52	00:18:52
88	301	Jon Sharples Clayton Le Moors Harriers	MV55	04:53:04	00:46:37	01:15:33	01:56:59	02:30:58	02:55:35	03:32:29	03:58:21	04:17:52	04:39:11	04:53:04
					00:28:56	00:41:26		00:33:59	00:24:37	00:36:54	00:25:52	00:19:31	00:21:19	00:13:53
89	326	Peter Taylor Black Combe Runners	MV45	04:53:39	00:40:42	01:08:30	01:51:03	02:20:45	02:45:39	03:26:00	03:54:02	04:15:26	04:38:16	04:53:39
					00:27:48	00:42:33		00:29:42	00:24:54	00:40:21	00:28:02	00:21:24	00:22:50	00:15:23

90	371	Philip Whiting	MV50	04:54:16	00:44:55	01:13:01	01:55:37	02:25:34	02:50:31	03:28:05	03:56:25	04:17:34	04:39:47	04:54:16
					00:28:06	00:42:36		00:29:57	00:24:57	00:37:34	00:28:20	00:21:09	00:22:13	00:14:29
91	125	Ben Grant	MV60	04:54:21	00:39:16	01:05:40	01:47:23	02:15:21	02:40:52	03:26:19	03:54:36	04:15:36	04:38:20	04:54:21
		Harrogate Harriers			00:26:24	00:41:43		00:27:58	00:25:31	00:45:27	00:28:17	00:21:00	00:22:44	00:16:01
92	169	Andrew Hunt	MV40	04:54:54	00:39:31	01:06:34	01:52:12	02:18:12	02:41:15	03:24:30	03:53:48	04:16:44	04:39:09	04:54:54
		Otley AC			00:27:03	00:45:38		00:26:00	00:23:03	00:43:15	00:29:18	00:22:56	00:22:25	00:15:45
93	286	Andy Roberts	MV40	04:55:15	00:40:32	01:08:29	01:50:04	02:20:37	02:44:53	03:26:28	03:56:20	04:17:29	04:40:32	04:55:15
		Congleton harriers			00:27:57	00:41:35		00:30:33	00:24:16	00:41:35	00:29:52	00:21:09	00:23:03	00:14:43
94	20	Paul Barnes	M	04:55:33	00:45:12	01:14:07	01:57:26	02:26:17	02:50:28	03:28:13	03:56:23	04:17:38	04:40:28	04:55:33
		Borrowdale FR			00:28:55	00:43:19		00:28:51	00:24:11	00:37:45	00:28:10	00:21:15	00:22:50	00:15:05
95	373	Dicky Wilkinson	MV50	04:56:07	00:42:42	01:11:00	01:56:26	02:26:37	02:53:23	03:31:46	03:59:12	04:19:36	04:42:34	04:56:07
		Dark Peak			00:28:18	00:45:26		00:30:11	00:26:46	00:38:23	00:27:26	00:20:24	00:22:58	00:13:33
96	160	Brian Horrocks	MV50	04:57:00	00:45:33	01:14:17	02:01:42	02:31:29	02:57:34	03:36:36	04:02:57	04:23:16	04:43:29	04:57:00
		Clayton Le Moors Harriers			00:28:44	00:47:25		00:29:47	00:26:05	00:39:02	00:26:21	00:20:19	00:20:13	00:13:31
97	154	Martin Holroyd	MV40	04:58:27	00:44:05	01:12:40	01:55:21	02:23:50	02:47:31	03:25:18	03:50:36	04:13:18	04:40:12	04:58:27
		Borrowdale FR			00:28:35	00:42:41		00:28:29	00:23:41	00:37:47	00:25:18	00:22:42	00:26:54	00:18:15
98	152	Keith Holmes	MV55	04:58:28	00:40:59	01:08:36	01:51:07	02:19:05	02:43:29	03:23:49	03:54:56	04:17:36	04:42:39	04:58:28
		Dark Peak			00:27:37	00:42:31		00:27:58	00:24:24	00:40:20	00:31:07	00:22:40	00:25:03	00:15:49
99	134	S Halliday	M	04:58:44	00:46:44	01:15:50	01:58:31	02:28:36	02:53:53	03:32:23	03:59:08	04:21:04	04:44:12	04:58:44
		Clayton Le Moors Harriers			00:29:06	00:42:41		00:30:05	00:25:17	00:38:30	00:26:45	00:21:56	00:23:08	00:14:32
100	375	Garry Wilkinson	MV45	04:58:47	00:36:36	01:01:04	01:37:31	02:06:14	02:29:18	03:06:38	03:36:46	04:05:28	04:39:07	04:58:47
		Clayton Le Moors Harriers			00:24:28	00:36:27		00:28:43	00:23:04	00:37:20	00:30:08	00:28:42	00:33:39	00:19:40
101	268	Huw Price	MV45	04:59:17	00:41:42	01:10:43	01:53:31	02:25:09	02:52:51	03:35:30	04:03:24	04:24:21	04:45:59	04:59:17
		Bowland FR			00:29:01	00:42:48		00:31:38	00:27:42	00:42:39	00:27:54	00:20:57	00:21:38	00:13:18

102	33	Pete Booth Clayton Le Moors Harriers	MV55	04:59:29	00:46:42	01:15:26	02:01:44	02:29:45	02:54:47	03:33:39	04:01:04	04:21:51	04:44:58	04:59:29
						00:28:44	00:46:18	00:28:01	00:25:02	00:38:52	00:27:25	00:20:47	00:23:07	00:14:31
103	130	Tracey Greenway Ilkley Harriers	LV45	04:59:35	00:39:51	01:07:16	01:48:18	02:16:06	02:40:42	03:25:49	03:57:23	04:19:29	04:43:58	04:59:35
						00:27:25	00:41:02	00:27:48	00:24:36	00:45:07	00:31:34	00:22:06	00:24:29	00:15:37
104	347	Mike Vogler Ambleside AC	M	04:59:36	00:43:49	01:12:44	01:56:54	02:27:08	02:52:26	03:30:33	03:58:54	04:20:38	04:44:53	04:59:36
						00:28:55	00:44:10	00:30:14	00:25:18	00:38:07	00:28:21	00:21:44	00:24:15	00:14:43
105	179	Kate Jenkins Hunters Bog Trotters	L	05:00:21	00:45:54	01:14:41	01:59:00	02:29:14	02:56:33	03:33:54	04:00:46	04:22:41	04:45:27	05:00:21
						00:28:47	00:44:19	00:30:14	00:27:19	00:37:21	00:26:52	00:21:55	00:22:46	00:14:54
106	9	David Atkinson Northumberland F R	MV45	05:00:56	00:43:41	01:12:30	01:57:28	02:27:05	02:52:42	03:32:32	04:00:55	04:23:38	04:47:01	05:00:56
						00:28:49	00:44:58	00:29:37	00:25:37	00:39:50	00:28:23	00:22:43	00:23:23	00:13:55
107	21	Stawart Barrie Hunters Bog Trotters	MV40	05:01:54	00:44:41	01:13:23	01:59:11	02:31:17	02:57:26	03:37:41	04:04:37	04:26:10	04:47:31	05:01:54
						00:28:42	00:45:48	00:32:06	00:26:09	00:40:15	00:26:56	00:21:33	00:21:21	00:14:23
108	190	Oz Kershaw Todmorden Harriers	MV50	05:02:04	00:44:29	01:14:03	02:00:11	02:31:01	02:56:40	03:36:14	04:04:28	04:24:53	04:47:08	05:02:04
						00:29:34	00:46:08	00:30:50	00:25:39	00:39:34	00:28:14	00:20:25	00:22:15	00:14:56
109	252	Gary Parker Calder Valley	MV40	05:02:31	00:47:11	01:15:59	02:01:48	02:31:14	02:56:04	03:37:32	04:05:13	04:25:38	04:47:30	05:02:31
						00:28:48	00:45:49	00:29:26	00:24:50	00:41:28	00:27:41	00:20:25	00:21:52	00:15:01
110	144	Nick Hewitt Bowland FR	MV55	05:02:36	00:41:12	01:08:56	01:51:01	02:22:22	02:48:56	03:28:23	03:58:32	04:21:58	04:45:46	05:02:36
						00:27:44	00:42:05	00:31:21	00:26:34	00:39:27	00:30:09	00:23:26	00:23:48	00:16:50
111	392	Andrew Graham CFR	MV40	05:02:54	00:46:55	01:15:15	01:59:25	02:33:13	02:56:38	03:34:51	04:02:43	04:24:24	04:47:24	05:02:54
						00:28:20	00:44:10	00:33:48	00:23:25	00:38:13	00:27:52	00:21:41	00:23:00	00:15:30
112	26	Richard Bellaries Clayton Le Moors Harriers	MV55	05:04:37	00:44:13	01:13:20	01:57:06	02:28:43	02:54:57	03:34:47	04:03:54	04:26:06	04:49:19	05:04:37
						00:29:07	00:43:46	00:31:37	00:26:14	00:39:50	00:29:07	00:22:12	00:23:13	00:15:18
113	116	Andy Gibbons Warrington RR	M	05:04:42	00:40:10	01:07:52	01:51:20	02:22:28	02:49:09	03:32:38	04:05:05	04:26:19	04:48:57	05:04:42
						00:27:42	00:43:28	00:31:08	00:26:41	00:43:29	00:32:27	00:21:14	00:22:38	00:15:45

114	117	Roy Gibson Dark Peak	MV50	05:05:09	00:43:42	01:12:01	01:56:14	02:27:17	02:53:25	03:33:01	04:02:32	04:25:20	04:49:08	05:05:09
					00:43:42	00:28:19	00:44:13	00:31:03	00:26:08	00:39:36	00:29:31	00:22:48	00:23:48	00:16:01
115	293	Jim Ryder Ilkley Harriers	MV40	05:05:34	00:45:14	01:13:56	01:59:33	02:29:06	02:54:51	03:34:00	04:02:37	04:25:14	04:49:22	05:05:34
					00:45:14	00:28:42	00:45:37	00:29:33	00:25:45	00:39:09	00:28:37	00:22:37	00:24:08	00:16:12
116	143	John Hewitt Glossopdale Harriers	MV45	05:06:01	00:45:03	01:13:27	02:01:03	02:32:04	02:57:54	03:36:56	04:06:31	04:28:56	04:51:25	05:06:01
					00:45:03	00:28:24	00:47:36	00:31:01	00:25:50	00:39:02	00:29:35	00:22:25	00:22:29	00:14:36
117	290	Hazel Robinson Ambleside AC	L	05:06:23	00:45:29	01:14:27	02:00:31	02:30:38	02:55:29	03:35:12	04:02:53	04:25:08	04:49:43	05:06:23
					00:45:29	00:28:58	00:46:04	00:30:07	00:24:51	00:39:43	00:27:41	00:22:15	00:24:35	00:16:40
118	185	Robert Johnson Southport Waterloo AC	MV50	05:06:55	00:44:22	01:13:12	02:00:36	02:30:41	02:55:47	03:35:16	04:02:41	04:24:57	04:49:31	05:06:55
					00:44:22	00:28:50	00:47:24	00:30:05	00:25:06	00:39:29	00:27:25	00:22:16	00:24:34	00:17:24
119	332	Robert Taylor Pennine FR	MV60	05:07:36	00:41:47	01:10:01	01:57:01	02:32:15	02:57:45	03:38:20	04:07:19	04:30:07	04:52:39	05:07:36
					00:41:47	00:28:14	00:47:00	00:35:14	00:25:30	00:40:35	00:28:59	00:22:48	00:22:32	00:14:57
120	145	Tamara Hird Wharfedale Harriers	L	05:07:47	00:42:45	01:12:07	01:59:42	02:30:33	02:56:30	03:36:52	04:06:47	04:29:07	04:52:06	05:07:47
					00:42:45	00:29:22	00:47:35	00:30:51	00:25:57	00:40:22	00:29:55	00:22:20	00:22:59	00:15:41
121	240	Gerard Mulgrew Ellenborough AC	MV40	05:07:49	00:42:34	01:10:53	01:56:47	02:27:41	02:54:43	03:36:44	04:06:38	04:29:41	04:52:49	05:07:49
					00:42:34	00:28:19	00:45:54	00:30:54	00:27:02	00:42:01	00:29:54	00:23:03	00:23:08	00:15:00
122	274	David Ralphs Newbugh Nomads	MV45	05:08:08	00:44:25	01:13:53	01:59:23	02:30:44	02:56:49	03:38:17	04:07:59	04:29:43	04:52:47	05:08:08
					00:44:25	00:29:28	00:45:30	00:31:21	00:26:05	00:41:28	00:29:42	00:21:44	00:23:04	00:15:21
123	339	Gary Thorpe Ambleside AC	MV45	05:09:09	00:43:38	01:10:57	01:58:58	02:27:53	02:52:33	03:31:33	04:01:49	04:24:20	04:49:35	05:09:09
					00:43:38	00:27:19	00:48:01	00:28:55	00:24:40	00:39:00	00:30:16	00:22:31	00:25:15	00:19:34
124	378	Holly Williamson Keswick AC	L	05:09:33	00:43:52	01:13:32	02:01:57	02:32:52	02:58:33	03:38:22	04:06:54	04:29:01	04:52:43	05:09:33
					00:43:52	00:29:40	00:48:25	00:30:55	00:25:41	00:39:49	00:28:32	00:22:07	00:23:42	00:16:50
125	226	Brian Metia Ilkley Harriers	MV45	05:09:34	00:43:37	01:13:06	02:00:39	02:31:22	02:57:16	03:38:25	04:07:25	04:29:05	04:53:10	05:09:34
					00:43:37	00:29:29	00:47:33	00:30:43	00:25:54	00:41:09	00:29:00	00:21:40	00:24:05	00:16:24

126	48	Kieran Carr Clayton Le Moors Harriers	MV65	05:09:53	00:45:07	01:14:15	01:58:46	02:30:36	02:55:57	03:36:58	04:06:17	04:29:50	04:54:04	05:09:53
					00:29:08	00:44:31		00:31:50	00:25:21	00:41:01	00:29:19	00:23:33	00:24:14	00:15:49
127	158	Kieran Horrigan FRA	MV50	05:10:12	00:45:35	01:14:19	02:00:27	02:28:41	02:55:12	03:36:33	04:05:30	04:29:39	04:54:07	05:10:12
					00:28:44	00:46:08		00:28:14	00:26:31	00:41:21	00:28:57	00:24:09	00:24:28	00:16:05
128	23	Liz Batt Dark Peak	LV45	05:10:24	00:44:14	01:12:05	01:57:32	02:27:43	02:53:21	03:33:48	04:01:56	04:26:08	04:51:55	05:10:24
					00:27:51	00:45:27		00:30:11	00:25:38	00:40:27	00:28:08	00:24:12	00:25:47	00:18:29
129	282	Greg Rimmer Dark Peak	MV45	05:11:11	00:48:06	01:17:12	02:03:00	02:33:33	02:59:41	03:39:48	04:07:30	04:29:46	04:54:02	05:11:11
					00:29:06	00:45:48		00:30:33	00:26:08	00:40:07	00:27:42	00:22:16	00:24:16	00:17:09
130	348	Bryan Wakeley Ambleside AC	M	05:12:16	00:42:57	01:11:50	01:57:30	02:29:49	02:57:18	03:39:42	04:10:26	04:33:42	04:57:28	05:12:16
					00:28:53	00:45:40		00:32:19	00:27:29	00:42:24	00:30:44	00:23:16	00:23:46	00:14:48
131	111	Andrew Fox Glossopdale Harriers	MV50	05:12:22	00:48:29	01:19:51	02:08:59	02:39:12	03:05:00	03:42:54	04:10:51	04:32:08	04:55:24	05:12:22
					00:31:22	00:49:08		00:30:13	00:25:48	00:37:54	00:27:57	00:21:17	00:23:16	00:16:58
132	280	Alan Renfree	MV50	05:12:29	00:43:01	01:12:19	02:02:14	02:31:49	02:58:42	03:39:01	04:09:23	04:31:50	04:55:51	05:12:29
					00:29:18	00:49:55		00:29:35	00:26:53	00:40:19	00:30:22	00:22:27	00:24:01	00:16:38
133	69	Mick Cottam Garstang	MV45	05:12:39	00:42:49	01:11:09	01:55:52	02:26:11	02:50:44	03:31:54	04:02:28	04:26:05	04:53:46	05:12:39
					00:28:20	00:44:43		00:30:19	00:24:33	00:41:10	00:30:34	00:23:37	00:27:41	00:18:53
134	85	Wendy Dodds Clayton Le Moors Harriers	LV55	05:12:49	00:45:06	01:15:01	02:00:48	02:31:25	02:57:52	03:38:12	04:07:42	04:30:52	04:55:29	05:12:49
					00:29:55	00:45:47		00:30:37	00:26:27	00:40:20	00:29:30	00:23:10	00:24:37	00:17:20
135	67	Duncan Cooper Ilkley Harriers	MV40	05:12:56	00:45:32	01:14:52	02:03:39	02:32:28	02:58:39	03:38:09	04:07:45	04:30:14	04:56:05	05:12:56
					00:29:20	00:48:47		00:28:49	00:26:11	00:39:30	00:29:36	00:22:29	00:25:51	00:16:51
136	147	Philip Hodgson Todmorden Harriers	MV50	05:13:00	00:43:39	01:14:12	02:02:23	02:35:49	03:02:29	03:43:38	04:12:18	04:35:25	04:58:26	05:13:00
					00:30:33	00:48:11		00:33:26	00:26:40	00:41:09	00:28:40	00:23:07	00:23:01	00:14:34
137	62	Dave Collins Todmorden Harriers	MV50	05:14:04	00:39:31	01:06:31	01:50:29	02:21:38	02:47:13	03:30:06	04:03:16	04:29:56	04:57:49	05:14:04
					00:27:00	00:43:58		00:31:09	00:25:35	00:42:53	00:33:10	00:26:40	00:27:53	00:16:15

138	275	Alison Raw Bingley Harriers	LV45	05:14:15	00:44:51	01:14:16	02:03:17	02:33:11	02:59:47	03:40:14	04:10:07	04:32:51	04:56:58	05:14:15
					00:44:51	00:29:25	00:49:01	00:29:54	00:26:36	00:40:27	00:29:53	00:22:44	00:24:07	00:17:17
138=	102	Olly Fielden CFR	M	05:14:15	00:46:44	01:16:23	02:04:29	02:35:54	03:02:08	03:42:38	04:12:02	04:34:59	04:59:02	05:14:15
					00:46:44	00:29:39	00:48:06	00:31:25	00:26:14	00:40:30	00:29:24	00:22:57	00:24:03	00:15:13
140	98	Catherine Evans Keswick AC	L	05:15:00	00:47:27	01:18:46	02:09:41	02:41:31	03:07:06	03:46:29	04:13:58	04:35:43	04:58:51	05:15:00
					00:47:27	00:31:19	00:50:55	00:31:50	00:25:35	00:39:23	00:27:29	00:21:45	00:23:08	00:16:09
141	95	Chris Evans Keswick AC	M	05:15:01	00:47:29	01:18:49	02:09:46	02:41:33	03:07:08	03:46:32	04:13:57	04:35:34	04:58:37	05:15:01
					00:47:29	00:31:20	00:50:57	00:31:47	00:25:35	00:39:24	00:27:25	00:21:37	00:23:03	00:16:24
142	81	Peter Dawson CFR	MV45	05:16:08	00:39:33	01:05:25	01:45:46	02:14:16	02:39:04	03:24:26	03:58:10	04:26:02	04:56:02	05:16:08
					00:39:33	00:25:52	00:40:21	00:28:30	00:24:48	00:45:22	00:33:44	00:27:52	00:30:00	00:20:06
143	159	David Horrocks Clayton Le Moors Harriers	MV45	05:16:15	00:48:33	01:18:39	02:10:13	02:40:09	03:07:04	03:45:29	04:13:17	04:35:45	04:58:55	05:16:15
					00:48:33	00:30:06	00:51:34	00:29:56	00:26:55	00:38:25	00:27:48	00:22:28	00:23:10	00:17:20
144	249	Declan O'Duffy Bowland FR	MV50	05:16:55	00:46:36	01:15:36	02:00:56	02:32:07	02:59:04	03:40:13	04:10:13	04:33:53	04:59:56	05:16:55
					00:46:36	00:29:00	00:45:20	00:31:11	00:26:57	00:41:09	00:30:00	00:23:40	00:26:03	00:16:59
145	213	Sarah Massey Bowland FR	L	05:17:02	00:44:11	01:14:32	02:04:50	02:35:15	03:02:37	03:43:41	04:13:54	04:36:26	05:00:23	05:17:02
					00:44:11	00:30:21	00:50:18	00:30:25	00:27:22	00:41:04	00:30:13	00:22:32	00:23:57	00:16:39
146	54	Richard Clark Esk Valley FC	MV40	05:17:47	00:43:56	01:12:27	01:57:04	02:27:38	02:52:45	03:34:18	04:04:45	04:29:36	04:57:14	05:17:47
					00:43:56	00:28:31	00:44:37	00:30:34	00:25:07	00:41:33	00:30:27	00:24:51	00:27:38	00:20:33
147	388	Nigel Tate DFR	M	05:17:56	00:42:03	01:07:27	01:46:03	02:13:56	02:43:50	03:31:39	04:05:54	04:33:40	04:59:51	05:17:56
					00:42:03	00:25:24	00:38:36	00:27:53	00:29:54	00:47:49	00:34:15	00:27:46	00:26:11	00:18:05
148	260	Martin Perry York Acorn RC	M	05:18:07	00:43:56	01:11:46	01:56:20	02:27:22	02:55:26	03:37:17	04:06:56	04:33:37	04:59:34	05:18:07
					00:43:56	00:27:50	00:44:34	00:31:02	00:28:04	00:41:51	00:29:39	00:26:41	00:25:57	00:18:33
149	337	David Thornley	M	05:18:37	00:49:28	01:19:15	02:03:14	02:33:08	02:58:47	03:43:07	04:14:56	04:38:04	05:02:13	05:18:37
					00:49:28	00:29:47	00:43:59	00:29:54	00:25:39	00:44:20	00:31:49	00:23:08	00:24:09	00:16:24

150	Rick Ansell 4 Tring RC	MV50	05:19:04	00:43:45	01:13:41	02:06:09	02:37:33	03:04:34	03:44:38	04:14:13	04:37:42	05:01:51	05:19:04
				00:29:56	00:52:28		00:31:24	00:27:01	00:40:04	00:29:35	00:23:29	00:24:09	00:17:13
151	Clive Greatorex 127 Todmorden Harriers	MV45	05:19:11	00:47:52	01:17:23	02:05:54	02:37:34	03:04:09	03:44:33	04:13:43	04:36:28	05:00:50	05:19:11
				00:29:31	00:48:31		00:31:40	00:26:35	00:40:24	00:29:10	00:22:45	00:24:22	00:18:21
152	Michael Crook 74 Horwich RMI	MV60	05:19:38	00:45:25	01:14:13	02:03:54	02:33:19	03:00:53	03:44:41	04:13:46	04:38:15	05:02:42	05:19:38
				00:28:48	00:49:41		00:29:25	00:27:34	00:43:48	00:29:05	00:24:29	00:24:27	00:16:56
153	Roger Laycock 196 Settle Harriers	MV50	05:20:14	00:46:54	01:15:41	02:01:06	02:32:10	02:58:54	03:40:22	04:12:37	04:36:22	05:02:21	05:20:14
				00:28:47	00:45:25		00:31:04	00:26:44	00:41:28	00:32:15	00:23:45	00:25:59	00:17:53
154	Simon Lloyds 202	MV45	05:20:27	00:45:18	01:15:04	02:01:38	02:34:05	03:01:35	03:45:37	04:15:26	04:38:34	05:03:16	05:20:27
				00:29:46	00:46:34		00:32:27	00:27:30	00:44:02	00:29:49	00:23:08	00:24:42	00:17:11
155	Sean McKeag 222 Ripon Runners	M	05:20:38	00:47:30	01:18:33	02:08:32	02:40:47	03:07:41	03:48:43	04:18:25	04:40:47	05:05:34	05:20:38
				00:31:03	00:49:59		00:32:15	00:26:54	00:41:02	00:29:42	00:22:22	00:24:47	00:15:04
156	Vincent Booth 31 Cheshire Hill Races	MV45	05:22:04	00:41:36	01:10:12	01:56:02	02:31:03	02:58:04	03:41:42	04:16:05	04:40:19	05:06:04	05:22:04
				00:28:36	00:45:50		00:35:01	00:27:01	00:43:38	00:34:23	00:24:14	00:25:45	00:16:00
157	Jane Leonard 199 Todmorden Harriers	LV50	05:22:42	00:47:52	01:19:20	02:06:30	02:39:01	03:05:18	03:45:21	04:14:59	04:39:14	05:05:36	05:22:42
				00:31:28	00:47:10		00:32:31	00:26:17	00:40:03	00:29:38	00:24:15	00:26:22	00:17:06
158	Ian Taylor 333	MV45	05:22:45	00:47:00	01:17:08	02:07:03	02:38:07	03:05:04	03:47:13	04:18:29	04:41:45	05:06:02	05:22:45
				00:30:08	00:49:55		00:31:04	00:26:57	00:42:09	00:31:16	00:23:16	00:24:17	00:16:43
159	Paul Smithson 309 Keighley & Craven	MV45	05:23:15	00:44:08	01:12:50	01:59:02	02:29:17	02:56:57	03:38:04	04:10:09	04:35:05	05:02:07	05:23:15
				00:28:42	00:46:12		00:30:15	00:27:40	00:41:07	00:32:05	00:24:56	00:27:02	00:21:08
160	Phil Swan 321 Glossopdale Harriers	M	05:23:17	00:47:57	01:16:37	02:04:56	02:35:26	03:04:36	03:44:43	04:13:51	04:36:13	05:03:35	05:23:17
				00:28:40	00:48:19		00:30:30	00:29:10	00:40:07	00:29:08	00:22:22	00:27:22	00:19:42
161	Andrew McFarlane Clayton Le Moors 217 Harriers	MV40	05:23:54	00:45:57	01:14:47	02:01:47	02:29:59	02:55:22	03:38:32	04:13:03	04:39:55	05:05:32	05:23:54
				00:28:50	00:47:00		00:28:12	00:25:23	00:43:10	00:34:31	00:26:52	00:25:37	00:18:22

162	146	Andrew Hirst Wharfedale Harriers	MV50	05:24:38	00:47:40	01:18:35	02:03:44	02:35:43	03:03:56	03:46:55	04:18:08	04:40:33	05:06:12	05:24:38
					00:47:40	00:30:55	00:45:09	00:31:59	00:28:13	00:42:59	00:31:13	00:22:25	00:25:39	00:18:26
163	263	Gary Platt Chorley Harriers	MV50	05:24:53	00:46:39	01:16:10	02:06:41	02:37:27	03:05:06	03:48:02	04:18:46	04:42:52	05:08:16	05:24:53
					00:46:39	00:29:31	00:50:31	00:30:46	00:27:39	00:42:56	00:30:44	00:24:06	00:25:24	00:16:37
164	141	Andrew Hearle Mercia FR	MV55	05:24:55	00:45:23	01:15:44	02:04:41	02:36:20	03:04:18	03:46:03	04:16:53	04:42:36	05:07:53	05:24:55
					00:45:23	00:30:21	00:48:57	00:31:39	00:27:58	00:41:45	00:30:50	00:25:43	00:25:17	00:17:02
165	87	Mathew Driscoll York Acorn RC	M	05:26:19	00:41:56	01:10:10	01:59:30	02:31:54	03:00:35	03:46:57	04:20:42	04:44:28	05:08:31	05:26:19
					00:41:56	00:28:14	00:49:20	00:32:24	00:28:41	00:46:22	00:33:45	00:23:46	00:24:03	00:17:48
166	193	Helen Lambert Calder Valley	LV40	05:27:13	00:43:52	01:14:35	02:03:37	02:35:22	03:02:42	03:45:49	04:16:15	04:42:13	05:09:39	05:27:13
					00:43:52	00:30:43	00:49:02	00:31:45	00:27:20	00:43:07	00:30:26	00:25:58	00:27:26	00:17:34
167	211	Nathan Martin Holmfirth Harriers	M	05:27:55	00:45:31	01:15:53	02:06:49	02:38:59	03:06:50	03:49:11	04:21:31	04:46:56	05:11:48	05:27:55
					00:45:31	00:30:22	00:50:56	00:32:10	00:27:51	00:42:21	00:32:20	00:25:25	00:24:52	00:16:07
168	137	Nicholas Harper Totley AC	MV40	05:27:59	00:48:30	01:19:06	02:12:12	02:44:43	03:12:51	03:54:12	04:25:14	04:48:21	05:12:30	05:27:59
					00:48:30	00:30:36	00:53:06	00:32:31	00:28:08	00:41:21	00:31:02	00:23:07	00:24:09	00:15:29
169	135	Richard Hampson Calder Valley	M	05:28:29	00:45:07	01:13:44	01:57:20	02:30:59	02:57:37	03:43:22	04:16:39	04:42:35	05:09:05	05:28:29
					00:45:07	00:28:37	00:43:36	00:33:39	00:26:38	00:45:45	00:33:17	00:25:56	00:26:30	00:19:24
170	64	Phillip Conner Esk Valley FC	M	05:28:44	00:46:25	01:15:54	02:05:24	02:37:25	03:04:32	03:46:42	04:20:22	04:45:10	05:10:44	05:28:44
					00:46:25	00:29:29	00:49:30	00:32:01	00:27:07	00:42:10	00:33:40	00:24:48	00:25:34	00:18:00
170=	82	David Dedman Esk Valley FC	MV45	05:28:44	00:46:26	01:16:00	02:05:37	02:37:23	03:04:30	03:47:00	04:20:40	04:45:13	05:10:58	05:28:44
					00:46:26	00:29:34	00:49:37	00:31:46	00:27:07	00:42:30	00:33:40	00:24:33	00:25:45	00:17:46
172	30	Gavin Bland Borrowdale FR	M	05:29:30	00:47:35	01:16:14	01:56:16	02:24:56	02:48:53	03:28:40	04:00:42	04:30:35	05:04:28	05:29:30
					00:47:35	00:28:39	00:40:02	00:28:40	00:23:57	00:39:47	00:32:02	00:29:53	00:33:53	00:25:02
173	49	Jo Gillyon Keswick AC	L	05:29:33	00:47:26	01:18:43	02:09:38	02:41:37	03:08:40	03:50:42	04:20:45	04:45:35	05:11:46	05:29:33
					00:47:26	00:31:17	00:50:55	00:31:59	00:27:03	00:42:02	00:30:03	00:24:50	00:26:11	00:17:47

174	246	John Nixon Borrowdale FR	MV60	05:29:58	00:45:22	01:15:30	02:10:10	02:39:55	03:06:45	03:47:37	04:19:02	04:44:48	05:11:10	05:29:58
						00:30:08	00:54:40	00:29:45	00:26:50	00:40:52	00:31:25	00:25:46	00:26:22	00:18:48
175	223	Michael McLoughlin Preston Harriers	MV55	05:30:01	00:46:46	01:17:20	02:06:31	02:38:49	03:06:09	03:47:44	04:20:35	04:45:48	05:12:10	05:30:01
						00:30:34	00:49:11	00:32:18	00:27:20	00:41:35	00:32:51	00:25:13	00:26:22	00:17:51
176	63	Ian Connell Clayton Le Moors Harriers	MV45	05:30:05	00:49:52	01:21:40	02:09:47	02:40:51	03:07:44	03:49:29	04:21:19	04:46:51	05:13:52	05:30:05
						00:31:48	00:48:07	00:31:04	00:26:53	00:41:45	00:31:50	00:25:32	00:27:01	00:16:13
177	120	Robin Gillespie Eden Runners	MV40	05:30:35	00:42:56	01:13:34	02:01:36	02:34:59	03:03:23	03:46:14	04:18:06	04:44:08	05:13:01	05:30:35
						00:30:38	00:48:02	00:33:23	00:28:24	00:42:51	00:31:52	00:26:02	00:28:53	00:17:34
178	271	Derek Queenan	L	05:31:43	00:48:46	01:19:22	02:09:30	02:41:01	03:08:27	03:51:01	04:24:07	04:48:45	05:14:32	05:31:43
						00:30:36	00:50:08	00:31:31	00:27:26	00:42:34	00:33:06	00:24:38	00:25:47	00:17:11
179	330	Jo Taylor Bowland FR	LV45	05:32:03	00:46:48	01:17:37	02:07:21	02:38:56	03:06:17	03:49:14	04:21:16	04:46:36	05:13:40	05:32:03
						00:30:49	00:49:44	00:31:35	00:27:21	00:42:57	00:32:02	00:25:20	00:27:04	00:18:23
180	329	John Taylor Newport & District	MV40	05:32:04	00:48:18	01:19:11	02:13:10	02:45:37	03:13:09	03:54:00	04:25:18	04:49:26	05:14:42	05:32:04
						00:30:53	00:53:59	00:32:27	00:27:32	00:40:51	00:31:18	00:24:08	00:25:16	00:17:22
181	150	Noel Hogan Newport & District	MV45	05:32:09	00:46:20	01:16:16	02:08:48	02:41:20	03:09:55	03:52:48	04:25:35	04:49:32	05:14:47	05:32:09
						00:29:56	00:52:32	00:32:32	00:28:35	00:42:53	00:32:47	00:23:57	00:25:15	00:17:22
182	11	Mike Cooper Cheshire Hill Races	MV45	05:32:26	00:46:06	01:16:07	02:05:26	02:37:38	03:06:53	03:49:25	04:24:17	04:48:47	05:14:52	05:32:26
						00:30:01	00:49:19	00:32:12	00:29:15	00:42:32	00:34:52	00:24:30	00:26:05	00:17:34
183	166	Isaline Hughes Burnden RR	LV40	05:32:29	00:47:01	01:17:16	02:12:06	02:45:01	03:14:08	03:54:34	04:26:13	04:49:37	05:15:10	05:32:29
						00:30:15	00:54:50	00:32:55	00:29:07	00:40:26	00:31:39	00:23:24	00:25:33	00:17:19
184	148	Barry Hodgson Ellenborough AC	MV55	05:33:10	00:45:10	01:13:30	02:01:45	02:35:06	03:03:29	03:50:01	04:26:01	04:49:56	05:15:13	05:33:10
						00:28:20	00:48:15	00:33:21	00:28:23	00:46:32	00:36:00	00:23:55	00:25:17	00:17:57
185	331	John Taylor Bowland FR	MV60	05:33:22	00:48:36	01:20:11	02:12:11	02:45:09	03:13:32	03:56:40	04:28:38	04:51:59	05:17:12	05:33:22
						00:31:35	00:52:00	00:32:58	00:28:23	00:43:08	00:31:58	00:23:21	00:25:13	00:16:10

186	350	Geraldene Walkington Horwich RMI	LV50	05:33:32	00:47:18	01:18:07	02:09:56	02:42:48	03:11:19	03:55:59	04:26:45	04:50:28	05:16:20	05:33:32
187	138	Lucy Harris Pennine FR	L	05:34:17	00:44:00	01:14:38	02:02:28	02:34:54	03:01:37	03:45:42	04:18:43	04:45:38	05:12:56	05:34:17
188	164	Judy Howells Wharfedale Harriers	L	05:34:39	00:46:48	01:16:07	02:09:18	02:41:25	03:08:43	03:51:44	04:24:38	04:50:11	05:15:26	05:34:39
189	100	Martin Farrar Skyrac	MV45	05:35:17	00:46:13	01:18:12	02:07:46	02:41:07	03:08:22	03:52:35	04:25:29	04:50:13	05:16:23	05:35:17
190	287	Andrew Robinson Clayton Le Moors Harriers	MV55	05:36:07	00:48:04	01:18:31	02:08:26	02:39:14	03:06:56	03:52:41	04:27:05	04:51:03	05:17:00	05:36:07
191	165	Martin Huddleston Calder Valley	MV40	05:36:25	00:47:16	01:17:15	02:09:58	02:40:57	03:08:48	03:52:32	04:27:14	04:51:46	05:17:07	05:36:25
192	92	Richard Ellwood	MV45	05:37:15	00:45:51	01:16:20	02:09:02	02:41:50	03:10:36	03:55:45	04:28:17	04:53:51	05:18:49	05:37:15
193	50	Jackie Casey Black Combe Runners	LV50	05:37:20	00:45:16	01:15:31	02:08:39	02:42:01	03:11:10	03:56:14	04:29:07	04:54:32	05:20:13	05:37:20
194	382	Neil Worswick Clayton Le Moors Harriers	MV40	05:37:28	00:47:45	01:19:01	02:10:31	02:43:07	03:12:31	03:59:08	04:33:15	04:58:26	05:22:42	05:37:28
195	357	Sarah Warburton Todmorden Harriers	L	05:38:16	00:48:38	01:19:59	02:09:49	02:43:42	03:13:22	03:59:45	04:31:08	04:54:46	05:19:49	05:38:16
196	77	Richard Davies Bowland FR	MV50	05:38:22	00:41:10	01:08:51	01:51:38	02:24:57	02:53:20	03:39:39	04:16:23	04:46:21	05:16:50	05:38:22
197	315	Dave Stephenson Bingley Harriers	MV45	05:38:24	00:44:53	01:15:47	02:10:26	02:44:07	03:13:49	03:59:07	04:32:31	04:56:21	05:20:52	05:38:24

198	370	Ruth Whitehead Bingley Harriers	L	05:38:25	00:44:51	01:15:49	02:10:25	02:44:05	03:13:44	03:59:03	04:32:33	04:56:20	05:20:50	05:38:25
						00:30:58	00:54:36	00:33:40	00:29:39	00:45:19	00:33:30	00:23:47	00:24:30	00:17:35
199	65	S. Paul Coope	MV45	05:38:44	00:46:16	01:17:40	02:10:38	02:42:44	03:10:59	03:55:49	04:29:19	04:54:03	05:20:20	05:38:44
						00:31:24	00:52:58	00:32:06	00:28:15	00:44:50	00:33:30	00:24:44	00:26:17	00:18:24
200	365	Alison Weston Ilkley Harriers	LV40	05:39:06	00:48:59	01:22:20	02:15:29	02:48:53	03:17:05	03:59:05	04:31:24	04:55:39	05:22:02	05:39:06
						00:33:21	00:53:09	00:33:24	00:28:12	00:42:00	00:32:19	00:24:15	00:26:23	00:17:04
201	201	Richard Lloyd Mercia FR	MV40	05:39:09	00:40:06	01:08:14	01:51:25	02:27:13	02:57:48	03:48:27	04:28:35	04:56:08	05:21:39	05:39:09
						00:28:08	00:43:11	00:35:48	00:30:35	00:50:39	00:40:08	00:27:33	00:25:31	00:17:30
202	345	Andrew Turner Ellenborough AC	M	05:39:19	00:45:00	01:13:16	01:58:37	02:28:39	02:55:43	03:41:06	04:15:50	04:43:31	05:13:38	05:39:19
						00:28:16	00:45:21	00:30:02	00:27:04	00:45:23	00:34:44	00:27:41	00:30:07	00:25:41
203	209	Graeme Mactavish FRA	MV40	05:39:21	00:46:04	01:16:52	02:08:02	02:40:05	03:07:29	03:51:21	04:25:51	04:51:37	05:20:09	05:39:21
						00:30:48	00:51:10	00:32:03	00:27:24	00:43:52	00:34:30	00:25:46	00:28:32	00:19:12
204	114	Julie Gardner Dark Peak	LV50	05:40:09	00:49:47	01:21:48	02:15:32	02:48:46	03:17:02	03:59:20	04:31:04	04:55:28	05:22:06	05:40:09
						00:32:01	00:53:44	00:33:14	00:28:16	00:42:18	00:31:44	00:24:24	00:26:38	00:18:03
205	277	Jacquelin Redmayne Chorley Harriers	LV40	05:40:21	00:45:02	01:15:32	02:09:10	02:42:54	03:13:35	03:59:25	04:34:23	04:59:59	05:24:02	05:40:21
						00:30:30	00:53:38	00:33:44	00:30:41	00:45:50	00:34:58	00:25:36	00:24:03	00:16:19
206	343	Mike Troup Ambleside AC	MV55	05:40:44	00:48:23	01:19:31	02:15:08	02:48:22	03:17:33	04:02:09	04:35:57	05:00:16	05:24:12	05:40:44
						00:31:08	00:55:37	00:33:14	00:29:11	00:44:36	00:33:48	00:24:19	00:23:56	00:16:32
207	51	Ian Charters Horwich RMI	MV55	05:41:07	00:44:39	01:15:23	02:07:19	02:42:05	03:11:30	03:56:28	04:31:18	04:56:33	05:23:33	05:41:07
						00:30:44	00:51:56	00:34:46	00:29:25	00:44:58	00:34:50	00:25:15	00:27:00	00:17:34
208	132	Ian Haigh Southwell RC	MV40	05:41:17	00:46:50	01:15:46	02:08:51	02:39:24	03:07:51	03:54:54	04:30:21	04:56:10	05:22:09	05:41:17
						00:28:56	00:53:05	00:30:33	00:28:27	00:47:03	00:35:27	00:25:49	00:25:59	00:19:08
209	242	Paul Murray Horwich RMI	MV65	05:41:37	00:46:42	01:18:01	02:10:08	02:43:17	03:11:37	03:56:16	04:30:18	04:55:51	05:23:30	05:41:37
						00:31:19	00:52:07	00:33:09	00:28:20	00:44:39	00:34:02	00:25:33	00:27:39	00:18:07

210	151	Dave Hogg Glossopdale Harriers	MV50	05:42:28	00:47:09	01:16:20	02:07:38	02:40:53	03:10:51	03:54:56	04:31:21	04:56:46	05:24:19	05:42:28
						00:29:11	00:51:18	00:33:15	00:29:58	00:44:05	00:36:25	00:25:25	00:27:33	00:18:09
211	17	Sheila Barbour Evesham Vale RC	L	05:42:29	00:48:26	01:19:35	02:13:20	02:49:31	03:17:00	04:00:07	04:32:38	04:58:08	05:24:17	05:42:29
						00:31:09	00:53:45	00:36:11	00:27:29	00:43:07	00:32:31	00:25:30	00:26:09	00:18:12
212	194	Ned Lammas Mercia FR	MV45	05:42:33	00:48:27	01:19:40	02:13:18	02:49:40	03:16:56	04:00:09	04:32:40	04:57:57	05:24:14	05:42:33
						00:31:13	00:53:38	00:36:22	00:27:16	00:43:13	00:32:31	00:25:17	00:26:17	00:18:19
213	191	Jan Klouzal	M	05:42:59	00:41:28	01:09:40	02:00:17	02:34:27	03:07:23	03:54:24	04:30:39	04:56:59	05:24:23	05:42:59
						00:28:12	00:50:37	00:34:10	00:32:56	00:47:01	00:36:15	00:26:20	00:27:24	00:18:36
214	229	Celia Mills Calder Valley	LV45	05:43:25	00:49:39	01:23:11	02:15:30	02:48:28	03:15:35	03:59:34	04:33:23	04:59:05	05:25:11	05:43:25
						00:33:32	00:52:19	00:32:58	00:27:07	00:43:59	00:33:49	00:25:42	00:26:06	00:18:14
215	258	Mark Pearson	M	05:43:30	00:48:20	01:18:29	02:09:59	02:41:03	03:09:22	03:54:28	04:27:29	04:57:28	05:24:41	05:43:30
						00:30:09	00:51:30	00:31:04	00:28:19	00:45:06	00:33:01	00:29:59	00:27:13	00:18:49
216	140	John Hazell FRA	MV50	05:45:20	00:47:47	01:18:59	02:09:33	02:43:51	03:15:41	04:02:04	04:35:23	05:00:39	05:27:51	05:45:20
						00:31:12	00:50:34	00:34:18	00:31:50	00:46:23	00:33:19	00:25:16	00:27:12	00:17:29
217	386	Mike Boyd	MV45	05:45:36	00:47:33	01:17:51	02:10:16	02:43:33	03:13:01	03:58:59	04:31:15	04:56:23	05:24:46	05:45:36
						00:30:18	00:52:25	00:33:17	00:29:28	00:45:58	00:32:16	00:25:08	00:28:23	00:20:50
218	157	Ian Horne Eden Runners	MV45	05:46:00	00:45:15	01:14:49	02:03:04	02:35:36	03:04:15	03:49:38	04:26:49	04:54:41	05:24:20	05:46:00
						00:29:34	00:48:15	00:32:32	00:28:39	00:45:23	00:37:11	00:27:52	00:29:39	00:21:40
219	208	Sandy Mackenzie Newport & District	MV40	05:46:21	00:48:13	01:19:56	02:13:05	02:46:29	03:14:49	03:59:29	04:35:32	05:02:19	05:29:10	05:46:21
						00:31:43	00:53:09	00:33:24	00:28:20	00:44:40	00:36:03	00:26:47	00:26:51	00:17:11
220	299	Britta Sendlhofer Ambleside AC	L	05:46:40	00:49:49	01:22:35	02:18:29	02:51:46	03:20:23	04:06:08	04:39:01	05:03:59	05:28:55	05:46:40
						00:32:46	00:55:54	00:33:17	00:28:37	00:45:45	00:32:53	00:24:58	00:24:56	00:17:45
221	39	Kath Brierley Todmorden Harriers	LV45	05:48:05	00:47:21	01:17:18	02:06:54	02:40:54	03:12:23	04:01:00	04:40:17	05:08:01	05:33:18	05:48:05
						00:29:57	00:49:36	00:34:00	00:31:29	00:48:37	00:39:17	00:27:44	00:25:17	00:14:47

222	Jennie Chatterley	LV40	00:49:54	01:21:08	02:15:42	02:48:56	03:17:10	04:01:20	04:33:02	04:59:12	05:26:49	05:48:15	
52	CFR		05:48:15	00:49:54	00:31:14	00:54:34	00:33:14	00:28:14	00:44:10	00:31:42	00:26:10	00:27:37	00:21:26
223	Samatha Ayers	L	00:49:56	01:21:38	02:15:39	02:48:51	03:17:12	04:01:18	04:33:00	04:59:10	05:26:40	05:48:17	
12	CFR		05:48:17	00:49:56	00:31:42	00:54:01	00:33:12	00:28:21	00:44:06	00:31:42	00:26:10	00:27:30	00:21:37
224	Philip Lincoln Jones	MV50	00:49:02	01:22:16	02:15:12	02:48:57	03:17:28	03:59:54	04:32:29	04:57:40	05:26:20	05:48:18	
200	Bingley Harriers		05:48:18	00:49:02	00:33:14	00:52:56	00:33:45	00:28:31	00:42:26	00:32:35	00:25:11	00:28:40	00:21:58
225	Ron Wynne	MV45	00:50:51	01:21:17	02:14:06	02:47:06	03:15:14	03:58:39	04:33:06	05:00:13	05:29:21	05:48:28	
384	Keswick AC		05:48:28	00:50:51	00:30:26	00:52:49	00:33:00	00:28:08	00:43:25	00:34:27	00:27:07	00:29:08	00:19:07
226	Geoff Smith	M	00:46:33	01:17:06	02:10:43	02:44:22	03:14:06	04:01:12	04:35:21	05:04:04	05:30:53	05:48:32	
305	Clayton Le Moors Harriers		05:48:32	00:46:33	00:30:33	00:53:37	00:33:39	00:29:44	00:47:06	00:34:09	00:28:43	00:26:49	00:17:39
227	Pat Mclver	MV45	00:45:28	01:15:16	02:06:28	02:41:15	03:12:05	03:59:56	04:35:02	04:59:48	05:29:34	05:48:39	
221	Black Combe Runners		05:48:39	00:45:28	00:29:48	00:51:12	00:34:47	00:30:50	00:47:51	00:35:06	00:24:46	00:29:46	00:19:05
228	Roy Gardner	MV40	00:46:29	01:18:25	02:11:40	02:46:25	03:16:54	04:03:07	04:37:44	05:03:55	05:30:01	05:48:59	
115	Saddleworth		05:48:59	00:46:29	00:31:56	00:53:15	00:34:45	00:30:29	00:46:13	00:34:37	00:26:11	00:26:06	00:18:58
229	Gill Myers	LV50	00:45:19	01:15:35	02:09:00	02:40:23	03:08:46	03:54:49	04:29:42	04:56:54	05:25:45	05:49:05	
244	Wharfedale Harriers		05:49:05	00:45:19	00:30:16	00:53:25	00:31:23	00:28:23	00:46:03	00:34:53	00:27:12	00:28:51	00:23:20
230	Geoff Somers	MV60	00:49:13	01:21:54	02:12:54	02:48:06	03:16:43	04:01:14	04:34:41	05:02:13	05:31:54	05:50:12	
310	Keswick AC		05:50:12	00:49:13	00:32:41	00:51:00	00:35:12	00:28:37	00:44:31	00:33:27	00:27:32	00:29:41	00:18:18
231	Catherine Bradley	L	00:47:48	01:19:37	02:15:25	02:48:49	03:20:28	04:06:35	04:39:03	05:04:02	05:31:42	05:50:18	
37	Wharfedale Harriers		05:50:18	00:47:48	00:31:49	00:55:48	00:33:24	00:31:39	00:46:07	00:32:28	00:24:59	00:27:40	00:18:36
232	Dan Gooddey	M	00:48:22	01:18:57	02:07:42	02:40:32	03:08:32	03:52:10	04:27:23	04:55:21	05:26:02	05:50:29	
121	Bingley Harriers		05:50:29	00:48:22	00:30:35	00:48:45	00:32:50	00:28:00	00:43:38	00:35:13	00:27:58	00:30:41	00:24:27
233	Kirsty Hall	L	00:47:31	01:18:54	02:09:43	02:43:01	03:12:47	03:58:57	04:36:15	05:02:42	05:32:51	05:50:43	
133	Wharfedale Harriers		05:50:43	00:47:31	00:31:23	00:50:49	00:33:18	00:29:46	00:46:10	00:37:18	00:26:27	00:30:09	00:17:52

234	175	Paul Jackson Chorley Harriers	MV40	05:51:12	00:48:05	01:19:03	02:13:01	02:45:03	03:14:46	04:01:16	04:35:48	05:03:06	05:31:59	05:51:12
					00:48:05	00:30:58	00:53:58	00:32:02	00:29:43	00:46:30	00:34:32	00:27:18	00:28:53	00:19:13
235	163	Max Howard Retford AC	MV50	05:51:28	00:46:59	01:17:11	02:10:40	02:42:30	03:13:37	03:59:28	04:35:26	05:02:17	05:31:44	05:51:28
					00:46:59	00:30:12	00:53:29	00:31:50	00:31:07	00:45:51	00:35:58	00:26:51	00:29:27	00:19:44
236	270	Robert Pritchard Skyrac	MV50	05:52:29	00:44:54	01:14:42	02:07:09	02:40:19	03:09:50	03:57:29	04:33:59	05:03:33	05:31:39	05:52:29
					00:44:54	00:29:48	00:52:27	00:33:10	00:29:31	00:47:39	00:36:30	00:29:34	00:28:06	00:20:50
237	27	Graham Bingham Northumberland F R	MV45	05:54:43	00:46:39	01:18:51	02:12:15	02:47:32	03:18:24	04:07:04	04:43:05	05:09:01	05:35:58	05:54:43
					00:46:39	00:32:12	00:53:24	00:35:17	00:30:52	00:48:40	00:36:01	00:25:56	00:26:57	00:18:45
238	323	Trevor Symonds FRA	MV50	05:55:52	00:45:47	01:17:29	02:10:29	02:45:49	03:17:14	04:06:32	04:41:33	05:07:50	05:35:54	05:55:52
					00:45:47	00:31:42	00:53:00	00:35:20	00:31:25	00:49:18	00:35:01	00:26:17	00:28:04	00:19:58
239	198	Richard Leonard Todmorden Harriers	MV50	05:55:56	00:46:49	01:17:34	02:15:03	02:48:24	03:17:23	04:00:00	04:34:48	05:03:57	05:32:55	05:55:56
					00:46:49	00:30:45	00:57:29	00:33:21	00:28:59	00:42:37	00:34:48	00:29:09	00:28:58	00:23:01
239=	75	Ben Crowther Todmorden Harriers	M	05:55:56	00:46:26	01:14:09	01:56:52	02:31:08	02:57:01	03:42:41	04:26:04	05:04:52	05:34:48	05:55:56
					00:46:26	00:27:43	00:42:43	00:34:16	00:25:53	00:45:40	00:43:23	00:38:48	00:29:56	00:21:08
241	183	Paul Johnson	M	05:56:05	00:45:26	01:15:12	02:00:20	02:33:50	03:05:27	03:59:32	04:36:38	05:04:41	05:34:35	05:56:05
					00:45:26	00:29:46	00:45:08	00:33:30	00:31:37	00:54:05	00:37:06	00:28:03	00:29:54	00:21:30
242	341	Dave Till Helm Hill Runners	MV50	05:57:03	00:49:17	01:22:50	02:14:55	02:50:18	03:19:14	04:08:10	04:42:32	05:09:31	05:38:40	05:57:03
					00:49:17	00:33:33	00:52:05	00:35:23	00:28:56	00:48:56	00:34:22	00:26:59	00:29:09	00:18:23
243	93	Neil Elsander Keswick AC	MV45	05:57:35	00:45:01	01:15:19	02:10:05	02:43:57	03:15:01	04:03:32	04:40:46	05:09:15	05:37:06	05:57:35
					00:45:01	00:30:18	00:54:46	00:33:52	00:31:04	00:48:31	00:37:14	00:28:29	00:27:51	00:20:29
244	101	Peter Ferris CFR	MV45	05:58:06	00:50:19	01:22:38	02:15:19	02:48:41	03:17:07	04:04:36	04:39:12	05:08:38	05:36:42	05:58:06
					00:50:19	00:32:19	00:52:41	00:33:22	00:28:26	00:47:29	00:34:36	00:29:26	00:28:04	00:21:24
245	338	Clive Thornton Esk Valley FC	MV45	05:58:32	00:43:54	01:13:09	02:02:17	02:37:20	03:08:52	03:58:02	04:36:09	05:08:47	05:39:10	05:58:32
					00:43:54	00:29:15	00:49:08	00:35:03	00:31:32	00:49:10	00:38:07	00:32:38	00:30:23	00:19:22

246	174	Steve Jackson Horwich RMI	MV55	05:59:11	00:46:51	00:31:05	00:52:24	01:17:56	02:10:20	02:43:19	03:11:21	03:59:11	04:36:56	05:09:25	05:40:45	05:59:11	00:18:26
247	34	Kevin Booth Todmorden Harriers	MV45	05:59:36	00:47:50	00:29:42	00:48:41	01:17:32	02:06:13	02:39:20	03:08:38	03:58:54	04:32:55	05:06:45	05:38:06	05:59:36	00:21:30
248	72	Chris Cripps Macclesfield Harriers	M	06:00:35	00:49:45	00:32:23	00:52:58	01:22:08	02:15:06	02:49:09	03:18:56	04:05:28	04:43:01	05:12:23	05:40:23	06:00:35	00:20:12
249	303	Ian Shuttleworth Holmfirth Harriers	MV45	06:03:40	00:48:00	00:31:17	00:54:29	01:19:17	02:13:46	02:53:11	03:24:39	04:16:01	04:51:27	05:21:39	05:46:53	06:03:40	00:16:47
250	173	Clare Kenny Calder Valley	LV50	06:03:58	00:47:24	00:32:38	00:51:55	01:20:02	02:11:57	02:44:52	03:14:43	04:02:07	04:41:45	05:12:25	05:40:29	06:03:58	00:23:29
251	186	Nick Harris Rossendale Harriers	MV60	06:06:00	00:47:08	00:32:17	00:55:58	01:19:25	02:15:23	02:51:08	03:23:52	04:14:57	04:51:47	05:20:57	05:47:46	06:06:00	00:18:14
252	273	Davina Raidy Rossendale Harriers	LV40	06:06:02	00:47:15	00:32:12	00:56:11	01:19:27	02:15:38	02:52:26	03:24:00	04:15:08	04:51:57	05:20:59	05:47:43	06:06:02	00:18:19
253	38	Graham Breeze Ilkley Harriers	MV65	06:06:09	00:49:35	00:32:27	00:53:58	01:22:02	02:16:00	02:51:02	03:20:08	04:10:55	04:53:38	05:21:11	05:48:44	06:06:09	00:17:25
254	302	Edwin Sherstone Southport Waterloo AC	MV45	06:12:11	00:45:20	00:30:50	00:52:40	01:16:10	02:08:50	02:42:12	03:15:11	04:04:27	04:42:14	05:14:04	05:48:36	06:12:11	00:23:35
255	188	David Keeling Cheshire Hill Races	MV45	06:23:20	00:46:52	00:30:53	00:50:30	01:17:45	02:08:15	02:43:03	03:13:57	04:01:09	04:42:46	05:14:42	05:50:32	06:23:20	00:32:48
256	253	Darren Parker FRA	MV40	06:24:59	00:51:34	00:36:31	01:00:01	01:28:05	02:28:06	03:06:37	03:37:40	04:28:22	05:04:42	05:32:28	06:03:21	06:24:59	00:21:38
257	241	Linda Murgatroyd Calder Valley	LV40	06:26:44	00:47:35	00:32:58	00:57:31	01:20:33	02:18:04	02:54:31	03:28:47	04:27:08	05:04:25	05:33:53	06:06:37	06:26:44	00:20:07

258	390	David Harvey Pennine FR	MV45	06:26:49	00:45:00	00:29:47	01:14:47	02:02:43	02:34:56	03:02:45	04:26:50	05:04:20	05:33:56	06:06:39	06:26:49
259	172	Jennifer Hutton Bowland FR	L	06:27:09	00:51:16	00:34:50	01:26:06	02:26:30	03:03:41	03:38:10	04:28:33	05:05:59	05:34:12	06:07:01	06:27:09
260	243	Andrew Murray Keswick AC	MV40	06:28:36	00:48:11	00:32:33	01:20:44	02:13:15	02:50:42	03:24:28	04:15:28	04:55:30	05:27:10	06:03:24	06:28:36
261	131	Alex Greenwell FRA	MV40	06:29:54	00:53:19	00:33:38	01:26:57	02:26:57	03:05:01	03:38:55	04:33:52	05:11:53	05:41:07	06:09:21	06:29:54
262	366	Roger Whitaker CFR	MV65	06:32:03	00:49:11	00:32:24	01:21:35	02:21:59	02:57:13	03:32:09	04:26:44	05:06:36	05:37:29	06:09:09	06:32:03
263	210	Becca Marshall Keighley & Craven	LV40	06:34:27	00:47:39	00:32:48	01:20:27	02:18:00	02:54:46	03:28:51	04:27:29	05:04:48	05:36:10	06:09:17	06:34:27
264	369	Tim Whitehead Keighley & Craven	M	06:34:45	00:47:42	00:32:48	01:20:30	02:17:14	02:54:48	03:28:54	04:28:16	05:05:28	05:36:24	06:11:34	06:34:45
265	232	Ben Mitchinson CFR	M	06:38:33	00:44:56	00:31:08	01:16:04	02:12:48	02:49:57	03:26:12	04:27:32	05:07:59	05:42:26	06:17:18	06:38:33
266	84	Stephen Dixon Valley Striders	MV55	06:46:07	00:50:01	00:34:17	01:24:18	02:25:25	03:05:54	03:40:47	04:32:59	05:11:00	05:41:09	06:17:15	06:46:07
267	2	Louise Abdy Todmorden Harriers	LV45	06:47:45	00:50:23	00:35:06	01:25:29	02:25:22	03:04:36	03:40:04	04:34:41	05:15:40	05:15:40	06:24:17	06:47:45
267=	336	Katy Thompson Clayton Le Moors Harriers	LV55	06:47:45	00:51:13	00:35:12	01:26:25	02:25:17	03:05:12	03:39:12	04:34:37	05:15:38	05:15:38	06:24:57	06:47:45
269	106	Andy Fletcher CFR	MV50	06:51:05	00:50:18	00:31:55	01:22:13	02:16:42	02:56:21	03:32:27	04:31:07	05:13:17	05:13:17	06:24:30	06:51:05

dnf	Andrew Schofield		00:35:20	01:01:14	----	----	----	----	----	----	----	----
	296 Borrowdale FR	MV40	00:35:20	00:25:54	----	----	----	----	----	----	----	----
dnf	Bill Williamson		00:45:12	01:15:37	----	----	----	----	----	----	----	----
	377 CFR	MV45	00:45:12	00:30:25	----	----	----	----	----	----	----	----
dnf	Dan Duxbury		00:40:30	----	----	----	----	----	----	----	----	----
	88 Ambleside AC	M	00:40:30	----	----	----	----	----	----	----	----	----
dnf	Sue Hodgkinson		00:46:57	01:19:57	02:19:26	----	----	----	----	----	----	----
	149 Black Combe Runners	L	00:46:57	00:33:00	00:59:29	----	----	----	----	----	----	----
dnf	Ian Warhurst		00:44:57	01:13:32	02:00:22	02:30:46	02:55:54	----	----	----	----	----
	362 Pennine FR	MV50	00:44:57	00:28:35	00:46:50	00:30:24	00:25:08	----	----	----	----	----
dnf	David Sargent		00:38:19	01:04:29	01:44:00	02:12:52	02:38:57	03:37:26	04:24:42	----	----	----
	294 Eden Runners	MV45	00:38:19	00:26:10	00:39:31	00:28:52	00:26:05	00:58:29	00:47:16	----	----	----
dnf	Mike Walsh		00:39:26	01:06:01	----	----	----	----	----	----	----	----
	354 Kendal AC	MV60	00:39:26	00:26:35	----	----	----	----	----	----	----	----
dnf	Roger Ashby		00:52:02	01:27:34	----	----	----	----	----	----	----	----
	5 FRA	MV65	00:52:02	00:35:32	----	----	----	----	----	----	----	----
dnf	Alistair Hornsby		00:52:34	01:30:28	02:36:26	----	----	----	----	----	----	----
	391 WCOC	MV45	00:52:34	00:37:54	01:05:58	----	----	----	----	----	----	----
dnf	Mark Steel		00:50:13	01:23:02	----	----	----	----	----	----	----	----
	314 CFR	MV45	00:50:13	00:32:49	----	----	----	----	----	----	----	----
dnf	David Knight		00:48:54	01:23:07	02:21:48	----	----	----	----	----	----	----
	192 Holmfirth Harriers	MV40	00:48:54	00:34:13	00:58:41	----	----	----	----	----	----	----
dnf	Fleecy Moss		00:44:44	01:13:28	02:00:14	02:31:05	03:00:24	03:47:10	----	----	----	----
	238 Team St Bees	MV40	00:44:44	00:28:44	00:46:46	00:30:51	00:29:19	00:46:46	----	----	----	----

