

**CUMBERLAND FELLRUNNERS ASSOCATON
ENNERDALE 'HORSESHOE' FELL RACE RESULTS 2009**

| Pos | Name | Club | Age/Sex | Time |
|------------|-----------------------|----------------------|----------------|-------------|
| 1 | Robert Jebb | BINGLEY HARRIERS | M21 | 03:38:28 |
| 2 | Ben Abdelnoor | AMBLESIDE AC | M21 | 03:56:02 |
| 3 | Paul Thompson | CLAYTON LE MOORS | M21 | 03:56:25 |
| 4 | ES Tresidder | DARK PEAK | M21 | 03:59:23 |
| 5 | Andy Scoffield | BORROWDALE | M40 | 04:00:50 |
| 6 | Peter Vale | MERCIA | M21 | 04:02:18 |
| 7 | Peter Ward | LOCHABER | M21 | 04:12:50 |
| 8 | Nick Fish | BORROWDALE | M21 | 04:13:23 |
| 9 | Mike Johnson | BOWLAND | M45 | 04:14:16 |
| 10 | Jackie Lee | ERYRI | W21 | 04:29:47 |
| 11 | Mike Robinson | DARK PEAK | M21 | 04:30:44 |
| 12 | Matthew Hulley | DARK PEAK | M21 | 04:32:32 |
| 13 | Aengus McCullough | NORTHUMBERLAND FR | M21 | 04:35:08 |
| 14 | Stephen Hoyle | ROSSENDALE | M40 | 04:37:20 |
| 15 | Leigh Warburton | BOWLAND | M50 | 04:43:24 |
| 16 | Derek Fuller | UA | M21 | 04:44:31 |
| 17 | Andrew Jebb | BINGLEY HARRIERS | M21 | 04:45:44 |
| 18 | Callum Gilhooley | SHEFFIELD UNIVERSITY | M21 | 04:46:06 |
| 19 | Martin Holroyd | BORROWDALE | M40 | 04:54:11 |
| 20 | Ian Barnes | AMBLESIDE | M21 | 04:55:07 |
| 21 | Mary Gille | CLWYDIAN RANGE HAR | W21 | 04:56:19 |
| 22 | James Archbold | BORROWDALE | M45 | 04:56:22 |
| 23 | Phillip Pearson | SALTWELL HARRIERS | M45 | 04:56:43 |
| 24 | Patrick Devine-Wright | UA | M21 | 04:57:27 |
| 25 | Colin Valentine | KESWICK AC | M45 | 05:01:05 |
| 26 | Peter Tayler | BLACK COMBE RUNNERS | M45 | 05:01:09 |
| 27 | Jon Coe DARK | PEAK | M21 | 05:06:19 |
| 28 | Neil Thompson | KESWICK AC | M40 | 05:07:36 |
| 29 | Malc Christie | CHORLEY HARRIERS | M45 | 05:09:10 |
| 30 | Matthew Sullivan | SHETTLESTONE HAR | M21 | 05:10:26 |
| 31 | Richard Bellaries | CLAYTON LE MOORS | M50 | 05:12:59 |
| 32 | Martin Terry | CLAYTON LE MOORS | M45 | 05:13:29 |
| 33 | David Sykes | DARK PEAK | M21 | 05:14:31 |
| 34 | Ashley Kay | DARK PEAK | M40 | 05:14:37 |
| 35 | David Ward | BORROWDALE | M21 | 05:15:26 |
| 36 | Dave Gilchrist | ALTRINCHAM | M45 | 05:17:12 |
| 37 | Glen Davies | MERCIA | M50 | 05:17:43 |
| 38 | Andrew Hirst | WHARFDALE HARRIERS | M45 | 05:18:16 |
| 39 | Charles Mason | CFR | M40 | 05:19:52 |
| 40 | Hazel Robinson | AMBLESIDE | W21 | 05:20:54 |
| 41 | Alan Renfree | UA | M50 | 05:21:45 |
| 42 | Bruce Poll | LOCHABER | M21 | 05:22:09 |
| 43 | Richard Lloyd | MERCIA | M40 | 05:22:14 |
| 44 | David Atkinson | NORTHUMBERLAND FR | M45 | 05:23:43 |
| 45 | Nicky Spinks | DARK PEAK | W40 | 05:25:13 |
| 46 | Nick Hewitt | BOWLAND | M55 | 05:26:31 |
| 47 | Andrew Hearle | MERCIA | M50 | 05:27:05 |
| 48 | Roy Gibson | DARK PEAK | M45 | 05:27:31 |
| 49 | Gerard Mulgrew | ELLENBOROUGH | M21 | 05:27:56 |
| 50 | Darren Parker | FRA | M40 | 05:28:28 |
| 51 | Mick Cottam | GARSTANG | M45 | 05:29:24 |
| 52 | Ian Cowie | MERCIA | M50 | 05:30:01 |
| 53 | Trevor Wilkinson | CFR | M45 | 05:30:44 |
| 54 | Peter Ferris | CFR | M45 | 05:32:18 |
| 55 | Richard Greenwood | CALDER VALLEY | M40 | 05:32:39 |
| 56 | Gregory Crowley | DARK PEAK | M40 | 05:33:17 |
| 57 | Paul Lydon | TOTLEY AC | M21 | 05:33:28 |

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| 58 | Robert Pritchard | SKYRAC | M50 | 05:34:39 |
| 59 | David Ralphs | NEWBURGH NOMADS | M45 | 05:35:16 |
| 60 | Keith Mackey | SOUTH SHIELDS | M50 | 05:36:30 |
| 61 | Phillip Rigby | HELM HILL RUNERS | M45 | 05:37:44 |
| 62 | Ben Crowther | TODMORDON HARRIERS | M21 | 05:39:28 |
| 62= | Nick Barber | TODMORDON HARRIERS | M21 | 05:39:28 |
| 64 | Paul Johnson | UA | M21 | 05:41:48 |
| 65 | Jackie Casey | BARROW | W50 | 05:44:53 |
| 66 | Paul Jackson | UA | M21 | 05:46:56 |
| 67 | Graeme MacTavish | UA | M40 | 05:47:13 |
| 68 | Adrian Etchells | NYP TRI | M40 | 05:47:18 |
| 69 | Dave Till | HELM HILL RUNERS | M50 | 05:48:31 |
| 70 | Ivan Whigham | CLAYTON LE MOORS | M45 | 05:51:38 |
| 71 | Geoff Smith | CLAYTON LE MOORS | M21 | 05:51:41 |
| 72 | William Ross | BLACK COMBE RUNNERS | M21 | 05:52:19 |
| 73 | Bill Oxley | FRA | M21 | 05:53:03 |
| 74 | Mark Hazell | CFR | M45 | 05:53:40 |
| 75 | Steve Steele | CFR | M40 | 05:53:47 |
| 76 | Sarah Massey | BOWLAND | W21 | 05:54:09 |
| 77 | Chris Green | FRA | M21 | 05:54:53 |
| 78 | Dan Fawcett | KESWICK AC | M21 | 05:56:02 |
| 79 | David O'Dowd | UA | M45 | 06:00:19 |
| 80 | Fleecy Moss | TEAM ST BEES | M40 | 06:02:45 |
| 81 | Britta Sendlhofer | AMBLESIDE AC | W21 | 06:03:48 |
| 82 | Paul Oldfield | CLWYDIAN RANGE HAR | M50 | 06:07:59 |
| 83 | John Hazell | FRA | M50 | 06:08:00 |
| 84 | David Fell | CAMBRIDGE & COLERIDGE | M21 | 06:08:03 |
| 85 | Christine Preston | TODMORDON HARRIERS | W45 | 06:11:27 |
| 86 | Mike Boyd | UA | M45 | 06:14:44 |
| 87 | Lawrence Eccles | UA | M21 | 06:17:03 |
| 88 | Edwin Sherstone | SOUTHPORT WATERLOO | M40 | 06:19:06 |
| 89 | Garry Beardwood | HELM HILL RUNERS | M21 | 06:22:07 |
| 90 | Jan Klouzal | UA | M21 | 06:48:30 |
| 91 | Helen Hodgkinson | TODMORDEN | W21 | 06:54:59 |
| 92 | Ross Howard | RETFORD AC | M40 | 07:01:32 |
| 93 | Max Howard | RETFORD AC | M50 | 07:01:33 |
| 94 | Mick Robinson | NOTTINGHAM AC | M50 | 07:02:09 |
| 95 | Alistair Hornsby | WCOC | M40 | 07:03:02 |
| dnf | Susan Hodgkinson | BLACK COMBE RUNNERS | W21 | |
| dnf | Amanda Heading | WHITE PEAK | W40 | |
| dnf | Sean Rush | UA | M40 | |
| dnf | Lee Jones | UA | M21 | |
| dnf | Patrick Day | BRIDLINGTON RR | M40 | |
| dnf | David Holmes | WOLDS VETERAN RC | M50 | |
| dnf | Jules Coleman | LONSDALE FR | M40 | |
| dnf | Lisa MacDermid | OCHIL HILL RUNNERS | W55 | |
| dnf | Bob Hughes | OCHIL HILL RUNNERS | M55 | |
| dnf | Martin Walsh | LYTHAM ST ANNES | M60 | |
| dnf | Mark Denham-Smith | KESWICK AC | M40 | |
| mp | Simon Bowens | BAILDON RUNNERS | M40 | 05:33:13 |