

NORTHERN COUNTIES ATHLETIC ASSOCIATION 1989 FELL RUNNING CHAMPIONSHIPS

Buttermere Sail Beck Horseshoe - 14th May - Whiteless Pike (Juniors)

Organised on behalf of the N.C.A.A. by Cumberland Fell Runners Association.

R E S U L T S

Northern Counties Senior Ind.

1. R. Bergstrand - Mandale A.C.
2. J. Maitland - Fudsey & Bram. A.C.
3. J. Taylor - Holmfirth H. & A.C.

Northern Counties Junior Ind. (15-18)

1. G. Bland - Keswick A.C.
2. S. Brophy - Holmfirth H. & A.C.
3. W. Styan - Holmfirth H. & A.C.

Northern Counties Team Award

1. Keswick A.C. (P. Skelton - 5; C. Valentine - 7; P. Harlowe - 12) 24 pts.
2. Clayton-le-Moors H. (D. Nuttall - 11; F. McWade - 21; J. Holt - 22) 54p.
3. Bingley H. (A. Peace - 8; P. Mitchell - 15; P. Jebb - 45) 68 pts.
4. Ambleside A.C. (R. Jamison - 10; M. Fleming - 24; A. Ligema - 38) 72 pts.
5. Kendal A.C. (P. Clark - 20; M. Campling - 27; D. Hall - 30) 77 pts.
6. Cumberland F.R. (A. Smith - 6; C. Webb - 43; P. Stones - 60) 109 pts.
7. Rossendale H. (P. Hartley - 34; J. Gavin - 35; T. Eirtwistle - 55) 124 pts.
8. Calder Valley F.R. (G. Webb - 19; D. Thompson - 39; R. Sutcliffe - 69) 127.
9. Pennine F. R. (T. Hulme - 25; P. Brownson - 26; A. Bocking - 82) 133 pts.
10. Rochdale H. (B. Deegan - 46; C. Keogh - 57; M. Hobson - 97) 200 pts.

Also incorporating the following Area & County Fell Running Championships:

Southern Counties Ind.

1. D. Hall - Kendal A.C.
2. R. Day - Mercia F.R.
3. P. Blair-Fish - Thames H. & H.

Lancashire County Ind.

1. D. Cartridge - Bolton United H.
2. G. Schofield - Blackburn H. & A.C.
3. D. Nuttall - Clayton-le-Moors H.

Cumbria County Inc.

1. P. Skelton - Keswick A.C.
2. A. Smith - Cumberland F. R.
3. C. Valentine - Keswick A.C.

Cheshire County Ind.

1. A. Hulme - Pennine F. R.
2. P. Brownson - Pennine F. R.
3. J. Hey - U/A.

Awards were presented by Ray Barrow (N.C.A.A.), Vice-President A.A.A.

We welcome a new Northern Counties Champion, Robin Bergstrand (Mandale), fulfilling the promise of his increasing international stature with a comfortable win over the strong running Jack Maitland.

A cold blustery day resulted in slower times overall, but the weather was at least dry and the cloud level above the tops. The Vets continue to be a dominant force in our fell race entries with 85 running on the day. It speaks volumes for the sport of fell running, as one which can continue into old age with little fear of injury. At the other end of the scale it was encouraging to have so many Juniors making the journey to Buttermere - a result no doubt of the encouragement of the arrangements made for a junior championship.

Over 40 prizes were awarded in addition to the area and county awards. Anyone seen wearing a CFRA T-shirt with Sail Beck '89 on the back finished in the first 25, and if that T-shirt happens to be yellow - he is Robin Bergstrand! We are repeating the offer for all our races - the Sail Beck T-shirt was white and we have a different colour for each of our other races. Remember the dates and enter at least one week beforehand:

Ennerdale - June 10th
 Muncaster - June 11th
 Blake Fell - June 25th
 Wasdale - July 8th
 Scafell Pike - Sept. 23rd

Many thanks to Ray Barrow of N.C.A.A., Vice President of A.A.A. and assistant England team manager (Track & Field) for travelling to Buttermere to present the awards. Thanks also to the St. John's Ambulance Brigade (Maryport), Mr & Mrs Gordon Stagg, Brian and Linda for the use of the field and refreshments and Dunk and Gillian Stuart for flagging and drinks at Rigg Beck. We are most grateful to our checkpoint controllers - it turned out to be very cold on the tops and they arrived back looking rather blue! And Crags - Staff of Buttermere Y.H.A.; Causey Pike - Gilbert Scott & John Starbuck; Crag Hill - Dave Fryer & Andrew Simcock; Whiteless Pike - John & Kay Peel. Thanks too to all the start and finish officials - C.F.R.A. committee members + Dave, Diane, Rachel, Susan, Jane, Nick, Rebecca & Lesley.

Danny Hughes - Secretary

JUNIOR RACE

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|---------------------------------------|--|
| 1. G. Bland - Keswick (17) 29.11 | 17. I. Powell - Calder V. (15) 34.57 |
| 2. S. Brophy - Holmfirth (15) 29.13 | 18. T. Ashcroft - Calder V. (14) 35.02 |
| 3. W. Styan - Holmfirth (15) 29.30 | 19. S. Hudson - Pud. & Br. (18) 35.26 |
| 4. P. Daccus - Pud. & Bram (17) 29.35 | 20. N. Helliwell - 37.21 |
| 5. R. Lawrence - Bingley (17) 29.58 | 21. J. Burns - Salford (18) 37.31 |
| 6. J. Bland - Keswick (16) 30.09 | 22. E. Wezham - Calder V. (15) 38.51 |
| 7. M. Rice - Todmorden (17) 30.26 | 23. Helen Berry - Holm. (15) 38.52 |
| 8. J. Taylor - Clayton (16) 30.33 | 24. R. Jebb - Bingley (14) 39.12 |
| 9. A. Bowden - Calder V. (15) 32.00 | 25. Sally Haigh - Holm. (14) 40.40 |
| 10. N. Matthews - Horwich (14) 33.02 | 26. K. Bowden - Calder V. (14) 43.19 |
| 11. D. Smith - Pud. & Br. (17) 33.23 | 27. Charmaine Chidsey P&B. (15) 43.43 |
| 12. M. Whittaker - Chorley (17) 33.30 | 28. C. Nuttall - Calder V. (13) 43.47 |
| 13. R. Skelton - Calder V. (16) 33.32 | 29. Karen Woolner - P&B. (16) 43.54 |
| 14. C. Britton - Calder V. (15) 34.09 | 30. D. Cobain - Mid. Ch. (13) 45.36 |
| 15. P. Singleton - Amb. (15) 34.31 | 31. G. Bailey - Calder V. (13) 45.40 |
| 16. C. Ashton - Blackburn (14) 34.51 | 32. Caroline Harding P&B. (16) 45.43 |

Retired: (SENIOR RACE)

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|---------------------------------|--------------------------------|
| G. Hall (Snr.) - V. - Holmfirth | M. Day - Mercia F.R. |
| G. Hall (Jnr.) - I. - Holmfirth | K. Anderson - Ambleside |
| G. Navan - V. - Rossendale | E. Steward - V. - Dark Peak FR |
| D. Lee - Cumb. FR. | T. Laney - Clayton |
| P. Horan - V. - Clayton | D. McKeith - Irvine |
| M. Wood - V. - Cumb. FR. | C. Dulson - Cumb. F.R. |

Disqualified:

- | | | |
|-----------|-----------------------|----------------------------------|
| C. Beech | LV. - Macclesfield H. | { Didn't check in at Crag Hill } |
| S. Rowson | LV. - Macclesfield H. | { " " " " } |
| M. Jones | V. - Helsby | { " " " " } |

Pos.	Name	Club	M.	V.	SV.	L.	I.	Time
1.	R. Bergstrand	Mandale	1.					1.26.58
2.	J. Maitland	Pudsey & Bram.	2.					1.28.48
3.	J. Taylor	Holmfirth					1.	1.28.59
4.	D. Cartridge	Bolton	3.					1.29.31
5.	P. Skelton	Keswick	4.					1.29.56
6.	A. Smith	C.F.R.	5.					1.31.13
7.	C. Valentine	Keswick	6.					1.31.24
8.	A. Peace	Bingley					2.	1.32.13
9.	G. Schofield	Blackburn	7.					1.33.25
10.	R. Jamison	Ambleside	8.					1.33.34
11.	D. Nuttall	Clayton	9.					1.33.37
12.	P. Harlowe	Keswick	10.					1.33.41
13.	D. Ibbetson	Glossopdale	11.					1.33.45
14.	M. Prady	Glossopdale	12.					1.33.50
15.	P. Mitchell	Bingley	13.					1.33.57
16.	N. Lanaghan	Keswick	14.					1.34.05
17.	S. Booth	Keswick	15.					1.34.12
18.	G. Moffat	U/A	16.					1.34.27
19.	G. Webb	Calder Valley	17.					1.34.29
20.	P. Clark	Kendal	18.					1.34.34
21.	P. McWade	Clayton		1.				1.34.45
22.	J. Holt	Clayton		2.				1.35.37
23.	S. Hicks	U/A	19.					1.36.05
24.	M. Fleming	Ambleside	20.					1.36.08
25.	T. Hulme	Pennine		3.				1.36.31
26.	P. Brownson	Pennine	21.					1.37.16
27.	M. Campling	Kendal	22.					1.37.17
28.	J. Hey	U/A	23.					1.38.21
29.	M. Weightman	Keswick	24.					1.38.39
30.	D. Hall	Kendal	25.					1.39.02
31.	M. Davies	Keswick						1.39.11
32.	J. Nixon	Achille Ratti		4.				1.39.26
33.	J. Nuttall	Clayton		5.				1.40.40
34.	P. Hartley	Rossendale		6.				1.40.44
35.	J. Gavin	Rossendale					3.	1.40.55
36.	R. Douglas	Kendal	26.					1.41.05
37.	D. Richardson	Kendal	27.					1.41.15
38.	A. Ligema	Ambleside	28.					1.41.20
39.	D. Thompson	Calder Valley	29.					1.41.22
40.	M. Walsh	Kendal		7.				1.41.23
41.	D. Ashton	Blackburn					1.	1.41.32
42.	A. Harmer	Dark Peak		8.				1.41.48
43.	C. Webb	C.F.R.	30.					1.42.01
44.	J. Hawksley	Kendal	31.					1.42.06
45.	P. Jebb	Bingley		9.				1.42.09
46.	B. Deegan	Rochdale		10.				1.42.10
47.	M. Hudson	Lakeland OC.		11.				1.42.13
48.	R. Day	Mercia F.R.	32.					1.42.21
49.	J. Kersnaw	Macclesfield	33.					1.42.30
50.	J. Hooson	U/A	34.					1.43.08
51.	A. Judd	Leeds City		12.				1.43.09
52.	H. Nicholson	Clayton	35.					1.43.19
53.	A. Beaty	Border	36.					1.43.42
54.	M. Walford	Kendal					13.	1.43.48
55.	T. Birtwistle	Rossendale	37.					1.43.59
56.	P. Browning	Clayton	38.					1.44.17
57.	C. Keogh	Rochdale		14.				1.44.36
58.	C. Stanley	Notts. AC.	39.					1.44.52
59.	D. Quinlan	Bingley					15.	1.45.37
60.	P. Stones	C.F.R.	40.					1.45.50

Pos.	Name	Club	M.	V.	SV.	L.	LV.	I.	Time
61.	S. Palfreyman	U/A	41.						1.45.52
62.	J. Lagoe	Ambleside	42.						1.45.56
63.	S. Watson	Ambleside	43.						1.45.59
64.	D. Bodecott	CFR	44.						1.46.03
65.	D. Booth	Dark Peak	45.						1.46.05
66.	S. Varney	Kendal	46.						1.46.10
67.	L. Orr	Preston	47.						1.46.22
68.	M. Stone	Clayton	48.						1.46.43
69.	R. Sutcliffe	Calder Valley	49.						1.46.57
70.	H. Atkinson	Bingley	50.						1.46.58
71.	J. Bulman	Keswick						4.	1.47.10
72.	J. Greenwood	Clayton					16.		1.47.26
73.	C. Wilson	Keswick					17.		1.47.30
74.	K. Munton	Calder Valley					18.		1.47.42
75.	T. Lofthouse	Bingley	51.						1.47.44
76.	M. Johnstone	Carnethy HR	52.						1.47.52
77.	W. Holligan	Ambleside	53.						1.47.59
78.	A. Carson	Eryri						1.	1.48.06
79.	R. Unwin	CFR	54.						1.48.26
80.	J. Quine	Bolton	55.						1.48.41
81.	P. Lambert	Clayton	56.						1.48.48
82.	A. Bocking	Pennine FR	57.						1.48.50
83.	A. Gillard	Kendal	58.						1.48.52
84.	N. Matthews	Horwich					2.		1.49.36
85.	J. Gallagher	Kendal	59.						1.50.07
86.	H. Blenkinsop	Keswick					3.		1.50.17
87.	P. Wilson	Irvine AC	60.						1.50.19
88.	B. Halliday	Swaledale RR	61.						1.50.21
89.	B. Horsfall	Holmfirth	62.						1.50.25
90.	R. Pickvance	Clayton						2.	1.50.36
91.	V. Devlin	Kendal	63.						1.50.44
92.	D. Neild	Clayton	64.						1.50.56
93.	C. Taylor	Clayton					19.		1.50.58
94.	D. Bulman	Ambleside	65.						1.51.09
95.	N. Lowery	Ambleside						3.	1.51.16
96.	D. Jones	Pennine FR					20.		1.51.42
97.	M. Hobson	Rochdale	66.						1.52.00
98.	F. Yates	Clayton					21.		1.52.12
99.	J. Davies	Pennine FR					22.		1.52.14
100.	P. Horne	Calder Valley	67.						1.52.25
101.	R. Scott	CFR	68.						1.52.27
102.	P. Kelly	Rossendale					23.		1.52.29
103.	J. Barker	Rochdale	69.						1.52.53
104.	T. Cresswell	Keswick	70.						1.53.16
105.	D. Stephenson	Bingley	71.						1.53.20
106.	B. Hillon	Cumb. FR					4.		1.53.21
107.	D. S. Jones	U/A	72.						1.53.22
108.	R. Booth	Keswick					5.		1.53.25
109.	P. Whitehead	Preston	73.						1.53.34
110.	A. M. Jones	Altrincham						1.	1.53.36
111.	G. Thompson	Preston	74.						1.53.38
112.	G. Butcher	Rochdale	75.						1.53.54
113.	D. Collins	Bingley	76.						1.54.40
114.	V. Wathey	Pennine FR	77.						1.54.51
115.	W. Fielding	Leeds City					6.		1.55.08
116.	G. Clayton	Ambleside					24.		1.55.45
117.	N. Walker	Ambleside	78.						1.55.47
118.	G. Holden	Lanc. & Mor.	79.						1.56.10
119.	P. Cheek	Macclesfield					25.		1.56.13
120.	C. Pooley	Lanc. & Mor.	80.						1.56.16

Pos.	Name	Club	M.	V.	SV.	L.	LV.	I.	Time
121.	D. Lucas	Rochdale		26.					1.56.18
122.	P. Pearson	Swaledale		27.					1.56.20
123.	S. Wright	Ambleside	81.						1.56.37
124.	A. Sowden	Calder Valley	82.						1.57.00
125.	M. Meysner	Denby Dale	83.						1.57.07
126.	J. Dore	Rochdale		28.					1.57.19
127.	M. Miller	Keswick		29.					1.57.21
128.	R. Mitchell	Mandale	84.						1.57.51
129.	F. Morgan	Holmfirth	85.						1.57.54
130.	D. Merritt	Bingley		30.					1.57.57
131.	S. Jones	Pennine FR	86.						1.58.00
132.	B. Thackery	Dark Peak FR			7.				1.58.04
133.	M. Daggger	U/A	87.						1.58.14
134.	D. Clarkson	Cumb. FR	88.						1.58.30
135.	R. Horne	Calder Valley		31.					1.58.35
136.	B. Johnson	Cumb. FR		32.					1.58.38
137.	M. Ferguson	Rosendale	89.						1.58.40
138.	C. Grime	Rownstrees		33.					1.58.42
139.	L. Stephenson	Kendal		34.					1.59.01
140.	K. White	Ambleside	90.						1.59.04
141.	P. Corless	Kendal		35.					1.59.11
142.	C. Hodgson	Fellandale	91.						1.59.12
143.	R. Mercer	Kendal		36.					1.59.18
144.	P. Bettney	U/A	92.						1.59.21
145.	E. Sidebottom	St. Helens	93.						1.59.23
146.	J. Harold	Horwich				4.			1.59.31
147.	I. Johnson	U/A	94.						1.59.37
148.	C. Madgin	Clayton		37.					1.59.54
149.	J. E. Taylor	Kendal			8.				2.00.20
150.	M. Hodgson	Fellandale	95.						2.00.22
151.	K. Hillon	Ambleside	96.						2.00.35
152.	J. Connolly	Rosendale	97.						2.00.49
153.	B. Eyre	U/A	98.						2.01.00
154.	M. Covell	Kildalton AC	99.						2.01.04
155.	R. Slater	Clayton		38.					2.01.09
156.	M. Bell	U/A	100.						2.01.20
157.	J. Wright	U/A	101.						2.01.21
158.	G. Unsworth	Kendal		39.					2.01.34
159.	D. Read	New Marske	102.						2.01.36
160.	T. Martin	Kendal		40.					2.01.37
161.	T. Targett	Clayton		41.					2.01.47
162.	T. Fahey	U/A	103.						2.02.18
163.	M. Ford	Bingley	104.						2.02.30
164.	E. Hoare	Clayton		42.					2.02.53
165.	S. Harwood	Keswick		43.					2.02.59
166.	D. Haigh	Holmfirth		44.					2.03.03
167.	D. Howarth	Preston		45.					2.03.08
168.	D. Hall	U/A	105.						2.03.36
169.	L. Teale	Cumb. FR	106.						2.03.39
170.	C. Brown	Wolv. & Bil.		46.					2.03.47
171.	T. Ackley	Pennine FR	107.						2.03.53
172.	C. Greenwood	Calder Valley	108.						2.03.56
173.	P. Duerden (?)	Clayton	109.						2.04.06
174.	J. McConnell	Irvine Cable AC	110.						2.04.07
175.	P. Cottrill	Cumb. FR		47.					2.04.43
176.	B. Hood	Mandale			9.				2.04.46
177.	B. Evans	Prestatyn RC			10.				2.04.52
178.	D. Stephenson	Bingley	111.						2.05.07
179.	S. Cooper	Cambridge H.	112.						2.05.18
180.	A. Lee	Rochdale						5.	2.05.22

Pos.	Name	Club	M.	V.	SV.	L.	LV.	I.	Time
181.	R. Davis	Cumb. F.R.		48.					2.05.46
182.	J. Laycock	Ambleside		49.					2.05.59
183.	S. Sharp	Cockermouth		50.					2.06.00
184.	L. Small	Mandale		51.					2.06.02
185.	J. James	Cumb. FR	113.						2.06.07
186.	E. Thackray	Fellandale					5.		2.06.26
187.	D. Turton	U/A		114.					2.06.33
188.	P. Graham	U/A		115.					2.06.57
189.	R. Lange	Fudsey & Bram.		116.					2.07.13
190.	P. Mackie	Mid-Cheshire		117.					2.07.47
191.	M. Watson	Bingley		118.					2.08.49
192.	F. Doig	Irvine AC		119.					2.09.05
193.	G. Breeze	Skyrac		52.					2.09.24
194.	G. Cook	Rochdale					6.		2.09.34
195.	A. Cameron	U/A		53.					2.09.39
196.	M. Littlewood	U/A		54.					2.09.42
197.	C. Procter	Mandale					7.		2.11.45
198.	A. Miller	U/A	120.						2.11.52
199.	T. Burton	U/A		55.					2.12.09
200.	F. Haygarth	Kendal		56.					2.12.19
201.	P. Blair-Fish	Thames H & H		57.					2.12.22
202.	S. Cobain	Helsby	121.						2.12.26
203.	A. Crabb	Cumb. FR					8.		2.12.45
204.	K. Owens	Cumb. FR	122.						2.13.13
205.	V. Heaney	Altrincham		58.					2.13.22
206.	L. Bagshaw	Bingley		59.					2.13.47
207.	D. Tull	Cambridge H.		60.					2.13.54
208.	A. Calder	U/A		61.					2.14.07
209.	J. Laverack	Ambleside					9.		2.14.22
210.	M. Ainsworth	Clayton		62.					2.14.51
211.	R. Dixon	Keswick		63.					2.14.54
212.	M. Bramall-Pimcott	Calder Valley	123.						2.15.46
213.	B. Hall	Blackburn		124.					2.16.27
214.	T. Brown	Provincial AC	125.						2.17.01
215.	R. Cutts	Longwood H.					11.		2.17.25
216.	R. Rose	Altrincham		64.					2.17.38
217.	R. Henderson	Rowntrees		126.					2.17.52
218.	R. Brown	TWTCC		127.					2.21.15
219.	W. Calvert	Bingley		128.					2.21.21
220.	R. Venes	MDOC		129.					2.22.32
221.	B.E.H. Maden(?)	OVAC/ClimbersC					12.		2.23.26
222.	J. Newby	Todmorden					13.		2.23.32
223.	J. Cook	Rochdale	130.						2.24.05
224.	P. Weatherall	Cambridge	131.						2.26.07
225.	G. Freeman	Altrincham						2.	2.27.43
226.	R. Mellor	Pennine	132.						2.29.16
227.	J. Francis	Clayton		65.					2.29.37
228.	P. Dore	Rochdale						3.	2.30.44
229.	R. Todhunter	Cumb. FR					14.		2.31.14
230.	P. Rowson	Cumb. FR		66.					2.31.15
231.	K. Taylor	Clayton						4.	2.31.40
232.	J. Finlay	Cambridge		67.					2.33.21
233.	B. Hargreaves	Todmorden					15.		2.35.38
234.	D. Donaldson	Keswick		68.					2.43.05
235.	P. Buckley	Knivesmine, York	133.						2.43.53
236.	I. Hampton	Knivesmine, York	134.						2.43.57
237.	G. Settle	Warrington							2.45.51
238.	M. Shone	Clayton						5.	2.57.06
239.	A. Wood	U/A					10.		3.15.06
240.	H. Snowball	Keswick						6.	3.15.06