

# CFRA Pre-entry form for the 2012.....Fell Race

1. Please enter me for the above race.
2. I declare that I am an amateur as defined by AAA/UK Athletics' Rules for Competition.
3. I understand that this race is held in accordance with both the Rules & Safety requirements of the FRA. I confirm that I am aware of the organiser's information & requirements in connection with this race. I accept the hazards involved in fell running & acknowledge that I am entering & running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.
4. I have read and understand the rules of the race and agree to abide by them.
5. I am aware that both local knowledge & navigational skills are required.
6. I have enclosed a cheque / postal order / cash for the pre-entry fee of : £..... made payable to 'CFRA' (& if details are required a self addressed envelope).

Please use BLOCK CAPITALS for the following details :-

Name.....

Age on the day of the race ..... Date of Birth ...../...../.....

Category Male U18 / U23 / S / V40 / V45 / V50 / V55 / V60 / V65 / V70

Female LU18 / LU23 / LS / LV40 / LV45 / LV50 / LV55 / LV60 / LV65 / LV70

Club .....

Address .....

Post Code ..... Tel. No ..... Mobile .....

e-mail (if available) .....

**Emergency contact is required for juniors U18** (parent/legal guardian) or if available for over 18

Name ..... Tel. no..... Mobile.....

Signature ..... U18 Parent/legal guardian / Competitor over 18

### Please note :

The lower age limit for the Ennerdale & Wasdale fell races is 18, for the Scafell Pike 16, **on the day of the race**. This form now carries the FRA disclaimer, so you will not now be required to fill out a second registration form at the race. **But**, if any of the above details have changed then you **must** correct or rewrite the form at registration. In all cases sign below to verify details are correct.

Signature (at race registration) .....

Please record your car registration below so if you don't reach the finish we can verify if your car is still present :-

Car registration.....

D i b b e r N u m b e r	
	Race Number